

## **National Memorial Day Flag Relay (NMDFR) 2025**

Event Date: Monday, 26 May 2025

Organization Newsletter Inputs

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JAN 2025

### **SAVE THE DATE & SPREAD THE WORD!**

Monday, 26 May 2025 – Memorial Day: The National Memorial Day Flag Relay involves moving 119 U. S. Flags along a coast-to-coast path from Arlington National Cemetery, Arlington, VA. to Ft. Rosecrans National Cemetery, San Diego, CA. -- ALL ON THE SAME DAY! Each flag will begin moving at 6:00am (per local time zone) for approximately 25 miles per segment and will be passed to a new pair of runners/joggers in 1-mile increments. For more information see: [www.NMDFR.org](http://www.NMDFR.org)

FEB 2025

### **VOLUNTEER SEGMENT COORDINATORS (VSCs) NEEDED!**

Apply to be a VSC for one of the 119 U. S. Flag groups during the National Memorial Day Flag Relay on Monday, 26 May 2025. Apply via [www.NMDFR.org](http://www.NMDFR.org). See more information on the website and training is available via scheduled zoom calls. Demonstrate your patriotic leadership in a local community along this coast-to-coast path.

MAR 2025

### **REGISTRATION NOW OPEN!**

Volunteer runners/joggers wanting to carry a U. S. Flag during the National Memorial Day Flag Relay can see route and register on-line now: [www.NMDFR.org](http://www.NMDFR.org) Check out event on FaceBook by searching NMDFR 2025. Don't miss this unique opportunity to honor our nation's fallen military Service Members and their loved ones, who have paid the ultimate price for our freedom(s). If you don't run/jog, tell someone who does about this event.

APRIL 2025

### **RUNNERS/JOGGERS STILL NEEDED!**

Sign-up to carry a U. S. Flag for a one-mile increment along the coast-to-coast path of the National Memorial Day Flag Relay on Monday, 26 May 2025. See route and register via [www.NMDFR.org](http://www.NMDFR.org). If you have any questions, please email: [nmdfr2025@gmail.com](mailto:nmdfr2025@gmail.com) or call/text (858) 947-3747.

MAY 2025

### **TIME IS RUNNING OUT TO RUN/JOG YOUR 1-MILE LEG!**

Claim your opportunity today to carry a U. S. Flag for 1 mile during the National Memorial Day Flag Relay on Monday, 26 May 2025, along the coast-to-coast path. Help us "Remember to Remember." For more information, see [www.NMDFR.org](http://www.NMDFR.org), email: [nmdfr2025@gmail.com](mailto:nmdfr2025@gmail.com) or call/text (858) 947-3747.

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