



NYARA

NEW YORK ADVENTURE RACING ASSOCIATION

[Mandatory Gear List](#)

The Longest Day 2025 Racer Update 3

July 25, 2025

Race Live Tracking

<https://live.enabledtracking.com/tld2025/>

Race day is just around the corner! We are working hard to get all the final details set. In the meantime here is the final racer communication for everything you need to know before race day.

- Maps are printed and they came out a bit darker than expected. We recommend a [sharpie gel highlighter](#) in pink or yellow vs a conventional highlighter. Also the sharpie paint pen seems to mark well for notes. We will have a handful for borrowing, but it can't hurt to grab a few for your map kit.
- The course has water throughout available for filtering and you will be riding through a town at some point and should be passing a gas station at open hours. We will **not** have potable water at any TAs. Plan to filter on course.
- The bugs have been...bugs. The biggest pest has been deer flies but the mosquitoes are still out there. They aren't bad everywhere on course, but we want to make sure you're aware.
- The 10 day outlook shows dropping temps in the northeast. Obviously we recommend checking the forecast closer to race day, but overnight lows could get chilly. Make sure you pack clothing accordingly.
- For teams of 3, your 3rd canoe seat will have to go in/with your paddle bag. Please label your paddle bags and gear bins with your team name. If any loose gear is found, we will put it in the loose gear pile at the TA, so try and keep your stuff tidy. You will be paddling with your paddle bag.

- The paddle will have a ~300 yard portage to get around a rocky section. It is a portage trail. People have asked about portage wheels. I will not be making a recommendation one way or another. That is up to you
- Friday night check in is 5-10 PM at [Mcauley Mtn](#) base area
- Friday night check in is mandatory. If you have an emergency and cannot check in Friday night please contact us
- Your entire team will need to sign a paddle company waiver Friday night. If you need to borrow a paddle/PFD from the paddle company, you will note that on the waiver.
- You will drop your bikes, bike helmets and bike shoes on Friday night. Bike specific bags (frame/top tube/saddle etc.) may be attached. No extra gear will be transported
- Paddle bags and gear bins will be dropped off Saturday Morning when you get maps
- Saturday morning starts at 5 AM to get maps. At Mcauley Mtn.
- Racer meeting at 7 AM
- Busses arrive at 7:30, leave by 8
- Bus ride to the start is approximately 1 hour.
- There are no restrooms at the start location.

Please reach out with any questions but depending on what they are, they may not be answerable. We will do our best to reply, but the final week before a race is always hectic. We are looking forward to seeing everyone at check in!

-NYARA

We were on the Longest Day course yesterday to set more checkpoints....

 **Bugs have improved a bit, but they are still very much there. Within the woods, spots varied from being nearly clear of bugs to being pretty buggy. Near water, the deer flies are plentiful and relentless. The woods were just too warm for me personally to wear a light, hooded long sleeve the whole time, but as I de-layered, the head net was very helpful!**

 **Speaking of clothing... We've worn pants every time we've been out setting points. And each time, we were happy that our legs were covered!**

 **An air quality health advisory was issued for the day yesterday (expiring at night on Saturday 7/26) that included the Adirondack region. This was due to air pollution impact from wildfire smoke in Canada. This video is from yesterday morning, and you can notice a bit of a haze in the sky. This might be long gone by next weekend, but sometimes the smoke does linger for a few days. As you monitor the weather forecast this week, also keep an eye on the air quality indicator as an acceptable but moderate quality level can still affect folks that are sensitive to it.**

The Longest Day 2025 Racer Update 2

July 3, 2025

Hey Racers!

We are just under 1 month away from race day. We are working hard to get things ready for everyone. Here is the reveal of the race schematic and some more details to help you plan for race day. Please read through everything.

Boats:

Boats and PFDs/paddles will be provided by the race. Teams can bring their own PFDs and paddles if they wish. The paddle bag that teams will be accessing before and after the paddle must go along with you in the boat during the paddle. If you don't bring your paddle bag in the boat, you won't be able to access it after the paddle.

Teams of 2 will get 1 tandem kayak

Teams of 3 will get 1 canoe (teams should bring a third seat)

Teams of 4 will get 2 canoes or 1 canoe and 1 tandem kayak

We are going to do our best to keep the boats fair between categories. Teams will be assigned a boat type, you will not be able to choose between a kayak or canoe.

Bins:

All teams are allowed 1 gear bin for the race. We recommend the home depot HDX 27 gallon or similar size. We will transfer this for your team throughout the race

Maps:

We will be printing maps on 11x17 *rite in the rain* paper. This paper is water resistant, but not fully waterproof. We would recommend having a map case. There may be some supplementary maps on 8.5x11.

Team Lists:

The following teams need to complete their team roster by July 11. If you do not complete your team roster, your team will have its category adjusted to its current roster. Please contact us if there is an issue with your roster. We do have a waiting list and we would like to allow people to race if there is going to be room.

Goose AR

Interrobang

Fragile Flowers

Recommended equipment in addition to the mandatory gear list linked above:

Bug Spray/Bug net (it has been somewhat buggy on course due to the wet weather)

Map wheel for route planning

Trekking pants

Finally, the race schematic!



The Longest Day 2025 Racer Update 1

April 29, 2025

Hey Racers!

We are excited to be bringing the 2025 Longest Day back to the Adirondack mountains! We have an awesome course in the works with all new terrain, but to help you plan, here are the first bits of information you will need. Feel free to reach out with questions, but we may not be willing to give out all the information you are asking for.

Host Location: [Mccauley Mountain Ski Center](#) - 300 Mc Cauley Rd, Old Forge, NY 13420

For pre/post race lodging, there are many hotel or camping options in the Old Forge/Inlet area. The summertime here is busy, so we would recommend booking sooner than later.

Race Schedule

Friday August 1

5-10 PM Pre Race check in & Bike Drop

Saturday August 2

5:00 AM - Maps Distributed

7:30 AM - Board Busses to Start

9 AM - Race Start

Sunday August 3

9 AM Race Finish + Post Race Food

10 AM - Awards