



## Fat Liberation Circle Agenda & Minutes [2024]

### Círculo de libertad gordo Agenda y Minutas del Círculo [2024]

Aim(s)	Advance governmental and institutional policies that: <ul style="list-style-type: none"> <li>• Build on cultural values around food and eating</li> <li>• Acknowledge that weight stigma and discrimination place people in vulnerable conditions</li> <li>• Integrate culture, agriculture, nourishment, and wellbeing</li> </ul> Review: 1/31/24
Domain	<ul style="list-style-type: none"> <li>• Identifying policy priorities related to size based discrimination</li> <li>• Planning and promoting policy advocacy opportunities related to size based discrimination</li> <li>• Spreading awareness about the relationship between size based discrimination and food systems in the Food Policy Council and Hampshire County</li> </ul> Review: 1/31/24
Parent circle	Food Policy Circle
Sub-circles	
Circle folder	📁 Fat Liberation Circle / Círculo de libertad gordo
Key links	<a href="#">Stipend Tracking</a> <a href="#">Circle Membership form</a> <a href="#">Translation form</a> <a href="#">Updates and News Submission form</a> <a href="#">FPC Circle Structure</a> <a href="#">MANIFESTO!</a> SBD Research -  Size Based Discrimination Policy
Translator support	Julian Sieser at <a href="mailto:juliansieser@gotittranslation.com">juliansieser@gotittranslation.com</a>

## Partners & Roles - Socios y funciones indicate **end** of term (YYYY-MM)

Nombre del Socio Partner Name	Roles del Círculo Circle Roles (YYYY-MM)	Roles Operacionales Operational Roles (YYYY-MM)	Roles de Vínculo Superior Uplink Roles (YYYY-MM)
Alexandra Mello			Delegate (1/31/25)
Kia Aoki			

Caitlin Marquis	Facilitador/Facilitator (1/31/25)		Coordinator (1/31/25)
T Sogoba	Blurber/Yapper		

## Backlog

You can sort this table by any column with Format > Table > Sort ascending

Due Date	Priority	Description/Descripción	Desired Outcome	Prepared?	Holder
Jan 31	!! ▾	Role performance review	Decide ▾	No ▾	Caitlin
Oct 30	!! ▾	Delegate Blurb for Newsletter - "Did you know???"	Decide ▾	Yes ▾	TBD
Ongoing	! ▾	Sharing our own stories <ul style="list-style-type: none"> <li>• Storytelling connection-How would we want to use Storytelling as a resource?</li> <li>• Getting to know each other better-Do we want to build this into each meeting as we're coming together as a circle?</li> <li>• Getting to know each other's stories more, as well as others in the FPC (combines our stories and asks for others in the FPC)</li> </ul>	Understand ▾	No ▾	Caitlin
Ongoing	! ▾	Learning together as a circle <ul style="list-style-type: none"> <li>• Ground rules for convos we have in this space - not sharing personal stories beyond the circle</li> <li>• What is our shared language?               <ul style="list-style-type: none"> <li>◦ Asset based</li> <li>◦ What language we want to increase/decrease</li> <li>◦ Yes AND</li> <li>◦ History around diet culture, capitalism, American Heart Association- all related to systems of power, who's in power, who has control, who has money. Illuminating how these systems impact all of us through federal nutrition guidelines (at the very least) raises the interconnectedness of this topic with so many other topics.</li> </ul> </li> </ul>	Explore ▾	Yes ▾	All
March 30, 2025	! ▾	Review manifesto and develop glossary	Decide ▾	Yes ▾	TBD
Ongoing	! ▾	Introducing what we are learning as a circle to the FPC <ul style="list-style-type: none"> <li>• Look at what the beliefs in our manifesto are informed by and invite FPC to a webinar or dialogue series</li> <li>• Looking at science, data, history (how capitalism is linked to thinness and health)</li> </ul>	Explore ▾	Yes ▾	All

Due Date	Priority	Description/Descripción	Desired Outcome	Prepared?	Holder
		<ul style="list-style-type: none"> <li>How to have a trauma informed convo about this for FPC</li> <li>Food Therapy podcast talks about intersection with mental health;</li> <li>Communicating that this effects everyone; how not to perpetuate harmful beliefs</li> </ul>			
Ongoing	!	Advocacy areas <ul style="list-style-type: none"> <li>Advocacy around adaptations of the GusNIP program- what types of criteria are used to allow people into the program</li> <li>Conversations around BMI</li> <li>History, harm it has inflicted - connection to Produce Prescription here too</li> <li>Size Based Discrimination advocacy agenda, campaign strategy, and calls to action</li> <li>Fat positive certification for businesses and institutions</li> </ul>	Explore	Yes	All
Ongoing	!	Healing <ul style="list-style-type: none"> <li>Helping other people heal from internalized fatphobia</li> <li>Alternative New Years Resolutions! Alexandra: Maybe a good idea for the newsletter and a way to introduce the work of the circle?</li> <li>Bingo sheet?</li> <li>personal /collective/systems healing</li> </ul>	Explore	Yes	All
November 30, 2024	!	Membership/recruitment	Explore	Yes	
Ongoing	!	Onboarding discussion	Explore	Yes	
	!	Continue the conversation about prioritization	Understand	Yes	

## Index of Meetings/índice de reuniones

January 04  
Date

-----**Meetings/Reuniones**-----

For a new meeting, copy the **Meeting agenda & minutes** template and paste it below this line  
Para una nueva reunión, copie la plantilla Agenda y actas de la reunión y péguela en la línea debajo de esta.

