355 Harlem Rd., West Seneca, NY 14224
716-821-7581 716-821-7365

2025-2026
Girls Wrestling Handbook
*Subject to change

Posted 11/7/25
Updated COS/ BEDS page 9 added Frewsburg/Jmstwn/Sthwstn at 1557

www.nysphsaa.org
http://www.section6.e1b.org/wrestling

State Web Address: *https://nysphsaa.org/sports/girlswrestling*

http://www.armdrag.com/ci/

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FORMS: Click on the link to access all Forms : https://nysphsaa.org/sports/girlswrestling

2025 - 2026 Girls Wrestling Calendar

Event	Details	Date/Time
Pre-Season Coaches Meeting	Tems Preseason Section VI Girls Wrestling Meeting | Meeting-Join | Microsoft Teams	November 10
First Practice		November 17 2025
2025 Schedule Weight Certification		
Weight Certification	Medina (3:15 start for N.O. schools)	Thurs., 11/20/25
Weight Certification	Falconer (2:45 start)	Fri., 11/21/25
Weight Certification	Pioneer (9:00 am) Niagara Falls (9:00am .)	Sat., 11/22/25 Sat., 11/22/25
Weight Certification	Olean HS (3:30 start)	Mon., 11/24/25
Last Regular Season Competition	Championship Roster	Friday February 6, 2026
Seeding Meeting		Monday February, 9 2026
Coaches Seeding Review	Final Seed Review	Tuesday February 11 2026
All-WNY Scholar Athlete Deadline	On-Line Form Only	
Play-off Dates		
Section VI Dual Championship	D'Youville	Friday, January 30
Day 1 Section VI Individual Champ	Sweet Home (Prelims)	Thursday, February 12, 2026
Day 2 Section VI Individual Champ	Fredonia (top 8 ea weight)	Sunday, February 15, 2026
State Championship	Albany MVP Arena	Thursday, February, 26 2026
	Sectional Admittance form	

All-WNY Scholar Athlete

Coaches and Athletic Directors are encouraged to nominate athletes for selection as an All-WNY Scholar Athlete. Applications must be completed on-line. Click here for □ Nomination Form. before **March 16, 2026** Those selected will be honored by both Section VI and the Buffalo News.

2025 Schedule Weight Certification

Medina HS (11/20)

Medina	3:15
Albion	3:40
Akron	4:00
Roy Hart/Barker	4:20
Newfane	4:40
Wilson	5:00

Falconer (11/21)

Falc/Cass Vall	2:45
Jamestown	3:00
Southwestern	3:15
Randolph	3:30
Frewsburg	3:45
Maple Grove	4:00
Catt LV/ PineValley	4:15
Chat Lake/Pan/West	4:30
Dunkirk/Silver Creek	4:45
Gowanda	5:00
Fredonia	5:15
Springville	5:30

Pioneer HS (11/22)

Pioneer	9:00
Will-North	9:00
Eden	9:25
East Aurora/holland	9:50
Springville	9:50
Iroquois	10:15
Frontier	10:15
West Seneca E/W	10:40
Orchard Park	10:40
Hamburg	11:05
Lakeshore	11:20
Clarence	11:20

Niagara Falls HS (11/22)

Niagara Falls	9:00
Niagara Wheatfield	10:00
Ken Ton	11:00
Lockport	12:30
North Tonawanda	1:30
Lewport	2:30

Grand Island (11/21)

Grand Island	4:30
CSAT	5:30
Starpoint	6:30

Olean HS (11/24)

Olean-Allegany Lime	3:30
Portville	3:45
Franklinville	4:00
Salamanca	4:15
Bolivar-Richburg	4:30

Pioneer HS (11/22) cont.

Amherst	11:45
Cheektowaga	11:45
Maryvale	12:10
Will South	12:10
Lancaster	12:35
Lackawana	12:35
Sweethome	1:00
Lafayette	1:00
Health Science	1:30
Tonawanda	1:30

Approved Assessors for Assessments/Challenges

Northern sites

Anthony Surace 716-803-5943
Izzy Martinez 716-628-0664
Karen Roehling 716-238-3742

Southern sites

Mike Debarbieri 716-378-1190

Section VI Female Wrestling Committee

Committee voting privileges: As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairperson. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote."
The voting members of the committee are indicated below with an asterisk.

