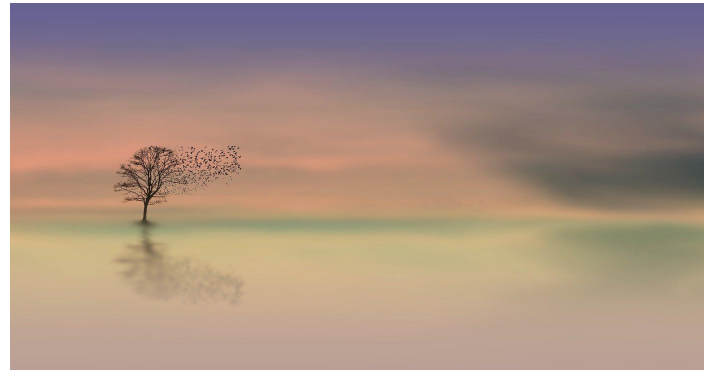


The Creation Account - Meditation A Reading from the Book Of Genesis

You are invited to join us in our commitment to be participants in sustaining life in the care of each other and the Earth. The life of humans is interconnected with the healthy life of the environment and all creation.



Let us join in prayer and care

Position: Find a comfortable position/place for this meditation.

Breath: Take three deep breaths, filling your lungs thoroughly, holding your breath momentarily and exhaling through your mouth.

Heart: Quiet your inner self – embracing the gift of life with breath and heartbeat.

(Chorus)

Spirit Wind, breath of God

Breathe new life into the world

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters.

Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

(Chorus)

Spirit Wind, breath of God

Breathe new life into the world

And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas.

And God saw that it was good. Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.'

And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good.

(Chorus)

Spirit Wind, breath of God

Breathe new life into the world

And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so.

God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.'

So God created humankind in his image, in the image of God he created them; male and female he created them.

God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.'

And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

(Chorus)

Spirit Wind, breath of God

Breathe new life into the world