Jul 1

### Meeting agenda & minutes - Agenda y actas de la reunión

Location

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJJDZUFQeUdpdz09>

## Ubicación

Time Hora	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<p><b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> Caitlin <b>Delegate/Delegado:</b> Alexandra</p> <p>→ <b>Other members/Otros miembros:</b> T, Kia → <b>Guests/Invitados:</b> Steven (scribe) →</p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <p><b>Next meeting date/Fecha de la próxima reunión:</b></p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
0:13	2	<p><b>Decide</b> Consent to agenda - Consentimiento a la agenda</p> <p><b>Summary of today's proposed agenda</b></p> <ol style="list-style-type: none"> <li>1. Action items accountability</li> <li>2. Brief reports</li> </ol>
0:13	0	<p><b>Understand</b> <b>1. Action items accountability</b> (noted from previous meeting, check off if done)</p> <p><input type="checkbox"/></p>
0:15	5	<p><b>Understand</b> <b>2. Brief reports: key highlights or issues</b></p> <p><b>Parent circle report</b> <b>Capacity Building (Alexandra)</b></p>
0:20	10	<p><b>Explore</b> <b>3.</b></p>

Understand ▾ 4.

Understand ▾ 5.

1:10 5 **Explore ▾ Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

1:15 5 **Explore ▾ Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

1:20 10 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?

1:30 **END** Scribe:

- a. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.  
[foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)
- b. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Jan 13

## Meeting agenda & minutes - Agenda y actas de la reunión

**Location** <https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>  
**Ubicación**

Time Hora	Min.	Topic - Tema
--------------	------	--------------

11:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
-------	----	---

11:40	3	<b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b>
-------	---	---

**Attendance:** (important to track when stipends depend on attendance) (identify via ~~strikeout~~ members who are absent)  
(importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)

**Facilitator/Facilitador:** Caitlin **Scribe/Escriba:** Steven **Coordinator/Coordinador:** Caitlin  
**Delegate/Delegado:** Alexandra

→ **Other members/Otros miembros:** T, Kia

→ **Guests/Invitados:** Steven (scribe)

→

**Duration - Duración:** 60 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)

**Minutes - Minutas:** (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)

**Information - Informació:** (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)

**Next meeting date/Fecha de la próxima reunión:**

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

11:43 2 **Decide** Consent to agenda - Consentimiento a la agenda

**Summary of today's proposed agenda**

1. Action items accountability
2. Next steps
3. Backlog review
4. Check-out

11:45 1 **Understand** 1. Action items accountability (noted from previous meeting, check off if done)

☐

11:46 15 **Explore** 2.

12:00 15 **Explore** 3.

12:15 5 **Explore** **Next Steps** (add to next meeting's action items checklist or agenda)  
a) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

12:20 5 **Explore** **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

12:25 5 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?

- 12:30 **END** Scribe:
- c. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos:  
[foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)
  - d. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Dec 16

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
11:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
11:40	3	<p><b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> Caitlin <b>Delegate/Delegado:</b> Alexandra</p> <ul style="list-style-type: none"> <li>→ <b>Other members/Otros miembros:</b> T, Kia</li> <li>→ <b>Guests/Invitados:</b> Steven (scribe)</li> <li>→</li> </ul> <p><b>Duration - Duración:</b> 60 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>- Healthy Hampshire CES Potluck 3-5PM at CES Holiday Festivities</li> <li>- Serge Communities worth fighting for 6-9 First Churches Northampton, tonight, Dec. 16th <a href="https://www.instagram.com/p/DDYURyfPJPZ/">https://www.instagram.com/p/DDYURyfPJPZ/</a></li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión:</b> Jan. 13th, 2025</p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
11:43	2	<div>Decide ▾</div> <p><b>Consent to agenda - Consentimiento a la agenda</b></p>

### Summary of today's proposed agenda

5. Action items accountability
6. Size Based Discrimination hearing teach-in
7. Discuss Kristen's Idea
8. Next steps
9. Backlog review
10. Check-out

---

11:45 1 Understand ▾ **1. Action items accountability** (noted from previous meeting, check off if done)

☒ SBD Hearing teach-in

---

11:46 15 Explore ▾ **2. Size Based Discrimination Hearing Teach-in**

Round

T - Appreciated, the stories people told, two specifically, one woman gaining weight going to doctors, doing jumping jacks and been told "Look how easy", really frustrated me and hit home. It's absolutely insane. Luckily I haven't had issues with doctors, historically black folks and families and doctors have a checkered history. Another thing was a man not being able to become a police officer because he was too fat, police inherently anti-black, goal isn't to make police more inclusive, politics are intersectional, hard to coalesce.

Alexandra - Part for me that feels easiest to not have to debate with people is the part Caitlin pointed out, that woman went on the whole rant, and was asked if they should be discriminated against, and they said no. That could be a place for the FPC to start the conversation, that would be good common ground. If we move forward with this work, I've never gotten proper medical care due to discrimination, whole live I've been told "eat less, exercise more" but have legitimate health issues, but still people thinking a certain body shape means a certain thing. Think if we stay with harder line, center issues, people will say "of course we shouldn't be discriminated against", that's where we get people on board, but when you get into the morality on it, becomes more of a convoluted discussion. That's why I like Kristen's idea, how do you address all the issues people care about. Think places like Bombix, liberal places, we can start there. It's such a taboo issue that people tend to say nothing or be toxic. We don't have the conversations about being discriminated against by doctors and loved ones, etc.

Caitlin - Interesting takeaways, demonstrates how far reaching these convos can get, we're talking about pretty fundamental rights for people. What you're talking about reminds me of healthy fatty thing, conversations about "its fine to be in that body" and it should be "fine to be in your body, period, full stop". Thing that struck me is how many areas this issue touches. Shows up in travel, clothing, healthcare space, employment, in just social interactions. Feel like I'll be in this group and talking to people and feel like the conversation is changing, then go on reddit and see people being pedantic about weight loss. It is a good reminder, like what are we actually fighting for here? It is okay for people exist in their body, it's a basic human right.

