

HEY GUYS!!

We hope you are doing well

Everyone is in need of mental health services, therefore we have gathered some organizations who provide free counseling sessions to individuals in need:

- ePsyClinic-<https://epsyclinic.com/>
- YourDOST-<https://yourdost.com/>
- Mann Talks- <https://www.manntalks.org/>
- iCALL-<https://icallhelpline.org/>
- Manas Foundation-<https://manas.org.in/>
- Vandrevala Foundation- <https://www.vandrevalafoundation.com/free-counseling>

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