Chair	***Tom Shifflet**		thomasshifflet@gmail.com
Assistant Chair:	*Brad Rowe	Ripley	browe@ripleycsd.org
League	**Name**	**School**	**Email**
CCAA 1:			
CCAA 2:	*Ross Conti	Fredonia	arwinshealthclub@netsync.net
NFL:	*Bill Morello	Lockport	wmorello@lockportschools.net
Niagara - Orleans	*Mike Carlo	Wilson	mcarlo717@gmail.com
ECIC 1:	*Jason Lehmbeck	Clarence	jlehmbeck@clarenceschools.org
ECIC 1:	David Hack	Orchard Park	dhack@opschools.org
ECIC 2:			
ECIC 3:			

Additional Names & Numbers

Section VI:Executive Director:	Mark DiFilippo	mdifilippo@e1b.org
NYSPHSAA, Executive Director	Robert Zayas	rzayas@nysphsaa.org
NYSPHSAA, Assistant Director	Todd Nelson	tnelson@nysphsaa.org
President WNY Coaches Association:	Ken Schmitz	
State Female Wrestling Chairman:	Ryan Palmer	palmerr@cacsd.org
Section VI Certified Weight Coordinator:	Mike Pilato	MikeP316@yahoo.com

NYSPHSAA Handbook & Wrestling Handbook

https://s3.amazonaws.com/nysphsaa.org/documents/2023/8/21/NYSPHSAA_Handbook_Aug_2025.pdf#page=112

NYSPHSAA Girls Wrestling page

https://nysphsaa.org/sports/girlswrestling

All NYSPHSAA Handbooks pertaining to wrestling can be found at the following link:

https://nysphsaa.org/sports/girlswrestling

Section VI Policy Manual: Adherence is required

Additional information:

Changes in Policy/Practice for the 2025-2026 season:

1. All girls weight certifications to be entered directly into a girls track wrestling portal
2. Girls will be able to wrestle in a maximum of 7 matches in one day
3. Multi school meet: Minimum of three (3) schools and twenty (15) wrestlers. If the wrestler wrestles only one (1) opponent they are charged one (1) point, if they wrestle more than one opponent, they are charged two (2) points. Each wrestler may only wrestle a maximum of four (4) matches. No team scoring is allowed, and no individual prizes are awarded. Multi-school meets can be attached to dual meets on the same day at the same site. A pound allowance is in effect for matches/tournaments preceding and following a multi-school meet.
4. The current USA Wrestling rules allow coaches to challenge officials' calls during a bout in all USA wrestling events. The current NYSPHSAA regulation limits appeal to the semi and final rounds only. The girls committee believes that all matches are important and should get the right calls for all bouts. The coach would get one challenge per match. If they are successful they would keep their challenge but if they are unsuccessful then the opponent would receive one point and the coach would lose the challenge for the remainder of the bout.

Wrestling Clarifications

1. If a wrestler does not attend his/her assigned weight certification and does not get certified within the first 14 days of practice, the request for a waiver must include medical proof. Otherwise, approval may be significantly delayed while the reason for absence is substantiated through school officials.
2. A **Parental Permission/Skin Disorder Form** (page 13) must be signed by the parent/guardian and wrestlers. The form explains the process of weight certification. This form is to be kept on file by the athletic director of your school until the end of the season. No wrestler will be weight certified until this form is returned to their coach.
3. Male and female contestants are required to wear a legal team uniform (or singlet) during weigh-ins. (effective 2019

ALL WRESTLING FORMS CAN BE FOUND HERE: .https://nysphsaa.org/sports/girlswrestling

Communicable Disease Procedures

While the risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered, and if there is an excessive amount of blood on the uniform, it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/ disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth-guards and other articles containing body fluids.
10. Refer to the State Website for the appropriate form Physician Release for Wrestler to Participate with Skin Lesion(s) click here for Skin Lesion(s) Form https://nysphsaa.org/sports/girlswrestling

Publicity & Media

1. Media request for approval: Radio and TV stations must secure approval from the local school, officials, Section VI Wrestling Chairpersons and Section VI Media Chairman Mark DiFilippo.
2. At the conclusion of the meet, the winning coach must give results to radio and television; and then notify the Sports Department. Please make certain of this. Each year, sportswriters and sportscasters criticize Section VI for lack of cooperation in reporting game results. Media are listed on page 10 of the Section VI Directory. Click on □ **MEDIA LINK** or go to **http://www.section6.e1b.org** General Information, Media

Section VI Dual Meet Championship Procedures for 2025-2026

The Section VI dual meet championship will be hosted on Friday, January 30th. Because of bus logistics we will begin weigh-ins at 12:00 PM and a competition start time around 2:00 PM. This is a post season championship so no points will go towards the 20 allowed.

The championship will consist of six teams split into two round robin brackets. The 1st and 2nd place teams will crossover to determine the top four places. There will be a total of four rounds run on two mats.