Alexandra - We're so engrained and shamed that if you're called fat, that you're worthless or not desirable, really shows up in employment as well. There's a question of where you can perform the job or be accommodated. My brother had a knee injury and couldn't even go to the police academy. How do we ask for workplace accommodations when you can't stand for too long without pain, etc? Someone can look larger but be healthy underneath that, and still be discriminated against. It's that constant advocate thing, it

---



---

wouldn't be a conversation about should you be given that right, but a conversation about being given conversations. That's one of the ways the paradigm shifts, people are afraid of being sued. In the FPC how do we frame the discussion about healthism and body size discrimination and low income people and what they should or shouldn't eat, we could really craft a powerful narrative.

T - (Been nodding my head, snaps to everything)

Caitlin - Alexandra do you wanna do the next teach in on the 13th?

Alexandra - Maybe I can share some research and we can have more of a topic discussion about healthcare and experiences positive and negative, something I'm struggling with myself and I think we can learn to be better advocates for ourselves. Don't want to bring a lot, statistics are skewed, willing to delve in though

Caitlin - if you wanna do that just send an email with an outline of what you want to discuss. Check this website, she does a lot of work with fatness and healthcare  
<https://danceswithfat.org/>

Alexandra - I'll check that out and send something the week before? (Caitlin - yeah that's great)

---

12:00

15

Explore ▾

### 3. Discuss Kristen's idea

*"Alexandra and I have been building a relationship with Bombyx Center for Arts & Equity and the Florence Congregational Church. I was thinking about the possibility of screening Aubrey Gordon's new documentary called Your Fat Friend at Bombyx next year! I remember talking about wanting to raise awareness about fat liberation and start to build fat community in western MA, and this could be a cool way to do that. Bombyx has a large reach with their events, which is why I am thinking about a partnership with them. Also, I have no idea how they deal with proceeds from the events they hold, but maybe it could raise some money for the FPC as well if we charged a small admission fee or maybe sliding scale.*

*I would be able to support something like this on a high level - helping to make the connection with Bombyx and some planning...I wouldn't be able to coordinate the details. Anyway, it is a thought to consider! Let me know if you want to talk more about the idea."*

Round

Alexandra - I think before we go anywhere we have to find out about screening rights, if we can't get screening rights or its prohibitively expensive then we can't move forward. If we do it as a fundraiser with a sliding scale, if we don't have to pay anything and it's a fundraiser, that could be okay, but that's different than a community discussion. Don't know if the main congregation space is a good place to view a film. Logistics concern me, how do you moderate a discussion afterwards with a large group afterwards. Think that people would be less willing to speak up and discuss in a larger crowd. Like the idea, just don't know how to facilitate a discussion and keep it safe. That lady took over and bombed our discussion.

T - No questions

Caitlin - Also have a question about money, looks like you can book a community screening, no mention of cost, curious about that. Thinking that, Bombyx has an email list, but hardest part is promotion, so are we up for the promotion, how much are we willing to take on, example Bigger Boston Bodies has an instagram, we could get them to post on socials. The actual hosting of the screening, we could think about discussion, a panel, big question though is are we up for the promotion?

Alexandra - Did you watch it at your house Caitlin? (Caitlin - never happened) How many running minutes? I hate going to things where there's no time for discussion, kind of a bummer. (Caitlin - hour thirty six) That's perfect. I like the idea, and if Bombydx is a good partner, like Forbes has a good space, but can we get people to come? If this wasn't a go there, if we had the screening rights, thinking about other spots we could do a similar event?

T - We could always do small groups or share outs for discussions. We could also set up a panel and do that too. Good idea, promoting it would be hard, what else would we need to do for promotion? We'd need to figure out what we're discussing, who's facilitating, etc?

Caitlin - This is an interesting thing, I'd like to talk to other folks who've done this and how much of a heavy lift it is. I know some other folks who've done this, I'd want to know what we're getting into before we say yes. Not too worried about it being too big of a group, understand what you're saying Alexandra about folks feeling safe and to share their feelings, and I hear you T about breaking out and doing small groups. What I'm saying it's for the purposes of consciousness raising, so a good strategy is getting as many people as possible, could be a big lift to do so with a small group of people.

- 
- |       |   |  |
|-------|---|--|
| 12:15 | 5 | <a href="#">Explore ▾</a> <b>Next Steps</b> (add to next meeting's action items checklist or agenda)   |
|       |   | a) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)   |
|       |   | <ul style="list-style-type: none"><li>• Talk to Heather Warner, if they've done these screening and how heavy of a lift they are</li><li>• Follow up with Kristen and see if she has answer about promotion and how heavy of a lift they'll be</li><li>• Check in on screening costs</li></ul> |
- 

- |       |   |  |
|-------|---|--|
| 12:20 | 5 | <a href="#">Explore ▾</a> <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) |
|-------|---|--|
- 

- |       |   |  |
|-------|---|--|
| 12:25 | 5 | <b>Closing round - check-out Ronda de cierre - Despedida</b>   |
|       |   | <ul style="list-style-type: none"><li>• What worked well for you in today's meeting? What would you do differently?</li><li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li></ul> |

- |       |            |   |
|-------|------------|---|
| 12:30 | <b>END</b> | Scribe:<br>e. <a href="#">Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros</a> |
|-------|------------|---|

y funciones del círculo, creación de subcírculos o términos.:

[foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)

