



Rufus King High School Football



Summer Football Information 2023

Earn the CROWN

Coordinated

Reflective

Ownership

Worthy

No Excuses

- **Team Info and Schedules** will be updated on the Google Classroom
 - **Join Our Google Classroom** with code: ad6eaov
 - **And Our Band App:** <https://band.us/n/a3a98ex6w6XfF>
 - **All athletes must be registered with MPS in order to start practice in August**
 - registration requires an up-to-date physical form from a doctor
 - registration instructions and link found here:
<https://mpsathletics-ar.rschoolday.com/>
- **Grades and Eligibility** - your grades this semester determine your eligibility to play football next season (**if you are ineligible, you will not be on the team!!!**)
 - **Enroll in Summer School** to fix eligibility/grade issues before the season begins
 - this rule **does not apply to incoming freshmen**
- **Summer Weight Room**
 - **It is imperative that you attend weight training. Those who are consistent with this will be given first considerations for playing time**
 - **Starting May 31st**
 - **Monday, Wednesday, Thursday: 8:00-10:00 AM**
 - incoming freshmen start after school is out
 - Captain's Practices after weight room on football field
- **Passing Leagues**
 - **Meeting June 1 after weight room to discuss offense/defense**
 - Summer Passing Leagues
 - Wisconsin Lutheran College
 - **June 4, 5:00 (Thomas More) & 5:30 (Greendale)**
 - **June 11, 5:00 (West Allis Hale) & 5:30 (Brown Deer)**
 - **June 18, 6:00 (Waukesha North) & 6:30 (Eisenhower)**
 - Marquette High School
 - June 14 & 21, Time TBD
 - July 5 & 12, Time TBD
 - 2 games per night starting at 6:30, 7:00, 7:30, 8:00
- **Summer Camp**
 - **July 17-21, 5:00-8:00 PM**
 - **Youth Camp July 20, 2:00-4:00**
- **Season Dates**
 - **Equipment Handout and the first day of practice is August 1**
 - More info on times practices will be held are forthcoming