

AGOGE NEW IDENTITY TEMPLATE

Power phrases?

I am Abdulrahman and I will Never rest, I will never give up and I will keep working with a solid discipline.

My powerful purpose ?

I want to be able to help myself and my family and be like my grandfather, a wise man with iron principles, serious about his work, and a rich merchant who has more than 6 houses.

Core values? 5

1. Discipline
2. harsh
3. hampel
4. Truthful
5. loyal

Daily Non-negotiables? 5

1. 30 minute cardio in the morning
2. Read book like art of war
3. 1 cups of coffee every day
4. 200 purpose every day

Goals achieved?

1. First client
2. First 100\$
3. 3 client every month
4. First 500\$
5. 5 clients every month
6. First 1k
7. build agence
8. Travel to turkish

Rewards earned?

1. Self confidence
2. New phone
3. New macbook
4. Solid charisma
5. Financial freedom
6. Freedom to make decisions

Appearance and perceived?

1. Majestic dark appearance
2. He has a keen eye
3. smooth operator.

Pick you in 3-6 months time?

A G as solid as a rock, disciplined, with a muscular body, 5,000 monthly income, and iron words that do not budge.

Key habits?

1. trying every day to be the best try to do more than what you do yesterday
2. solid discipline
3. work until he died
4. Destroying challenges and competitors

What does he have that you don't?

1. solid discipline
2. solid focus
3. speed
4. curiosity
5. solving problems fast

What has he accomplished?

1. get his first client
2. earned his first 100\$ from online
3. skull up to 3 clients every month
4. earned his first 500\$

What character traits does he have? What does this look like in his life specifically?

Strong body, Responsible, Discipline, Strong personality

The strength of the body appears when he wears a suit or any clothing, his muscles are visible even under the clothes, and he is responsible for his family when he talks and everyone listens to him, and the strength of his personality appears when he talks to anyone and with a look in his eye, he can see the frightening fire burning inside him, and if he says that He will do something, or he will make a decision, no one will have any doubt that he will not do it, or he will be lazy or unable, because he is known for discipline.

How do other men perceive him? why?

They look up to others and envy him Because he is superior to them in all aspects: physically, mentally, intellectually, and even financially.

How do women perceive him? why?

As for women, they look at him with admiration because he is attractive with his muscular muscles, his indifference, and his financial situation.

What are his non-negotiables that got him there?

He ate healthy, committed himself to exercising, made exercise more difficult every week, cut all bad habits, and focused on building his work and future.

What traps did he avoid and how?

Bad habits, such as browsing for a long time on Instagram and Snapchat, playing video games for a long time, and going out with friends to waste time.

Day in the life as detailed as possible?, get images, make a movie in your brain use AI to help if needed ?

wake up in 4:00 AM doing my cardio after that I take a cold shower after I finish I start eating my breakfast after that I start begin working for 2 hours or 3 than I hang out with my G brother or friends to a cafe or restaurant and order the most expensive steak after we finish languish we go for walk for one hour and half then we go to the gym and we start calling each other after that we go to spar each other like monsters after that we get out and may be go to a dinner together or met new friends after that we go back to home if we have work we do it or just go to sleep



What are his key phrases? Ex: "I am Andrew Bass and I always do what it takes to win"

I am AbdulRahman and I will Never rest, I will never give up and I will keep working with a solid discipline.

Day in the life? How he feels as he goes through each part of his day vision board images.

When he wakes up from sleep, he feels excited and powerful to conquer. He starts his morning with cardio, then he eats his breakfast and feels proud. Then he makes a cup of coffee and sits down and analyzes his work days and how he can make a greater effort. He takes a shudder from a cup of coffee and begins to remember the memories of his beginning, and he looks at himself now and feels proud and strong, so that another shudder begins. An exciting war song plays in his head and he starts thinking about how he can try harder and how he can defeat his competitors. After he finishes his cup of coffee and the analysis, he goes to lunch, then he goes to the gym with his brothers, the Gs, and all they think about is how they can defeat themselves. The past: After they finished training, they started fighting with each other, and each one of them looked into the other's eyes, and they all longed to meet the other's punch, and they enjoyed their fight with each other, they then go to drink coffee, and when they enter the cafe with each other, with their majestic and wonderful bodies, everyone starts to get nervous and jealous, and they sit on the chairs, order coffee, and start talking about work, but when he starts talking, everyone listens and get convinced quickly, and after When they finish discussing work, they return to their homes and their luxury cars. When he returns home, he starts doing 100 burpees without stopping, and all he thinks about is, "I can do another 100, and another, until he finishes." Then he goes to take a cold shower, and in the half shower he starts thinking about how. How he arrived and how his muscles and his life developed. He felt proud and self-confident, and this is what drives him to perform more and more. **And in the end, he says, if you are reading my success story, remember that my beginning was like yours, and if I can do it, then you can. Come on, work hard, it is in front of you.**