Section VI Individual Qualifying Procedures for 2025-2026

Tournament Entries Criteria: USA Wrestling's Performance Index (PIN)

USA Wrestling's Performance Index Rating (PIN) will be one way we determine the qualifying field and seeding of the Section VI Girls 2025 Wrestling Championship. Other determining factors will be this season's girls freestyle (a) recent head-to-head; (b) season record; (c) most technical falls; (d) most wins; (e) highest win percentage; (f) most pins (g) common sense, in no particular order.

The following are the weight classes set by the NYSPHSAA Committee for the 25-26 season: 94, 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235

1. Each team can submit a maximum of 13 wrestlers for entry into the section VI individual championship. You can submit one wrestler per weight to make up your 13 total entries.
2. The entire weight class will be seeded from highest seed #1 to lowest seed based on the (a) NYS Performance Index, (b) recent head-to-head; (c) season record; (d) most technical falls; (e) most wins; (f) highest win percentage; (g) most pins, common sense, in no particular order.
3. To be eligible for the Section VI girls championship tournament each contestant must have represented their school and wrestled in at least four separate scheduled girls freestyle contests of the six that are required for postseason competition.

Following the November weight certifications additional criteria will be determined for individual championship participation.

.**ALL COACHES MUST SUBMIT a COMPLETE AND UP TO DATE NYSPHSAA RECORD FORM for each wrestler entered prior to the seeding of the Sectional tournament (Printed from TrackWrestling). They must also submit a weigh in sheet from TrackWrestling showing that their entries are eligible for the weight class.** To be eligible for sectional or state competition, contestants in individual sports must have represented their school in six (6) scheduled contests. The required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular season. A "forfeit" counts as a contest as long as the named wrestler is listed (as winning by forfeit) in the TrackWrestling results for that contest. **Therefore,NO wrestler should be entered with fewer than 6 different contests listed on their NYS record form heading into the postseason, unless the Section grants a wrestler a "minimum contests waiver".**Before a wrestler can be entered into the Sectional Tournament, the coach must submit a complete and up-to-date NYS District Reporting Record Form as provided by the TrackWrestling website that is signed by both the coach and the participating wrestler by February 12, 7:00 PM. **All Schools are strongly encouraged to complete all regular season dual matches by February 6, 2026 as the NYS PINS Rating Index will be updated Monday the 9th prior to the championship. Those updated PINS will be used to help determine the championship field and seeding.**

All Sectional Champions Automatically Qualify For The NYS Championship In Albany, NY.

2nd Automatic Qualifier by weight.

Order to fill each weight class with 2nd qualifier

94	100	107	114	120	126	132	138	145	152	165	185	235
3	1	1	3	8	11	11	2	2	2	9	1	8
1	3	3	5	11	2	2	11	11	9	11	4	5
2	11	11	11	5	8	9	6	9	11	2	6	1
11	2	9	9	2	9	6	4	4	6	6	3	2
5	5	5	8	4	4	4	9	6	8	4	2	6
4	4	2	1	3	5	3	3	3	4	8	11	3
6	6	6	6	9	3	5	5	8	3	3	9	4
9	9	4	2	6	6	8	8	5	5	1	8	11
8	8	8	4	1	1	1	1	1	1	5	5	9

2025-26 Section VI Girls Wrestling Programs

Link to BEDS
https://docs.google.com/spreadsheets/d/1tQKpPoZpnMsAMwmcOq3_sgr_9VKsXax88qFSF0zYu1s/edit?gid=261063530#gid=261063530&range=A1:D27

Please note Eden/NC was a boys cos team (also has girls)

2025-26 COS Girls Wrestling

Link to 11 COS Also listed on above BEDS LINK 2 more teams need approval & beds
https://docs.google.com/spreadsheets/d/1txRjAg3DbrqvBTbfGqJ4KLa5sX7bKKpL/edit#rangeid=1472813270

Changes because we have 2 more teams
https://docs.google.com/spreadsheets/d/1txRjAg3DbrqvBTbfGqJ4KLa5sX7bKKpL/edit?gid=557099917#gid=557099917&range=A230:L240

Cancellation and Rescheduling Policy for 25-26 season

Section VI Divisional & Individual Sectional Wrestling Tournaments

(This plan will be used when we have a Sectional Competition and State Qualifier)

