

## Substance Use Learning Opportunities for Families

### VIRTUAL LEARNING

The Office of Student Health and Wellness is pleased to promote a free substance use education resource for CPS Caregivers and students through one of our community partners.

- ❖ Candor Health Education is an education non-profit located in Hinsdale with a 50-year history of serving Chicago area youth with health education. Through their online [Substance Abuse Prevention Portal \(SAP Portal\)](#), parents and caregivers can access interactive games, quizzes, and graphic novel-style stories designed to engage and educate the users on various substance use facts and information (also available in Spanish - just select 'Spanish' on top right corner). Please feel free to promote and share the following fliers within your school community.
  - [Candor Substance Use Parent Flyer](#)
  - [Candor Substance Use Parent Flyer in Spanish](#)
  - [Candor Sub. Use School Flyer](#)
  - [Flyer for Fentanyl and Vaping Modules](#)
- ❖ The University of Chicago's Crown Family School has provided free on-demand training for the CPS community. Learn more about harm reduction and understanding youth substance use in these [virtual workshops](#)!

### FREE IN-PERSON LEARNING

- ❖ Through community partners, OSHW offers parent/caregiver facing workshops for substance use education and prevention. Caregivers can expect to leave these sessions with knowledge about teen and adolescent drug trends, tips on speaking with your students about their substance use, and resources in the Chicagoland area. Workshops are available in Spanish upon request.
  - Please see the attached [flier](#) for more information on general substance use education workshop.
- ❖ Vaping Education
  - [Respiratory Health Association's vaping program](#) is a one-hour presentation for students, staff, and parents. Topics include identifying what e-cigarettes are, including their chemical contents, health effects of vaping, marketing and advertising tactics, resources on how to quit vaping, and more. The goal is to

help students make informed choices around tobacco use by understanding the negative impact of vaping on their overall health.

For more information on other substance use and mental health resources, email [mentalhealth@cps.edu](mailto:mentalhealth@cps.edu).

In health,  
Mental Health Team, Office of Student Health and Wellness