- f. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Nov 13

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
11:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
11:40	3	<b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b>  <b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes) <b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> Caitlin <b>Delegate/Delegado:</b> Alexandra → <b>Other members/Otros miembros:</b> T, Kia → <b>Guests/Invitados:</b> Steven (scribe) → <b>Duration - Duración:</b> 60 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)  <b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)  <b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)  <b>Next meeting date/Fecha de la próxima reunión:</b> 11/20, 11/27. 12/4, something else?  (Do we want to keep doing the 2 hours fat lib/cb meeting or do we want to split them?) T - could switch as needed (Sometimes 12:30 - 3, sometimes before 1) Alexandra - Too many meetings for me, Mondays are better(?) Can do 1/3rd 2 hour tuesdays Kia - Available (Mondays I meet with Kristen and do paperwork, but can be flexible) Caitlin - Can pretty much do any time on Mondays (also could do 1/3rd tuesdays)  1:30 - 3:30PM Monday, Dec 2nd, every other Monday <b>CONSENTED</b>  <b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b>

11:43

2

Consented

Consent to agenda - Consentimiento a la agenda

### Summary of today's proposed agenda

11. Action items accountability
12. Review and next steps for newsletter blurb
13. Prioritize/delegate backlog
14. Next steps
15. Backlog review
16. Check-out

---

11:45 1 Understand ▾ **1. Action items accountability** (noted from previous meeting, check off if done)

☒ I will bring a draft of a newsletter blurb for the group to review

---

11:46 14 Decide ▾ **2. Review and next steps for newsletter blurb**

Blurb:

*We're back up and running after some much needed rest. Allow us to reintroduce ourselves - we're the Fat Liberation Circle (Fat Lib for short)!.*

**We focus on an aspect of food justice that is often overlooked - discrimination, stigma, and systemic oppression based on body size.** We believe that all people deserve dignity regardless of their body size, shape, color, or abilities. Check out our [manifesto](#) to learn more about our values.

We're still figuring out what our work will be this year, so if you're interested in planning with us (or want more info) email our coordinator/facilitator, Caitlin Marquis, [caitlin@taprootembodied.com](mailto:caitlin@taprootembodied.com).

Questions/reactions:

- Alexandra - Sounded great
- Kia -It looks fine
- Caitlin - Think it looks great, kind of forget what its for, maybe recruitment, let people know what we're about

**CONSENTED**

---

12:00 15 Decide ▾ **3. Prioritize/delegate backlog**

- Storytelling
- Learning opportunities for full FPC
- Public policy advocacy
- Institutional policy advocacy
- Facilitating healing from anti-fatness

Kia - Something I want to change the narrative around; One of the things I care about a lot is messaging, I think about the health connection between fatness and health isn't always correct, that weight equals not healthy, which isn't always correct. I want to find a narrative that clarifies that messaging, and how do you get the medical community to be honest about that. Cause even if you go to a doctor and you're 30 pounds overweight they'll say "hey you gotta lose weight"

Caitlin - Who do you want that messaging to be to

Kia - The general public, everybody. I don't want to lecture a specific group of people but a positive message that can be publicly available for everyone to access

---

Caitlin - What do you think the format would be for that

Kia - I don't know, there could be a million ways

Caitlin - so maybe an addition to the list, public discourse?

T - sorry - I said my #1 was learning opportunities

Caitlin - No matter where we decide to focus, I'd like to see us be a nimble apparatus to be able to focus on anything, like if anything happens with the size based discrimination bill I want to be ready to jump on that. I guess I want to hold that as a priority to come in on if it comes in, even if there isn't a priority globally for us at the moment. One thing I'd love to explore is how to call attention to things in the valley that are doing fat friendly things, like places having chairs that are big enough for large folks to sit in. I'd love to talk to Tigress to see if anywhere else in the country has been doing that kind of thing. I'd like to partner with my health matters fitness because they're very fat friendly and something I'd like to model after.

Alexandra - Learning opportunities for the FPC first and facilitating healing from anti-fatness, seems like that would be a good place to focus our energy. In conjunction with that, friendly places, friendly business, is all a part of the healing. And after everything we've seen in the FPC between false narratives and healthy eating and body size, so much discrimination that takes place we can continue that under the facilitating healing. When policy needs arise the circle can shift focus to that.

Caitlin - sounds like two areas of focus emerging, one would be how we're messaging what were doing to the FPC and how does that ripple out to the broader community, and sounds like Kia and I are interested in institutional policy stuff, and the conversation about being ready to respond to public policy calls to action. I'd love to continue this conversation at our next meeting and talk about how we divide up this work, how to move things forward and get things done.

*Added to backlog*

12:15	5	<b>Explore</b> ▾ <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión) <ul style="list-style-type: none"><li>• Teach-in topic for next meeting- who and what?</li></ul>
12:20	5	<b>Explore</b> ▾ <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"><li>• SBD Hearing teach-in</li><li>• Review FPC group agreements</li><li>• Project planning</li></ul>
12:25	5	<b>Closing round - check-out</b> <b>Ronda de cierre - Despedida</b> <ul style="list-style-type: none"><li>• What worked well for you in today's meeting? What would you do differently?</li><li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li></ul>
12:30	<b>END</b>	Scribe: <ul style="list-style-type: none"><li>g. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li><li>h. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li></ul>

