

# ABK Boys and Girls Soccer Freshman Showcase

15 State Championships and Counting...  
Defending Back-to-Back Centennial League Champions - Boys Soccer  
Defending Centennial League Champions - Girls Soccer  
2023 Quarterfinalist

Below is a sample of the potential offseason program for both boys and girls programs.  
**Both programs will hold voluntary kickarounds in May, to come out and meet coaches and future teammates.**

## **Sample Boys Offseason Program** (Subject to change)

Early June - Optional kickarounds start led by seniors at AHS Soccer field

July - Optional kickarounds involving Coaches at AHS Soccer Field

8/12/24 - Official Tryout start date

8/17/24 - Official Scrimmage date

Week of 8/19 - Parent Meeting for players selected to a team

## **Sample Girls Offseason Program** (Subject to change)

November/December - Contact for optional indoor league run by seniors

January/Early February - Optional Indoor league run by seniors, Futsal run by coaches

Mid Feb - New Player Meet and Greet with the Coach/Senior Players

Late February/Early March - Official Tryout Start Date

Saturday of Tryouts - Official Scrimmage Date

Week After Tryouts - Parent Meeting for players selected to a team

Email List: Scan with your phone and fill out google form to collect email responses.



Please fill out as soon as possible. For more questions contact Coach Hayes at  
Jjhayes@lps.k12.co.us