magis
EXCHANGE

Ana Sofía Hinojosa Bale

Instituto Tecnológico y de Estudios Superiores de Occidente, ITESO

TO

University of Deusto

INTERNATIONAL ASSOCIATION OF JESUIT UNIVERSITIES

MAGIS EXCHANGE: MY STORY







After this experience, the word I would choose is *gratitude*. I'm grateful for all the amazing people I've met, people who have become incredibly important to me in such a short amount of time. I'm grateful for the places I've had the chance to see and all the unforgettable moments I've experienced over these past few months. This exchange has helped me grow in ways I never expected. It's opened my eyes to a new way of living, one that values enjoying every moment while also being mindful and responsible toward our planet.

I've learned that there's so much beauty in little things, and that living with intention makes a difference. Meeting people from different backgrounds has made me more open, curious, and appreciative of the world around me. I feel lucky to have shared laughs, adventures, and quiet moments with people who now hold a special place in my heart.

This experience has left a mark on me. I've changed, not in a drastic way, but in small, meaningful ways that I know will stay with me. I feel more connected, more grounded, and more hopeful for what's ahead.

I'm so incredibly grateful for having had this experience, and I genuinely hope that more people get the chance to do something like this.