

Arrangements & Rules

You can manage your crew entries online at <http://qergs.soc.srcf.net/>.

Please ensure this document is read and understood thoroughly by all competitors, LBC's, coaches and coxes.

Anyone experiencing symptoms of or testing positive for coronavirus must not attend the event. Anyone who begins to experience symptoms or test positive after the event must inform their LBC immediately and follow their colleges COVID guidelines.

Registration

- Clubs will be required to join a practice division the morning of the competition to check all of the ergs are working and to go over how each division will run.
- A copy of the registration form should be completed and a scanned copy should be sent to the co presidents no later than the two days before the competition.
- Each crew member is to sign the registration form to state that they accept the terms and conditions of the competition. Crews will not be registered and receive their t-shirts unless all crew members have signed the form.
- T-shirts and erg chips will be supplied to competitors during the week before the competition. T-shirts **must be worn** throughout the competition.
- A crew must be present and ready to race at their boat house 15 minutes before their race begins.

Racing

- The race is 8x 500m with 60 second changeovers between competitors.
- Feet may not be held **UNLESS** foot straps are **BROKEN**, not just loose.
- Competitors must not be physically aided when racing except in putting a competitor back on an ergo if they fall off.
- Only the members of the competing crew and the one other person should be present in the erg room/competing space and those that are not members of the same household should socially distance where possible
- Crews should also be compliant with the rules of the boat house/gym that they are competing from
- Crews should row in the order that they were entered online, otherwise individual results may be incorrectly recorded.

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First Aid

- It is the responsibility of the LBC to ensure that their crew know how to use a Concept II Ergo safely and correctly.

Spectators

- Spectators should only be present if they are able to suitably socially distance and their presence is compliant with the rules of a boat house/gym

Results

- Results will be posted on the event page as soon as possible after each division.
- The top 12 women's and men's crews will compete in finals held after the lower division races. Please ensure that you return to the boat house and are ready to compete at least 15 minutes before the race begins

Times

- Division times will become available online in the week preceding the event – **please ensure you are aware of your division times before the event.**
- All novice division heats will run first, and then the Senior Final will run, followed by the Women's novice final and then the Men's novice final.
- Prizes will be delivered in the week after the competition

Event Postponement and Cancellation

- In the event of great restrictions being imposed on boat houses/gyms by colleges and PHE that prevent a large number of colleges from participating in QERgs, we currently plan to postpone the event and move the event to the first half of Lent term
- If it is still unfeasible to run QERgs by the start of week 5 of Lent, all clubs will then be partially refunded; this amount will be determined so as to allow expenditures to be covered

Determination of Race Winner

- The fastest upper novice division crew will be the crew that completes the 8x 500m fastest **in the final**, having qualified in the top 12 of their division. In the event of a tie between two crews, the fastest average time between the qualifying and final races will be taken. In the event this fails to distinguish between the crews, a tie will be declared between them.
- The fastest lower division crew is the crew with the fastest time for the 8x 500m. In the event of a tie between two crews, then the winning team will be that with the lowest spread of individual times. If this is not sufficient to break the tie, then a tie will be declared.

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- The fastest novice individual (male and female) will be the rower with the fastest time in either the qualifying rounds, lower division races or the novice final. In the event of a tie, the lightest rower will be declared the winner.
- The fastest senior division crew will be the crew that completes the 8x 500m fastest. In the event of a tie between two crews, then the winning team will be that with the lowest average of the spread of the mens' individual times and the spread of the females' individual times. If this is not sufficient to break the tie, then a tie will be declared.

Definition of a Tie

The experimental error of each erg's time is ± 0.1 seconds. Therefore, if the difference between two average 500m split times is less than or equal to 0.2 seconds, then they will be deemed to have tied. The same principle holds for individual 500m split times.

Novice Prizes

- The fastest upper novice crews (both male and female) will receive engraved glass tankards.
- There will be prizes given to the fastest male and female rower.
- The fastest lower division male and female crews will receive 2 bottles of prosecco per crew.

Definition of a Novice Crew

A Novice crew is one in which no rower has rowed in any competitions for the three years prior to October of the current year, and have no competitive points as defined by British Rowing. Exemptions are on an individual basis and at the discretion of the Erg Competition Presidents. Please contact us if this is applicable to members of your crew.

All decisions (including disqualification of competitors) are final and at the discretion of Queens' College Boat Club and The Erg Competition Presidents.

The Erg Competition Presidents

Samuel Amey and Anna Feest (qcbc-ergs@srcf.net) are the Erg Competition Presidents for 2020

Please contact us with any queries you may have.

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Terms & Conditions

We understand that our participation in this event involves risks of bodily injury, including stroke, paralysis, heart attack and death, as well as loss or damage to property. Our decision to participate in this event is made by us in full recognition of those risks and is entirely voluntary.

We agree to follow the social distancing guidelines set out by the QErgs Presidents as well as to follow the guidelines in place in our boathouse, college or other location from which we are competing. We understand that failure to do so could put other people's lives at risk.

We agree for ourselves, our executors, administrators and assigns to hold harmless Queens' College Boat Club, Queens' College, Concept II and their respective directors, officers and employees, representatives, agents, successors, and assigns from all reasonable liability on account of injury, illness, loss, claim or damage to our health, well-being or property on account of our participation in this event.

In addition, we hereby give permission to the event organisers and their representatives, employees and agents to take photographs and videos of us during the event and hereby release claim to such photographs and videos.

We allow our email addresses to be used to send emails detailing results and information after the event, and to be passed on to GB rowing selectors to contact athletes with potential to be trained to GB standards. We also agree that the sponsors of the competition may contact us via email for recruitment or advertising purposes. Furthermore, we agree that our race information, submitted on entry and gathered during the competition, can be passed onto third parties such as CUBC and CUWBC, and that such parties may contact us via email for recruitment or advertising purposes.

We also certify that in keeping with the nature of the aforementioned competition, that we satisfy the definition of novices, as set out in the race rules.

(to be completed after crew entry)

Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

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Signed:

Name:..... Date.....

Signed:

Name:..... Date.....

Crew Name:

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College:

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Division:

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Please make sure this is completed BEFORE the event. You must submit one of these sheets for EVERY crew that you enter.