# ABCs of HMS

## **Red/White Days**

Students have exploratory classes every day.

Red days: Monday and Thursday White days: Tuesday and Friday

Wednesdays: Alternate every week (first week of school will be a red day)

### **Core Classes**

Language Arts, Math, Science, and Social Studies. These classes are taught on team.

## **Exploratory Classes**

These classes are taught off team and are sometimes quarter (for 6th graders) or semester long classes (for 7/8th graders). Classes include art, health, music, physical education, tech ed, and foreign language classes.

#### **PLP**

Personalized Learning Plan- all Vermont students are required to compile and reflect on work that reflects their growth and progress throughout middle and high school.

#### **SSC**

Student Support Center

Occasionally students will need an opportunity to reset. When this happens they are sometimes sent to the student support room to process challenges and to come up with strategies for success.

## **ELL**

ELL is a class offered to our new Americans. It supports students with language acquisition and provides student support for core and exploratory classes.

**MODS-** What many schools call periods.

<u>Call Back</u> Time after school for a student to connect with a teacher regarding classwork, behavior or missing work.