

# Zone D

<b>Date and time</b>	Wednesday 7th of June, 11:35 - 12:30
<b>Room</b>	Room 104 (building 12)
<b>Online joining link (if available)</b>	
<b>Chair</b>	Rosemarie Felder-Puig
<b>Participants</b>	<a href="#">Registered delegates</a> <i>Please update your list on the day with actual participants</i>

## Meeting goals

- Exchange experiences regarding results of HBSC survey 2021/22
- Plan a short policy paper with selected HBSC 2021/22 results from our countries

## Agenda

1. Welcome
2. Review [past minutes and actions](#)
3. Discuss HBSC mandatory variables that should not be included in the next survey any more and why

The following mandatory variables were suggested for **exclusion** in the next survey:

- **Toothbrushing:** In our countries the majority of kids brush their teeth twice a day, an increase is not possible any more, could become an optional item for those countries that still need it
- **Injuries:** The way injuries are asked for is too unspecific. What about injuries that are not treated medically because there is no doctor or hospital nearby?
- **The home you live at most of the time:** Item is too complicated, data have little variance, we do not know what to do with the results and/or how to interpret them
- **How many brothers and sisters:** The same as with “The home you live at...”
- **Jobless parents:** Data have very little variance in our countries, FAS is much better for inequality analyses
- **Introductions** (e.g. for the physical activity or bullying items): are too long, should be shortened or omitted

- **Breakfast on week-ends:** None of our countries needs these results
- **Breakfast on weekdays:** It is sometimes unclear what is meant: Breakfast at home before school, breakfast on the way to school (e.g. in the train), breakfast at school? Which relevance does it still have for obesity prevention? Is there an association with poverty? Or with school functioning?

As an alternative, we suggest that these items are to be administered **every 8 years**, not every 4 years.

The items asking for lifetime and past-30-day **nicotine, alcohol and cannabis consumption** are not easy to understand. Therefore, we suggest to split them as follows:

First item: Have you ever consumed the following? Cigarettes, e-cigarettes, alcohol, cannabis

Second item: On how many days in the past month did you consume the following: Cigarettes, .....

We also should make sure that there are some identical items in HBSC and ESPAD.

In the next survey, we should capture **non-binary gender** the same way in all countries in which this is possible (so it should be an optional but very short item). We will contact the Sexual Health FG for this.

4. Discuss a common zone D policy paper (factsheet or something like this)
  - a. with each country showing one selected country result and the impact it had or probably will have on current or future national policies, OR
  - b. by selecting one topic (e.g. mental health complaints, or overweight and obesity, or ?) and each country shows its 2021/22 results on this topic and describes which interventions are offered by stakeholders to make things better, OR
  - c. with another content?

No time was left to discuss no. 4 on the agenda. It was decided that we will discuss this online before the next HBSC meeting in November.

## Actions

List action items from this meeting in the table below to monitor progress.

Actions	Responsible person	Due date
FG Sexual Health to be contacted	Rosemarie or Roman	June 9, 2023
Arrange an online meeting to discuss a zone D policy paper	Rosemarie	Sept. 30, 2023



## Minutes

Taken by Rosemarie Felder-Puig

## Quick links:

1. [Spring meeting microsite](#)
2. [Surveys microsite](#)
3. [International report microsite](#) (sign into your HBSC account to view)
4. [HBSC members' microsite](#)