

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✗	1 ▾	do 200 sit ups and 200 squats
2. ✗	1 ▾	finish email copywriting
3. ✓	1 ▾	finish stage 2 in copywriting bootcamp
4. ✗	1 ▾	write fv for the customer
5. ✗	1 ▾	reach out 20 people
6. ✓	1 ▾	finish SSSS
7. /✗	1 ▾	Practice guitar
8. /✗	1 ▾	meditate
9. ✓/	2 ▾	make your bed
10. /✗	2 ▾	be in chats
11. /✗	2 ▾	drink 4 l of water
12. ✓/	2 ▾	buy yourself new headphones
13. ✓/	2 ▾	take a walk
14. ✓	3 ▾	watch Tristan god mode
15. ✓	3 ▾	breakdown copy and review it
16. ✓	3 ▾	watch a book summary
17. ✓	3 ▾	research about credit cards
18. ✓	3 ▾	earn your right to eat
19. /✗	3 ▾	play chess
20. ✓/	3 ▾	journal

Day Number:5







Date:2.4.2023

Start Of The Day - Time:10am

	 3 Things That I Am Excited To Have In The Future? 
1.	5 sons
2.	a lambo
3.	a mansion in Dubai

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:







1. I Am Acting With No Limits To My Abilities!







2. I Am Being All That I Can Be, Every Hour And Every Day!







3. Every Word I Am Saying And Thought I Am Thinking Is Positive!







4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

 10 am: Task 	plan your day, make your bed, start with watching stage 2 course
 Intention 	do not let anyone disturb you and do not eat before you complete all the tasks you need for breakfast
 Reflection 	i did it

 11 am: Task 	watch stage 2 in copywriting bootcamp
 Intention 	sit down and watch it
 Reflection 	i did it

 12 am: Task 	write FV for a customer
 Intention 	sit down and create some piece pf copy
 Reflection 	i was with my family

 1 pm: Task 	Break down and review copy
 Intention 	sit down and do it
 Reflection 	i was with my family

\$ 2 pm: Task \$	watch email copywriting course
🔔 Intention 🔔	take notes and focus
✍️ Reflection ✍️	i was with my family

\$ 3 pm: Task \$	watch Tristain Godmode
🔔 Intention 🔔	be focused on it
✍️ Reflection ✍️	i was with my family

\$ 4 pm: Task \$	Reach out to 20 people
🔔 Intention 🔔	
✍️ Reflection ✍️	i was with my family

\$ 5 pm: Task \$	watch a book summary
🔔 Intention 🔔	be focused on it fully
✍️ Reflection ✍️	i was with my family







\$ 6 pm: Task \$	practice guitar
🔔 Intention 🔔	practice like your teacher told you
✍️ Reflection ✍️	i was with my family

\$ 7 pm: Task \$	play a bit of chess
🔔 Intention 🔔	don't blunder pieces
✍️ Reflection ✍️	i did it

\$ 8 pm: Task \$	Finish \$\$\$\$
🔔 Intention 🔔	sit down and take notes
✍️ Reflection ✍️	i was going home

\$ 9 pm: Task \$	research about credit cards
🔔 Intention 🔔	try to find out everything there is
✍️ Reflection ✍️	i didn't do it



\$ 10 pm: Task \$	workout time
🔔 Intention 🔔	train lightly
✍️ Reflection ✍️	i did it

 11 pm: Task 	be in chats
 Intention 	answer all the questions fellow students have
 Reflection 	i did it







End-Of-The-Day Report:



 What Did I Learn Today? 
when you are going to visit family you cannot get shit done

 What Do I Plan To Do Differently Tomorrow? 
wake up early

 What Do I Plan To Do The Same Tomorrow? 
starve

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
I need to rapport to the chat my mistakes and let them decide punishment

 What Tasks Were Left Undone? 

almost all of them

Brain Dump: