



Homemade Coconut Butter

Makes: Approximately 1 Cup

Dairy Free, Gluten Free, Nut Free, Vegan, Grain Free, Refined Sugar Free

Ingredients:

4 cups unsweetened shredded coconut

Method:

- Add the shredded coconut to a food processor and mix until the shreds form a creamy butter, anywhere between 5 to 10 minutes, scraping down the sides when needed.