

Short form copy #8 (eighth time)

Any feedback is good. Be as harsh as possible. I want to improve

New things I do: - ask why 3 times at the current state, dream state, roadblock

Read my copy with loud voice

OODA looping

Short form copy

Avatar



Bob, 17 years old

Current State

Bob was skinny his entire life. Recently (4 months ago) he saw on youtube a good-looking guy name David Laid. He decided to go to the gym so he can look like him

Dream State

David Laid physique. His V-taper, bolder shoulders abs, and pecs. Bob wants to look like a "Greek God"

Roadblock

He doesn't know. He doesn't know how to train or what to eat.

Solution

Find a way to inform. A book of some videos

Product

Is a free ebook with illustrations that explain in detail how to achieve a "Greek God" physique

SL Ideas:

1. Discover the Secret Behind David Laid's Aesthetic Physique (generated with ChatGPT)
2. The 4 exercises that will give you "wings"
3. Tired of being skinny, it's time to become the  of aesthetics
4. Enough with that girly biceps is time to get 16-inch biceps
5. Never worry about not looking good again. The best 3 exercises that will give you the body of a GOD.
6. Become so aesthetic that you will put to shame David Laid's physique
7. From a "geek" to a "Greek God". Find the 3 exercises that helped David Laid to transform.
8. Tired of having no chest muscles, it is time to get "bulletproof" pecs
9. Aesthetics . David Laid secret on how to get that "Greek God" physique

10. Tired of having a girly body, it's time to become an absolute UNIT
11. Adored by women and respected by all men, it will be impossible to not catch people admiring your body
12. The diet "hack" that helped David Laid add on 2.5kg of muscles in just 5 weeks.
13. How does he have it? The secret to David Laid boulders shoulders
14. Are tired of having tiny forearms, it's time to get trunk-tree forearms
15. "Daddy" of the wights. The secret to benchpress double your body weight in just 3 months
16. Why your pecs don't grow. Learn how to have those DD pecs.
17. Swap the noodle for the barbell, and watch your body swell. (generated with ChatGPT)
18. The best way to develop that V-shaper that will attract looks everywhere you go.
19. The Secret that helped David Laid add 30kg on his squat in just 8 weeks.
20. How does he do it? 3 exercises that helped David Laid to deadlift 180kg for reps

SL: From a "geek" to a "Greek God". Find the 3 exercises that helped David Laid to transform.

There is a reason why David Laid looks that good

And it is not genetics

He uses 3 very specific exercises that helped him transform from a nudle to a Zeus physique.

Now he is sharing it only with the most ambitious and discipline ones.

So are you ready to walk in the lands of the gods of aesthetics?