June

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Training 6:00-8:00pm	2 Weight Room/ Conditioning 8:00-10:00am	3 Training 6:00-8:00pm	4 Weight Room/ Conditioning 8:00-10:00am	5	6
7 Conditioning/ Open Fields 6:00-8:00pm	8 Training 6:00-8:00pm	9 Weight Room/ Conditioning 8:00-10:00am	10 Training 6:00-8:00pm	11 Weight Room/ Conditioning 8:00-10:00am	12	13
14 Conditioning/ Open Fields 6:00-8:00pm	15 Training 6:00-8:00pm	16 Weight Room/ Conditioning 8:00-10:00am	17 Training 6:00-8:00pm	18 Weight Room/ Conditioning 8:00-10:00am	19	20
21 **Happy Father's Day** **DAY OFF**	22 Training 6:00-8:00pm	23 Weight Room/ Conditioning 8:00-10:00am	24 Training 6:00-8:00pm	25 Weight Room/ Conditioning 8:00-10:00am	26	27
28 **DAY OFF**	29 **DAY OFF**	30 **DAY OFF**				

						** Subject to Change

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **DAY OFF**	2 **DAY OFF**	3	4
5 Conditioning/ Open Fields 6:00-8:00pm	6 Training 6:00-8:00pm	7 Weight Room/ Conditioning 8:00-10:00am	8 Training 6:00-8:00pm	9 Weight Room/ Conditioning 8:00-10:00am	10	11
12 Conditioning/ Open Fields 6:00-8:00pm	13 Training 6:00-8:00pm	14 Weight Room/ Conditioning 8:00-10:00am	15 **DAY OFF**	16 **Friendly at Harrison (2 teams) 7:00pm/8:30pm**	17	18 **Ohio Elite Preseason Tournament (2 Teams)**
19 **Ohio Elite Preseason Tournament (2 Teams)**	20 **DAY OFF**	21 Weight Room/ Conditioning 8:00-10:00am	22 **Friendly at Fenwick 6:00pm (1 team)**	23 **DAY OFF**	24 **Set up for weekend (TBD)**	25 **Preseason Games at MHS**
26	27	28	29	30	31	1

DAY OFF	Training 6:00-8:00pm "SouthStars Day" If we can get Holland	Weight Room/ Conditioning 8:00-10:00am	**DAY OFF**	**DAY OFF**		
2						** Subject to Change