1. Divisional and Section VI Tournaments will be canceled if:
   a) The host school is closed and not available for use. OR
   b) Five or more schools are not allowed to participate because of bad weather. <u>If the Divisional Tournament is canceled on Friday:</u>
   The Tournament will become a one-day tournament beginning at 9 a.m. on Saturday. The rulebook will be used to determine team points and places in the event that wrestlers have already competed in five bouts that day
   <u>If the Tournament is held on Friday but canceled on Saturday</u> because of either items #1 or #2, the four semi-finalists and all pre-approved medical wildcards will advance to the Sectional Tournament.
   <u>If the Divisional Tournament is canceled on both Friday and Saturday</u>, the top four seeds in Division 1 and the top 5 seeds in Division 2 (updated 2-3-22) and pre-approved medical wildcards will advance to the Sectional Tournament.
   <u>If the Divisional Tournament is a conducted but a school is unable to attend and participate</u> because of bad weather, any wrestler from that school who was seeded in the top four or a fifth seed determined by criteria #9, will be awarded a wildcard to the Sectional Tournament. ALL ENTERED wrestlers will be seeded as usual; using the current Section 6 seeding mechanics. (Language changed 2-3-22 as it was deemed out of date with current seeding practices).
2. Decisions not to participate should be made at the earliest possible time. The tournament chairman should be notified immediately so final decisions can be made and all schools notified of this decision.
3. Any school that is closed due to bad weather but is allowed to participate must provide to the tournament chairman written authorization to participate from a school administrator.
4. Please review additional Section VI requirements in the Contingency Plan below.
5. IF Sectional (State Qualifier) competition cannot be rescheduled; The top 2 seeded wrestlers will advance to state competition. A smaller scale Sectional competition may be held with only the top 4 seeds, if a site is acquired.

Contingency Plan for Sectional Competition for 25-26 season (This plan will be used when we have a Sectional Competition and State Qualifier)

(weather or illness)

1. Contests will be postponed only if a participating school is officially closed due to weather or illness. (Item #1 in Cancellation and Rescheduling Policy for Sectional Wrestling Tournaments takes priority)
2. It is the responsibility of the Athletic Director (or designee) <u>to notify the Sport Chairperson that the school has been closed</u> due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to participate shall rest with the District Superintendent.
4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.
5. When a contest is at a <u>non-school site</u>: If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. (Item #1b in Cancellation and Rescheduling Policy for Sectional Wrestling Tournaments takes priority) If either the roads or the facility are closed, then the competition will be canceled. ***Under NO CIRCUMSTANCES is a site contracted by Section VI available for practice when a competition is canceled.***
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. **<u>PLEASE NOTE</u>:** It is up to the individual leagues to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems. The individual leagues should schedule their last league contest at least one or two days prior to the seeding meeting, allowing for a make-up league contest(s) prior to the seeding meeting if necessary. The storm in Feb. 2006 that closed schools the day before the seeding meeting bears this point out.
8. Any health or safety threat, confirmed or unconfirmed will supersede any existing policy and will be up to the discretion of the involved member schools. (approved AC 11/13/19)l.

Sportsmanship Policy
The Sportsmanship Policy is item 27 on page 105 of the NYSPHSAA Handbook

Sportsmanship Responsibility of Officials:
An official who disqualifies a coach or squad member for unsportsmanlike conduct must report the disqualification to Section VI using the **ON-LINE DQ form in www.Arbitersports.com**. This form is automatically emailed to Section VI Executive Director Mark DiFilippo. Instructions: In ArbiterSports, click on the tab LISTS, then the sub-tabs FORMS. Or click here **DQ Form**

Sportsmanship Responsibility of Schools:
The Section VI Executive Director automatically receives an email regarding the DQ when it is submitted on-line by the official. The Executive Director will contact the school(s) involved directly eliminating the need for the incident report/DQ Response Form. Schools may file a Sportsmanlike Hearing Request Form with the Section VI Sportsmanship Chairperson through the Section VI office.

Section VI Policy on Travel to State Competition
For the complete policy click on #310 in the □ Policy Manual Summary for Individual Sports

SECTION VI – NYSPHSAA

Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

***** Sportsmanship Statement Reminder *****

The following statement will be read over the public address system just prior to the pledge to the flag. If there is no public address system, the statement will be read to both teams by the site chairperson or his representative: **"Welcome to Section VI *(name of sport)*_____. Athletic competition can provide everyone with a sense of accomplishment and pride, if all of us - players, coaches and spectators - abide by the rules of good conduct. We ask that you enjoy the performance of our outstanding athletes in a spirit of sportsmanship and appreciation of competition.**

UPDATED Sportsmanship Standard & Pledge

https://nysphsaa.sharepoint.com/:w:/g/EVGjngEDr6VPqWsm20yF_rMBqv35ehAHbGm5Kcbk6zMiPA?rtime=-vbOjoEY3kg