

Q: Will a female participant be subject to random drug testing if she is having her menstrual period?

A: Yes, the menstrual period does not affect the accuracy of the test. Tests are always conducted in a respectful and private manner.

Q: What happens if either my parent or I do not both sign the pledge card? Will I be included in the program?

A: No. Both you and your parent must give written permission unless you are 18 years old or an emancipated youth. If you choose to be a part of extracurricular activities or drive a car on campus, you must participate in the mandatory program.

Q: Is there someone I can talk to in private if I am concerned about my or someone else's involvement with substances?

A: Yes. You may talk with Insight Human Services (www.insightnc.org) 336-725-8389 or Partners Behavior Health Management 1-888-235-HOPE (1-888-235-4673) (24 hours a day) to arrange to talk with them at school, in their offices or just over the phone. Don't forget that your school counselors, coaches and school staff can also be helpful. All information is private and no one will be penalized for coming forward to work out a problem.

Drug Free Elkin

ELKIN MIDDLE SCHOOL
AND
ELKIN HIGH SCHOOL



Participant Brochure

[Elkin City Schools Board Policy 43626](#)

Testing Procedures

Testing procedures for the Drug Free Elkin programs will:

- * Respect the privacy interests of the students during the collection of urine samples
- * Provide a secure chain of custody of each student's urine sample
- * Provide for screening and confirming tests using generally accepted testing procedures by an approved laboratory
- * Provide an opportunity for a student who tests positive for alcohol or drugs to submit appropriate documentation of any medications he/she is using to a medical review officer to explain the test results before the results are reported to school officials. If the medical review officer is satisfied that the positive test

result was caused by the use of prescribed or lawful medications, the test shall be reported as negative to school officials.

* Provide an opportunity for a student who tests positive to submit a portion of his/her urine sample to a private approved laboratory at the student's expense for a second confirming test.

Students will be encouraged to "sign-up" for both the Mandatory and Voluntary Drug Free Elkin Programs during the first week of the school year. The enrollment shall be for the entire time that a student is in Elkin Middle School and Elkin High School rather than for one year. Students may sign-up at any time in the school year.

Elkin Middle and Elkin High Schools will create a unified student database listing those students who have joined the Drug Free Elkin programs. It shall be the responsibility of the Test Administrator to maintain a process of random selection of 20% of the students subject to testing periodically throughout the school year on a random schedule. The day of testing shall be varied so that testing does not become predictable.

Drug Free Elkin Programs

Elkin City Schools is taking a stand against alcohol and drug abuse and asking all Elkin Middle and Elkin High School students to stand up as "Drug Free" by participating in the Drug Free Elkin Programs. These two powerful and challenging programs allow you to make a choice and statement that will affect your future and the future of others.

Mandatory Program

- Required if you choose to participate in extracurricular activities, including sports, clubs, or driving a car on campus
- Provides an opportunity to show your commitment to being free from drug and alcohol use

- Random selection for drug testing
- Private and confidential drug testing (urinalysis) by a certified laboratory
- Free assessment if test is “positive”
- Parents and students must sign pledge card

Voluntary Program

- Voluntary if you do not participate in extracurricular activities or drive a car on campus
- Provides an opportunity to show your commitment to being free from drug and alcohol use
- Random selection and testing procedure the same as the mandatory program
- Parents and students must sign pledge card

How to Make Your Commitment

- Read this brochure so that you understand the programs
- Discuss your thoughts and feelings with your parents, coach, and activity advisor. Seek their advice and counsel about this serious commitment
- Sign the card and have a parent or guardian sign it
- Return the signed card to your homeroom teacher or the front office
- Be proud of your decision to be drug free. With this decision you may influence others to do the same.

How Does the Drug Test Work?

The test will be a urinalysis, the same type of test used by many employers. Procedures will adhere to strict standards to ensure privacy, respectful treatment, and the accuracy of the results. A NIDA (National Institute on Drug Abuse) certified lab will analyze the urine sample for alcohol, marijuana, cocaine, amphetamines and other controlled substances.

Frequently Asked Questions

Q: What is included in “extracurricular”?

A: Extracurricular activities include student government, service clubs, athletics, performing groups, subject area and special interest organizations, civic-oriented activities, honor societies, and leisure-oriented clubs sponsored by the school. If participation is required for a class or affects your grade in a class, it is not considered an extracurricular activity.

Q: What if I drop out of extracurriculars, am I still in the Drug Free Elkin Program?

A: Yes, unless you and your parent submit a written request to your school to withdraw from the program. You would not be able to participate in the program for 365 days.

Q: Do I sign a pledge card every year?

A: No. You sign once and you are making a commitment for your entire career at Elkin Middle and Elkin High Schools.

Q: How many participants will be drug tested?

A: An independent agency will randomly select up to 20% of all participants each school year.

Q: If I am tested, how will I know the results?

A: You and your parents will only be notified if the test is “positive” (substances are detected in the urine). The Medical Review Officer (MRO) will notify you, usually within 10 working days.

Q: What happens if the test is “positive?”

A: We hope this will not happen. If it does, you and your parent will be contacted by the MRO and given the opportunity to participate in an assessment. Interventions, ranging from an educational program to intensive treatment will be discussed with you and your parent. If you complete the recommended intervention, no one at the school, including principal, coach or club advisor will be told of the test results.

Q: What if I sign up but refuse to take the test or cannot provide a urine sample?

A: Refusing to provide a sample for the drug test and not being able to provide a sample are two different situations. If you refuse to provide a sample, the test will be treated as a “positive.” If you are unable to provide a sample, the site collector will give you water to drink until you can provide a

sample. If a medical condition prevents you from providing a sample, your physician and the MRO must confirm that condition. If you are no longer participating in extracurricular activities, you may decline to be tested, but you will be ineligible for activities for one year.

Q: What if I test “positive” and then refuse to participate in the assessment or recommended intervention?

A: If you fail to schedule and attend the assessment or refuse to participate, the MRO will inform your school principal or designee that you have chosen to drop from the Drug Free Elkin program. Consequently, according to School Board Policy, you have also chosen not to participate in extracurricular activities at any school or drive a car on campus for 12 months. The principal will privately notify your coach or club advisor that you will no longer be participating in activities. The MRO will not report the results of the test and you will not be suspended from school. If at any time within that 12-month period, you change your mind and choose to follow through with the intervention, you may return to extracurricular participation and or driving on campus.

Q: What if I am attending or have completed the recommended intervention program and test “positive” a second time in a random test?

A: If you fail to participate in the second test for any reason or if you test positive a second time, you will be ineligible to participate in extracurricular activities or drive a car on campus for 365 calendar days.

Q: What if I am taking prescription drugs?

A: If selected for drug testing, you will have the opportunity to list the prescription drugs you are taking and the prescribing physician. If you test “positive” for any of these drugs and they are confirmed by the MRO with your physician, your test will be considered “negative,” as long as you have not misused them. The MRO will maintain the confidentiality of all information. Substances found in the drug test for which you do not have a valid prescription or which have been misused will result as a “positive.”