Workshop facilitator guide

| Time | Activity | Details, questions and prompts |
|-------------|--------------------------|--|
| 9:30-10:00 | Set up | - Set up a table with a sign-in sheet and name tags |
| | | Lay out tea, coffee, and snacks (keeping in mind any dietary requirements) |
| | | Have one person wait outside to greet people and direct them to the right place |
| 10:00-10:10 | Welcome | - Allow people time to get a cup of tea/coffee and settle in |
| | | Project staff should sit throughout the room, rather than all at the front to allow for relaxed introductions and to reduce power imbalances. |
| 10:10-10:25 | Introductions | - Welcome the group and thank them for their time |
| | | - Give brief project intro (2 mins) |
| | | Discuss ways of working - everyone's opinion is valuable, no silly questions, one person speaking at a time, take a comfort break whenever you need to |
| | | - Run through the agenda |
| | | - Introduce the icebreaker |
| | | Icebreaker: Please say your name and your favourite book, film, tv show, or podcast. |
| 10:25-10:40 | Project intro and Q&A | - Introduce project background and role of the public partners |
| | | Set the scope: make clear that this project focuses on elective care (i.e. care that is planned and considered non-urgent) and excludes mental health care |
| | | - Give clarity around timelines for the project |
| | | - Leave 5 minutes for questions |
| 10:40-10:55 | Hopes and concerns | Hand out pink and orange post its and ask attendees to write down their hopes (pink) and concerns (orange) for the project |
| | | Hopes: What do you hope this project will achieve? What skills or experiences do you hope to gain from this project? |
| | | - Concerns: What are your concerns about this project? Are there any areas where we can provide you with additional support? |
| | | - Give 5 minutes of quiet time for attendees to write down their thoughts |
| | | - Project staff should participate as well |

| | | Use remaining time to ask if anyone would like to share their thoughts with the group | | |
|-------------|----------------------------|--|--|--|
| | | - Collect post its to reflect back on later in the project | | |
| 10:55-11:05 | Comfort break | mfort break | | |
| 11:05-11:35 | Breakout discussions | - Break into groups of four | | |
| | | - One facilitator and one notetaker per group | | |
| | | Take notes on flip chart so that group can see what is being recorded | | |
| | | Have post-its available in case anyone would prefer to write down their thoughts and hand them to the notetaker | | |
| | | Discussion questions: | | |
| | | 1. What was your experience while waiting for elective care? | | |
| | | Probe: Consider any impacts on your physical health/wellbeing, mental health/wellbeing, and day-to-day functioning. | | |
| | | Probe: Did you use any additional services while waiting for care? (e.g. GP treatment, physio) | | |
| | | This is participants' opportunity to share their story and raise what matters most to them. Set a time limit of 3 minutes per person to ensure everyone gets to speak. | | |
| | | 2. If you could pick an area to be researched regarding waiting lists, what would it be? | | |
| | | 3. Are there groups who you think may have worse experiences with waiting lists than others? | | |
| 11:35-11:45 | Playback | - Each group to playback their top areas for research | | |
| | | Encourage public members to playback their ideas; notetaker can do so if no public members would like to | | |
| | | - Set a time limit of 3 minutes per group | | |
| 11:45-12:00 | Next steps and feedback | - Thank the group for their time | | |
| | | Explain next steps, including date of the next meeting, what the project team will be working on between now and then, and how today's discussions will feed into that | | |
| | | Distribute feedback forms and payment forms - ask attendees to complete these and return them before leaving | | |
| 12:00-12:30 | Clean up | Make sure to keep all payment forms securely - scan and shred them as soon as possible | | |