John Williams: Type of Post: How To

How To Make Money by Focusing

Ideas For The Reaching Of Your Goals

You want a side hustle.

Or a new career.

To make more money. Lots more money.

But you just can't get yourself out of neutral because this happened to you:

You found yourself on a social media site and an advertisement is an answer to a new money-making idea.

So you sign-up.

And you find yourself in a situation that I am all too familiar with. The 'cookies' are now in your computer and every 'guru' is now convincing you to check out their better 'mousetrap' for their path to making money.

Lots of money. And that rings your bell.

And now you have books, email lessons, and lots of promises through a boatload of 'gurus'.

And you're getting nowhere fast.

You are spending your precious time and money on your 'education' and are still not reaping any rewards.

Your not focused on that one thing.

Time to get yourself out of that tail-chasing circle and focused on that better money-making idea.

How Bad Do You Want That Money?

Let's get something out of the way right now before we waste more time.

How bad do you want that new money-making scheme?

How miserable are you with your current money-making ways?

It's time to make a strong conclusion about where you want to go.

If you need to educate yourself for a new money-making adventure, you will need to make some strong decisions on the habits you have now and the new ones you should strive to achieve.

Focus On Clearing Your Mind

Before you hit the books or that computer screen, you should prepare yourself to become fully immersed in the task at hand.

A clear mind can be achieved by having enough sleep, maybe taking a brisk walk before a task.

Talk to a good friend for a few minutes on a different subject matter.

Or make that talk on the subject matter. Make yourself accountable by talking up your new goal. And how you are going to do it and why.

In a couple of weeks, your buddies will be asking you: How's that new thing going?

By focusing now you will have a 'not-so-embarrassing' answer for them.

Studies have found that 20 minutes is an effective amount of time for positive mental and emotional change.

Can't Make Money Within Chaos

Where are you doing this learning task?

Where are you actually launching this new money-making career?

I hope it's not at the kitchen table with the kids running around.

Hopefully, you need to find a quiet corner of your place with a door. You will not be reaching your goal if you're always distracted by the kids or background television noise.

That's no way to stay focused on the job at hand.

The job of reaching that goal of yours.

Focus On One Mousetrap

This is important.

How many emails do you receive each day in and each day out from someone who has the greatest thing since sliced bread?

How many books have you bought on the same subject?

That's a situation I found myself in and it became a nightmare.

Half-read books, a dozen emails a day all promising more money and an exciting lifestyle.

What are you thinking of buying next?

Stop it!

Pick one 'Guru'

And finish what that one and only that one person is trying to teach you.

Ignore the countless emails. Stack those half-used books neatly in the corner.

That's maybe the best focusing tip I can share with you because it's working for me.

Timing Of Your Money-Making Focus

When you are in the right mindset, when you are in the right physical space, it's time to get to work.

That means no distractions. Leave that phone in the kitchen. The very last thing you need is phone calls and TikTok updates.

Close the door.

And so you don't burn yourself out, give yourself a dedicated time you will want to take to get to where you want to go.

I like to do 45 minutes, take a 10-15 minute break, then go back for another 45 minutes. An hour and a half of focused learning and practice.

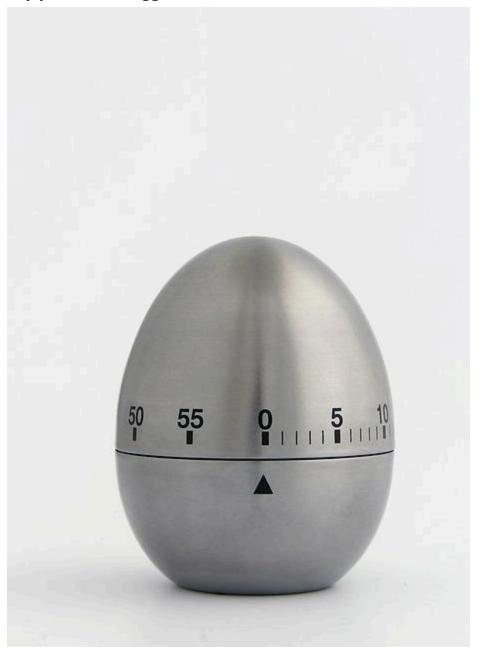
Every day.

But my cell phone is in the kitchen, how am I going to time myself?

We can make it fun. Analog fun.

You know, something requiring gears and a motor.

Buy yourself an egg timer.



The Focused Way To Money Making

You will be amazed at how much you will accomplish by just following the simple steps I gave you above.

Start by deciding on which instructor or organization you feel most comfortable with.

Tune all the others out.

Don't open their emails.

If one of those half-dozen books you purchased is not needed, keep them closed for another time.

Your now in your quiet space, your mind is clear, your focused on just *one* guru, and you have the gentle tick-ticking of that analog timer.

You pick the time, of course, just remember that you do have a life with other things to do. You will hit a wall if you make your life miserable by overburdening yourself.

Then you will need re-focusing.

Don't build a wall between you and that money-making adventure you so desire.

Instead, build a wall between you and that 9-5 job stocking shelves at the big box store for a minimum wage.

Stay focused on that.