
Tour de Riding Mountain

RACE COMMUNIQUE # 2



28 May 2026

We are now just a few sleeps before the start of our jam-packed weekend of cycling. The weather is looking to be hot ☀️ and the road competition is looking to be a bit spicy 🌶️!

We would like to highlight some key points as you prepare for this epic weekend of cycling.

1. Hot weather predicted and hydration

- Weather prediction for Saturday: Morning: **23C** with 50% humidity; Afternoon: **32C** with 31% humidity
- With predicted hot temperatures, riders and spectators please take precautions to stay hydrated and mindful of your electrolytes needs.
- Riders will need to plan their hydration for their event with the hot weather in mind.. There will be water, ice and No Nonsense Race Day drink mix at the start/Northgate and at the 100 km and 60 km turn around points.
- Riders in the Gran Fondo will be permitted to use hydration packs (CamelBak style).
- Racers in the provincial championship road races (100 km and 60 km) will NOT be permitted to use hydration packs due to aerodynamic advantage.
- Riders may drop off well labeled bottle(s) to the road race/gran fondo sign-in and the bottle(s) will be transported by volunteer staff to their respective turn around point to be available for riders to retrieve off a table.
- Riders will be responsible to make their own arrangements if they wish to have someone hand them up a bottle/nutrition in the designated feed zone located at the turn around points (i.e. marshalls and volunteers will not be handing up bottles to racers)
- For everyone's safety, we ask riders to not attack approaching and in the feed zone.

2. Discarding items

- Remember that we are in a federal park and discarding items outside of designated areas is littering and not permitted.

Riders will need to keep their used on-bike nutrition (gel, bar) wrappers on their person and discard them appropriately into a garbage can after their event.

- Riders may only discard their water bottles in the designated areas at the feed zones (60 km and 100 km turn around points) if they have made arrangements for someone to retrieve them for them.

3. Critically important safety points

- Please be mindful this is an open road course with two way traffic for much of it. There will be car traffic along the course so please stay alert. Marshals will be positioned at key locations to help manage traffic. Ultimately it is up to the rider to be aware of their surroundings and ride with caution.
- **NO CROSSING THE CENTRE LINE** - At no time should a racer be crossing the centre line and a breach will be subject to disqualification.
- Please ride/race within your limits.

4. Road Race - rolling start

- Due to narrowing of the road and a significant speed bump at the North entrance gate (~1 km from the start), we ask that the riders refrain from competitively racing until AFTER they pass this point in the interest of rider safety.

5. Race number pick up and license checks

- Road racers without existing 2026 MB bib numbers and Gran Fondo participants will have the opportunity (optional) to pick up their race numbers on **Friday evening from 7 - 8 PM at the Best Western Plus in Dauphin - meeting room**. This gives the opportunity to pin their jerseys and attach their race number to their bike ahead of time. Note: All riders will still need to sign in and get their timing chip prior to the start of Road race/Gran Fondo events. A commissaire will be there to answer any questions riders may have.
- Racers with a MB Race license or UCI license should be prepared to present their license to the commissaires for license check when signing in for their event.
- Racers will need to race in the category as listed on their license.

We are looking forward to seeing you all at the start line for a weekend of cycling in Manitoba's Riding Mountain National Park.

Feel free to direct any questions to us at: 3pcyclingclub@gmail.com