

DECEMBER 2025

GIRLS INDOOR TRACK AND FIELD CALENDAR

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
	1 Pre-season Conditioning 3:00 - 4:45	2 Pre-season Conditioning 3:00 - 4:45	3 Pre-season Conditioning 3:00 - 4:45	4 First Day of Official CIAC Practice 3:00 - 5:30	5 Practice 3:00 - 5:30	6 OYO
7	8 Practice 3:00 - 5:30	9 Practice 3:00 - 5:30	10 Practice 3:00 - 5:30	11 Practice 3:00 - 5:30	12 Practice & Trials 3:00 - 5:30	13 Event Trials @ 10:00 – 12:00
14	15 Practice 3:00 - 5:30	16 Practice 3:00 - 5:30	17 Practice 3:00 - 5:30	18 Practice 3:00 - 5:30	19 Practice 3:00 - 5:30	20 FCIAC Qualifier # 1
21 Bean Town Classic New Balance Ctr Boston	22 Practice 3:00 - 5:30	23 On Your Own Half Day	24 On Your Own ** VACATION **	25 On Your own ** VACATION **	26 Practice 9-11 ** VACATION **	27 Practice 9-11 ** VACATION **
28 ** VACATION **	29 Practice 9-11 ** VACATION **	30 Practice 9-11 ** VACATION **	31 Practice 9-11 ** VACATION **			

JANUARY 2026 GIRLS INDOOR TRACK AND FIELD CALENDAR

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
				1 On Your Own ** VACATION **	2 Practice 9-11 ** VACATION **	3 Hispanic Games @ Armory
4 ** VACATION **	5 Practice 3:00 - 5:30	6 Practice 3:00 - 5:30	7 Practice 3:00 - 5:30	8 Practice 3:00 - 5:30 * Review Block Day*	9 Practice TBD & Yale Track & Field Classic @ Cox Cage, Yale	10 FCIAC Qualifier # 2 @ & Yale Track & Field Classic @ Cox Cage, Yale TBA
11	12 Practice 1pm-2:30pm *** EXAMS ***	13 Practice 3:00 - 5pm * Review Block Day*	14 Practice 1pm-2:30pm *** EXAMS ***	15 Practice 11 am-12:30pm *** EXAMS ***	16 Practice 11am-12:30pm *** EXAMS ***	17 FCIAC Qualifier # 3 SCC
18	19 Practice TBD **** MLK Day ****	20 Practice 3:00 - 5:30	21 Practice 3:00 - 5:30	22 Practice 3:00 - 5:30	23 Practice 3:00 - 4:15 or Hillhouse Varsity Showcase	24 FCIAC Qualifier # 4
25	26 Practice 3:00 - 5:30	27 Practice 3:00 - 5:30	28 Practice 3:00 - 5:30	29 Practice 3:00 - 5:30	30 Practice 3:00 - 4:15	31 FCIAC Western Div. Champs@

FEBRUARY 2026 GIRLS INDOOR TRACK AND FIELD CALENDAR

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
1	2 Practice 3:00 - 5:30	3 Practice 3:00 - 5:30	4 Practice 3:00 - 5:30	5 FCIAC Championships @ Hillhouse 4:00	6 Practice 3:00 - 4:15	7 FCIAC J.V. / Last Chance Invitational Practice 9-11
8	9 Practice 3:00 - 5:30	10 Practice 3:00 - 5:30	11 Practice 3:00 - 5:30	12 Practice 3:00 - 5:30	13 Practice 3:00 - 4:15	14 CIAC Class LL Championships @ Hillhouse ** VACATION **
15 ** VACATION **	16 TBA ** VACATION **	17 Practice 9-11 ** VACATION **	18 Practice 9-11 ** VACATION **	19 Practice 9-11 ** VACATION **	20 Practice 9-11 ** VACATION **	21 CIAC Open Championship @ Hillhouse 11:30 ** VACATION **
22	23 Practice 3:00 - 5:30 No School Teacher Professional Development Day	24 Practice 3:00 - 5:30	25 Practice 3:00 - 5:30	26 Practice 3:00 - 5:30	27 Practice 3:00 - 4:15	28 New England Championships @ Lewis Center, Boston @ 1:00 PM Bus @ 8:00

MARCH 2026 GIRLS INDOOR TRACK AND FIELD

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>SAT</i>
1	2 Practice 3:00 - 5:00	3 Practice 3:00 - 5:00	4 Practice 3:00 - 5:00	5 Practice 3:00 - 5:00	6 Practice 3:00 - 5:00	7 Practice 9-11
8	9 Practice 3:00 - 5:30	10 Practice 3:00 - 5:30	11 Practice 3:00 - 5:30	12 NIN Championships @ Armory, New York City or NBNI Championships @ New BalanceTrack, Boston, MA	13 NIN Championships @ Armory, New York City or NBNI Championships @ New Balance Track, Boston, MA	14 NIN Championships @ Armory, New York City or NBNI Championships @ New Balance Track, Boston, MA
15 NIN Championships @ Armory, New York City or NBNI Championships @ New Balance Track, Boston, MA	16	17	18	19	20	21
22	23 Outdoor Starts	24	25	26	27	28
29	30	31				