

Meeting Minutes Jan 4 2026 Group Conscience
Sisters in Sobriety Texas

Present

Shea L.	Carole L.	RP	Kirsten W.	Beki P.	Cassandra	Jennie B.
Loretta C.	Di T.	Kirsten	Suzi N.	Suzy C.	Brittany	Elizabeth M.
Roberta B.	Caitlin B.	Linda T.	Rhonda C.	Pat L.	Autumn	Dana CB
Sarah M.	Faith H	Ellen	Stephanie J.	Valita	Natalie G.	
Beth F.	Kate B.	Lisa P	Amie L	Susan G.	Missy F.	
Anne P.	Sloane P.	Tish F.	Michelle T.	Susan S.	Melzine W.	

Opening (4:30)

Loretta C. opened with the Serenity Prayer and Tradition 1.

Reports

Secretary's Report – (RP.): RP. read the highlights of the Dec 7 meeting minutes. [Meeting Minutes](#)

Full copies of the Meeting Minutes are available on the website archives.

Sarah M. motions to accept meeting minutes as written, Shea L. seconds. The motion passes

Vote: 17 Yes 0 No 0 Abstain

Treasurer's Report - (Sarah M.): Sarah M. presented the financial report for December. [Treasurer](#)

Funds available for January 279.23 which will be given to GSO, Area 87, District 40, Houston Intergroup and SETA.

Shea motions to accept the December treasurers report as written, Roberta B. seconds. The motion passes.

Vote: 29 Yes 0 No 0 Abstain

GSR Report - (Suzy C.):

Suzy C. presented the highlights from the GSR report.

- Several positions open including alternates
- District 40 hybrid meetings 2nd Tuesday at 7 pm of every month – Dec 9th next meeting

- <https://meet.google.com/nmn-zuqc-xop>
- Area Assembly is at SETA in Jan 23-25, 2026, Beaumont TX
- SWAARSA in October 2026 in Baytown

Intergroup Rep (Kris C.):

- Will present next meeting

Website Administrator (Caitlin B.):

- Please ask Caitlin if unable to find any information.
- Please send official announcements that need to be posted online to Caitlin via text or email.

Meeting Coordinator (Roberta B.):

Role transitioned to Shea L.

Co-chair training completed on Jan 3. Information session done in December. Shea will send out the report from that meeting.

Chips Report (Shea L): In Dec we mailed out a total of 67 chips. 10 annual, 18-month chips and 57 monthly chips.

Kirsten is the new chip person.

Literature Delegate (Dallas D.) Anne P. presented. No specific updates this month; waiting for Intergroup account for future orders.

Agenda:

1. New Business
 - a. Doing workshops as a group – Shea L.
 - i. We can host ourselves or have outside speakers. It would be great to have a committee that then takes on a workshop a quarter. This would be a great opportunity for service positions.
 - ii. Would like the committee to have decision rights so they don't have to come back to the GC for all decisions.
 1. The decisions in scope would be within the bylaws of the group and General Service Conference approved literature. Caitlin posted the list in chat and shared where it is found on AA website.
 2. If there is any decisions outside that scope, the committee would come back to GC.
 - iii. Shea will chair the main committee and see how many workshops we can do as a group. Any folks interested, need to text her directly.

iv. Beki P. motioned that we start a committee to host workshops as a group. Roberta B. seconded the motion. 24 Yes, 0 No, 0 Abstain

b. Saturday speaker seekers and meeting – Shea L.

i. Only have one speaker seeker and one host. Attendance at meetings has dropped. We previously had to listen to the speaker before we invited them but that's no longer the case.

ii. Should we change the time so more people will attend? Is Saturday night the best night? Should we change to once a month?

iii. We need specific guidelines for the meetings so all the hosts know exactly what we need to do.

iv. Come back in February with a plan for what we will do. Turn it into a topic meeting until then.

v. Roberta B. to chair a committee on how we setup a speaker meeting.

vi. Beki P. made a motion to form the committee and Sarah M. seconded the motion. 28 Yes, 0 Opposed, 0 Abstain

2. Moved to next month:

a. Sensitivity to excessive movement, bright colors, turning fans etc. causing nausea, seizures etc. Ask is for folks to turn off camera if they will be moving as a courtesy. – Lee H.

b. Read Grapevine literature at meetings – Carole L.

c. Kirsten W. as Chip person (move from Alternate) – Shea L.

d. Discussion topics in the meeting after the meeting – this space still holds the traditions of AA and as such should be free of talk of politics, religion etc. – anything that distracts from our primary purpose of helping the alcoholic who still suffers – Beth F.

e. Big Book Study at 8 pm – Shea L.

Close with a declaration of unity. (Loretta C.)