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDF0bnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
11:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
11:40	10	<p><b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> Caitlin <b>Delegate/Delegado:</b> Alexandra</p> <p>→ <b>Other members/Otros miembros:</b> T, Kia → <b>Guests/Invitados:</b> Steven (scribe) →</p> <p><b>Duration - Duración:</b> 60 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>- Story Circle, Abundance Farm, Wednesday, Oct 30th 6-7:30 Fire, optional potluck, all invited!</li> <li>- NAAFA Southwest petition: <a href="https://naafa.org/southwest">https://naafa.org/southwest</a></li> <li>- NAAFA call for board members: <a href="https://naafa.org/boardsearch?sm_guid=ODE1NDU4fDc5MTk1ODc0fCoxfGNhaXRsaW5AdGFwcm9vdGVtYm9kaWVkbmNvbXw3NTM3Mzg2fHwwfDB8MjMoNDQ3OTAofDEXMTZ8MHwwfHw4MTAzOTZ8MA2">https://naafa.org/boardsearch?sm_guid=ODE1NDU4fDc5MTk1ODc0fCoxfGNhaXRsaW5AdGFwcm9vdGVtYm9kaWVkbmNvbXw3NTM3Mzg2fHwwfDB8MjMoNDQ3OTAofDEXMTZ8MHwwfHw4MTAzOTZ8MA2</a></li> <li>- Soft Belly, Open Heart: <a href="https://www.facebook.com/share/jUwRBxe7gUEUNKf7/">https://www.facebook.com/share/jUwRBxe7gUEUNKf7/</a></li> <li>- River Valley meeting tonight about Apartheid Free Co-op campaign</li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión: 11/13/24</b></p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p> <p><b>Samhain excerpt from the Wheel of the Year book</b></p>
11:50	2	<p><b>Consented</b> <b>Consent to agenda - Consentimiento a la agenda</b></p> <p><b>Summary of today's proposed agenda</b></p> <ol style="list-style-type: none"> <li>1. Action items accountability</li> <li>2. Brief reports</li> </ol>

3. [Disability Visibility](#) podcast discussion
4. Delegate to write newsletter blurb
5. Next steps
6. Backlog review
7. Check-out

---

11:52      1      Understand ▾      **1. Action items accountability** (noted from previous meeting, check off if done)

- ☒ Review manifesto before next meeting
  - ☒ Listen to disability/visibility podcast
  - ☒ Caitlin will send reminder to listen to podcast
  - ☒ Invite JuPong (T will do this)
  - ☐ Kia and Steven will try to find that documentary segment (Tigress Osborne)
- 

11:53      5      Understand ▾      **2. Brief reports: key highlights or issues**

**Parent circle report**  
**Capacity Building (Alexandra)**

---

11:58      15      Explore ▾      **3. [Disability Visibility](#) podcast discussion**

What were your initial reactions?

They talk a lot about fatness intersecting with other identities - how do you think your other identities intersect with your fatness/understanding of fat justice ?

Kia - The way I see fatness intersect with my identity is really challenging mainly because of the environment that I come from in my youth since I was closely aligned to the fashion industry, hair and clothes etc, so I always identified as a thin person cause I was until I got older. So it took a long time to become comfortable with my identity, it's been challenging. First thing I thought of was that background, when everyone had to be skinny.

T - I loved listening to this podcast, dope, especially appreciated the section on fatness in community, because that's so important. There's such a stereotype of being a fat friend and going to the mall and everyone being able to try clothes on but you. Everyone should be able to wear each other's clothes and helps makes you feel normal, like I'm not crazy, other people are my size, and it's also a point of healing. One way my family started to americanize was being fat-phobic, and I've always been bigger than my siblings due to steroids, etc. Esp because I'm black, blackness is also rootness in fatness and vice-versa, it's influenced a lot of the way I grew up. I used to be quiet because people always told me I was too loud, I used to be a quiet little kid. People disrespect me to my face, if I was light skinned, and skinny, and not black? Would be very different.

Alexandra - Reminded of Patrilies work of making connections through history, personalities, how they were developed, cultures, etc. I was surprised by some of it, hearing that in alternative communities that fatness is still prejudiced against, exclusionary. Feels like there's a lot of pushback still, and the importance of the movement is as important as ever. I would also like to do more advocacy in the area of bodies that are different medically and discrimination with fatness around

---

---

that. You need a community for support to do this work and you need to have your facts is what I came away from this with.

Caitlin - Really resonate and feel really deeply with what everyone is sharing. Feel a lot of grief in my center and in my body that so many of us have these experiences and yet that experience hasn't led to change, just led to reiterating the shaming and the blame and all the horrible stuff rooted in white supremacy. I guess one thing as T knows, thinking a lot about organizing strategy, the thing that kind of like dinged for me this time I listened to it, the person from fat rose (Alex or something) was saying they were trying to organize people, and as far as I can tell they're not really organizing people strictly speaking but more just educating people, which is just a step. It's another thing I feel grief around, feels like the systems and structure coming together around these issues are not there. I'm guessing it's so hard for people to get the funding around the work because of the stigmas. And also how does my identity intersect with my identity around fat justice, just thinking about the women in my family who are almost all naturally fat, which all tend towards fatness, think especially about my moms family where it's an example where white supremacy culture plays out. My mom has this one sister that everyone is trying to be, which is just sad, one of the reasons she holds all this influence is because she has been able manage her weight throughout her life. There is no liberation without fat liberation, same with disability justice. Leaves me with the question, how do we go on talking about it? How do we ground and activate, and create the structures that reinforce? NAAFA's trying to create this structure of organizing without a backbone.

Alexandra - When you look back at picture and realize they're generational, and around organizing, I feel like there's two parts in our circle that's ongoing. It's wellbeing and advocacy work. We don't have a balance, it's high burnout and it's also really emotionally triggering for people.

Caitlin - in talking about advocacy work or organizing work, it does get left out, how do people stay in the work, how do we get them to stay? They're part of the same thing, we need both.

---

12:13

8

**Decide ▾ 4. Delegate to write newsletter blurb**

Alexandra Mello

12:22 PM

I think something for the newsletter trying to get a few more circle partners would be a good idea.

Caitlin - as I understand it, the responsibilities of this role would be to figure out a submission to the newsletter based on resources we've already aggregated, to bring back whatever is written to this group for editing and revisions, etc. Anything else that needs to happen in this role?

*Quick written round*

Caitlin Marquis 12:25 PM

Good writer, understands FPC communications systems well, can motivate people to action

Kia Aoki 12:25 PM

Able to make the point succinctly

Alexandra Mello 12:25 PM

Someone that has the capacity, likes to write, understands the needs/ goals of the circle

Talya Sogoba 12:25 PM



can communicate effectively

### Nominations

T - T

Kia - Caitlin

Caitlin - Kia

Alexandra - Caitlin

T - I figured I could do it lol. I already do the physical newsletter, and I do care about fat lib

Kia - I chose Caitlin because she's really good about communicating her thoughts and feelings on this issue

Caitlin - I nominated Kia because I know she likes to write and was curious if there was going to be a specific role you'd be able to fill in this circle

Alexandra - nominated Caitlin, because you're coordinator and facilitator you really know the circles aims well, and you'd be able to put it into a succinct little article really well, people probably forgot about us, so I think you'd be a great person to remind them

### Change Round

Caitlin - T

Kia - T

T - T

Alexandra - Caitlin

Proposal - T does it with Caitlin as an accountability partner **CONSENTED**

12:21	2	<b>Explore</b> ▾ <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión) <ul style="list-style-type: none"><li>• Bring something to the next meeting to look at for the newsletter blurb</li></ul>
12:23	2	<b>Explore</b> ▾ <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"><li>• Recruitment and how we want to handle that</li></ul>
12:25	5	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"><li>• What worked well for you in today's meeting? What would you do differently?</li><li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li></ul>
12:30	<b>END</b>	Scribe: <ul style="list-style-type: none"><li>i. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li><li>j. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li></ul>

Oct 21

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDF0bnBtUHdQdDJkZUFQeUdpdz09>

Time  
Hora

Min.

Topic - Tema

1:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
1:40	10	<p><b>Reminder to fill out <a href="#">Circle Partner Stipend Form</a> (monthly) and <a href="#">Supplemental Stipend Form</a> (as needed)</b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> Caitlin <b>Delegate/Delegado:</b> Alexandra</p> <p>→ <b>Other members/Otros miembros:</b> T, Kia → <b>Guests/Invitados:</b> Steven (scribe) →</p> <p><b>Duration - Duración:</b> go minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>- Story Circle, Abundance Farm, Wednesday, Oct 30th 6-7:30 Fire, optional potluck, all invited!</li> <li>- Sunday, Double Edge Theatre, Community Day, 1-4pm</li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión:</b> <b>Oct 30th, Wed, 11:30am</b></p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
1:50	2	<p><b>Consented</b> <b>Consent to agenda - Consentimiento a la agenda</b></p> <p><b>Summary of today's proposed agenda</b></p> <ol style="list-style-type: none"> <li>Action items accountability</li> <li>Brief reports</li> <li>Understand: New stipend policy affect on this circle</li> <li>Decide: Backlog review and prioritization</li> <li>Decide: Teach-ins, cont.</li> <li>Next steps</li> <li>Backlog review</li> <li>Check-out</li> </ol>
1:52	1	<p><b>Understand</b> <b>1. Action items accountability</b> (noted from previous meeting, check off if done)</p> <p><input checked="" type="checkbox"/> Caitlin— Reach out to T about all these decisions and letting them know that we can have a capacity building meeting and scheduling that, create agenda!</p> <p><input checked="" type="checkbox"/> Put clearing the backlog on the backlog</p>
1:53	5	<p><b>Understand</b> <b>2. Brief reports: key highlights or issues</b></p>

---

**Parent circle report**  
**Capacity Building (Alexandra)**  
- Hasn't met, like ever (no report)

---

1:58

10

**Understand ▾ 3. New stipend policy affect on this circle**

Caitlin is facilitator and coordinator for this circle, so would be 200\$ total, (100\$ per role)

Alexandra - Is there a review date? Let's see how you feel doing this going forward

Caitlin - I just really care about the work of the circle but I don't want to hoard resources

Alexandra - Funding runs out December so it's not or long, should we think of a review date?

Caitlin - the review date was on Jan 31st, which was some time ago, (T - we must have done something because we made you coordinator somewhat recently) (Alexandra - I was coordinator but then stepped out of the role) Let's set a review date now (Alexandra - Some time in Jan?) I'll do both review dates Jan 31st, 2025 (For fat lib and cap. building)

Alexandra, you're the delegate, so same review date for that? (Alexandra - Sure) Then I will request 200\$ worth of stipend until the review in Jan. Cool.

---

2:08

20

**Decide ▾ 4. Backlog review and prioritization**

Caitlin - if we don't remember let's take it off the backlog. Consent? **(CONSENT)**

Alexandra - Are we reviewing it to see if we should do it next time or just to clear it out?

Caitlin - We're reviewing it to remind ourselves what they are, or clear them out if we don't care about them anymore, update dates and prios, etc.

(Blurb for newsletter)

Caitlin - I think we wanted to do fat lib facts, did we still want to do that?

T - Yeah I think we should use it for social media too. We can submit it as part of our updates and make sure it's used for social media

Caitlin - maybe we should make it a delegated blurb, so we can put it on the backlog and figure it

Alexandra - Does someone have a resource for it?

T - We could use a fat lib fact resource, it's somewhere in a folder

Caitlin - does someone feel really excited to work on this? We could delegate it now? If no one's jumping on it now, then we're gonna have to have a convo next meeting about how it gets done

Kia - One of the things I've written in my role description that I wanted to do was organize ways to get all these little details done. If I get the role, then I'll make a thing that organizes these little

---

details. For every circle, not just one circle. The reason I wrote what I wrote is because there are all these things that need to happen but no one's ever sure how it happens, so I'd just put it in one place because I know how to get it done. This is one of those things that if it's something that needs to happen then I can just do it. So if I get the role tomorrow then I can just do it

T - also submissions is technically the job of the scribe but the scribe who is a scribe for many circles, should it stay that way?

Caitlin - Either way I think as a circle we should look at it and decide together

Alexandra - I think that someone who's familiar with the folder should probably do it

Caitlin - we should all be familiar with the folder

Alexandra - where is the resource then is what I'm wondering

T - fpc folder, I'll move it to capacity building

[https://docs.google.com/document/d/1YWtJ0f12m4j45sa45K-1MTk\\_LmYfQIJdMBgXbYxg7TQ/edit?usp=drive\\_link](https://docs.google.com/document/d/1YWtJ0f12m4j45sa45K-1MTk_LmYfQIJdMBgXbYxg7TQ/edit?usp=drive_link)

Caitlin - Really, anyone can do this, it's more are you excited to do a research project? If not then we should discuss further, because if you aren't then we don't get anywhere. You don't even have to use any of those resources, you could use chatGPT.

Alexandra - There's stuff in Patrilie's presentation that we may lose access to soon

Caitlin - let's take a look next meeting, we'll talk about how this is gonna get done and who's gonna do it. We're just going through the backlog right now, we don't need to propose anything

#### **(Sharing our own stories)**

Caitlin - sounds like this is just building storytelling into each meeting, is this something that still feels important? A lot of this stuff is just brainstorming things we thought about and just got put into the backlog.

Alexandra - I'm interested, after what we did with Patrilie, we have very little understanding of what we're doing locally, I could see that with how many of us have been in storytelling that we could use some of those skills to forward the work.

Caitlin - then I think that it would be for me to think about how to keep put storytelling on the agenda (Alexandra - We could experiment with storyshare, and we could talk about putting it on the agenda, opening up to other community members to share their stories, I would work on that with you in the future if you want)

#### **(Learning together as a circle)**

Alexandra - We've had a diversity of people in this group, I think we wanna have shared language and comfortable language

---

Caitlin - Plus we have the manifesto so there's a lot of shared language there. I think this is on all of us, make sure we're holding each other accountable in this space, if something feels off then speak up and say "this language lands weird with me" and talk about it, that kind of thing

Kia - I got nothin in this moment

T - Feel like it can be relevant when we talk about actual terms that matter, but we don't necessarily don't need to go into semantics, but some terms are relevant as far as power dynamics etc.

Alexandra - We could have a glossary of terms we could use. You taught me about the term "healthism", things like that where when you talk about it people shut down cause they don't know what you're talking about. So maybe if we look at the manifesto again that would help

Caitlin - Like the idea of developing a glossary, feels like a long term goal, we could put it for first quarter of next year, end of march? It'd be good to have someone lead that project

### **(Advocacy Areas)**

(Fat positive certification for business and institutions) Caitlin - I still really wanna do this. Overall strikes me as ongoing, taking it as it comes

### **(Healing)**

Caitlin - I feel like this, and all other things like this are brainstorming and probably good as ongoing, but I like leaving it in the backlog to refer back to

Caitlin - I feel like it's just a good reminder, there's nothing urgent at the moment, it'll be good to help us find a way to focus on

Alexandra - Seeing as we've lost two people, Kristen and Laura, finding new people

Caitlin - How does it feel to talk about it by the end of November, just kind of want to see where we end up by the end of this meeting? (Flash Consented)

---

2:28

12

### **Decide ▾ 4. Teach-in continuation and schedule**

- T - to be discussed on\_\_\_ Listen: <https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/>
- Caitlin - announce resource on\_\_\_, to be discussed on\_\_\_
- Alexandra - announce on \_\_\_\_\_, to be discussed on the week of \_\_\_\_\_.

Caitlin - T proposed this disability visibility podcast, so we've kind of had a plan that we'd each bring a teach in topic that would be announced for the next meeting, do we want to continue to do that? EXPLORE

---

Kia - So this is specifically do we want to continue teach ins? If we do them we should do them quarterly, to not have a lot of pressure about what we talk about, we have the space in between to talk about what we want to, we can open it up to the rest of hampshire county. Doing them quarterly would just make sense, it would give us time to plan, or not to do one, or whatever. But I do think having them as a thing is probably important, especially if we're gonna be teaching people about why this is an important topic

Alexandra - If I remember correctly Kristen did one, but this is internally correct? (Caitlin, yeah, internal) If we wanted to have 20 min once a month where someone presented something and it's a little more informal, I'd like to do it simplified from what Kristen did, once a month. But I Don't wanna do something where there's a huge preparation for a small circle

Caitlin - I would even say maybe we just do it as inspo strikes, like we check in at the end of the meeting and ask if anyone wants to do a teach in topic next meeting and if someones excited about something then you could link it and we could put it on the agenda for next meeting? I'd be open to Kia or Alexandras too

T - I'd be open to doing it but I don't think 20 min is long enough. I don't think the presentation needs to be long but leaving a good amount of time to talk and discuss afterwards, so maybe we don't do updates in that meeting, I feel like we don't usually have spgace to discuss in most meetings so that would be important.

Caitlin - Does anyone wanna make a proposal?

Kia - Seems like there's a bunch of things that need to happen, so I think if we have these conversations, like a mini convo about if we wanna doa teach in, is fine, but planning a teach in every meetings seems like a bit much. So what's the end goal of having these mini teach ins

Caitlin - original the end goal was so that we're all on the same page, working from the same literature, goes back to that shared language goal. You did mention it talking about it every meeting,

Alexandra - I was talking about doing a shorter version of what we were doing once a month, discussing a topic probably around 30 min

Caitlin - Feels like there's a proposal emerging

Kia - I was thinking we were talking about the large teach in that involves inviting everyone

Caitlin - Let's take that off the table that's not the topic of this particular discussion, but feels like maybe a proposal is emerging that is still outline a schedule but discuss a teach in once or twice a month. So then we could dedicate more time to it. So we'd stick with having folks know when to bring a resource, so pick something, bring a podcast or resource and share it, so we'd outline a schedule so that we'd do this once a month

Proposal: Keep a rotating schedule, do it once a month, present information (resource, podcast, etc) and share with the group and discuss (also T will still do the same podcast that's still on the docket)

T- Oct 30th

Caitlin -

Alexandra -

Kia -

Kia - I saw a documentary recently, Tigress was in it, she was in a room full of women and she was discussing womens rights and specifically fat womens rights, I'd love to find that clip and see if that's something I can share with everyone and then we can talk about it, was really cool

Alexandra - Request to coordinator that in the reminder email it's in there to remind us to listen to it?

2:40	5	<b>Explore</b> <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión) <ul style="list-style-type: none"> <li>- Review manifesto before next meeting</li> <li>- Listen to disability/visibility podcast</li> <li>- Caitlin will send reminder to listen to podcast</li> <li>- Invite JuPong (T will do this)</li> <li>- Kia will try to find that documentary segment (Tigress Osborne)</li> </ul>
2:45	5	<b>Explore</b> <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"> <li>- Delegate someone to write a blurb for the newsletter (For next meeting, OCT 30th)</li> </ul>
2:50	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"> <li>• What worked well for you in today's meeting? What would you do differently?</li> <li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li> </ul>
3:00	<b>END</b>	Scribe: <ul style="list-style-type: none"> <li>k. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos. <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li> <li>L. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li> </ul>

## Jun 17 Meeting agenda & minutes - Agenda y actas de la reunión

**Location Ubicación** <https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<b>Reminder to fill out <a href="#">Stipend Tracking</a></b> <b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes) <b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Steven <b>Coordinator/Coordinador:</b> vacant <b>Delegate/Delegado:</b> Laura → <b>Other members/Otros miembros:</b> 7 → <b>Guests/Invitados:</b> Steven (scribe) → <b>Duration - Duración:</b> go minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)

**Minutes - Minutas:** (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)

**Information - Informació:** (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)  
Trauma Informed Hampshire County is screening "Join or Die" (Based on Robert Putnam's 'Bowling Alone') : 5:00PM - 7:30PM Tuesday, June 18th, Forbes Library Community Room  
<https://wmtcinfo.kindful.com/e/tihc-film-screening-discussion-join-or-die-> Registration

Wednesday June 26th: Teach In - Storytelling for Social Change 5:30PM -7:30PM Forbes Library, Community Room

**Next meeting date/Fecha de la próxima reunión: July 1st, 10:30am-12:00pm**

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

0:13

2

**Consented** Consent to agenda - Consentimiento a la agenda

#### Summary of today's proposed agenda

16. Action items accountability
17. Brief reports
18. Select Coordinator
19. Select Delegate
20. Exploratory Round on where to go next

0:13

0

**Understand** 1. Action items accountability (noted from previous meeting, check off if done)



0:15

5

**Understand** 2. Brief reports: key highlights or issues

#### Parent circle report

**Food Policy** (Kia)

0:20

10

**Understand** 3. Select Circle Coordinator

What is the best way to make a selection, since usually the parent circle choses a temporary coordinator? Does Capacity Building have any other subcircles? We and Communications are subcircles of Capacity Building. T is coordinator for Communications. (T is being volunteered to be everything.) (Just kidding)

Kia - Coordinator needs to have some level of organization skills; be able to remember to send the email reminder, agenda, notes in the email, etc. Communicate with the facilitator to set the agenda. As long as they can do that, good.

Kristen - Would also be good for somebody who has time, to think about what the circle is doing, and how to move us towards our goals, and what we need on the agenda and how we do that. With a focus on teach in, trainings, etc.

Caitlin - Like what was said so far, add having a long term vision for fat liberation and hampshire county, be able to think about not just what's good for the circle but how it fits in to the bigger picture, having a strategic mindset about fat liberation



---

Laura - Have good organizational qualities and what Caitlin said! Representation matters, wanna see larger people, regular people

Alexandra - like what Caitlin said, this circle is different than the fpc, having a vision would be helpful, having a pulse on the needs, forward thinking, Also the emotional support in this work. Always seeing a lot of negativity out in the wild. Advocacy is as important as the care for ourselves.

Laura - Kristen  
I have a feeling

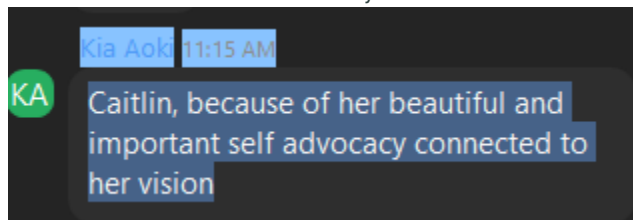
Kia - Kristen  
Because she's not scribing currently, and is amazing at being organized and thoughtful and get's their work done, would never have to worry about.

Caitlin - Caitlin  
Have a lot of vision for the group and where I want it to go and what I want to see us do. I'd be happy to have a lot of capacity building conversations with T, and was thinking everyone is very busy

Kristen - Caitlin  
Not sure but thinking that there might be overlap with consulting work she's doing and capacity building focus of our circle. Have a firm hold of the vision around fat lib, and help us stay focused on that. Organized, do a good job, know the systems and all of us, be really nice to have her in a coordinator role in the fpc for all those reasons

Alexandra - Kristen  
Always impressed that she always sees the big picture and always gets done what needs to get done. Maybe do a change around to not further burden Kristen to Caitlin

Laura - Caitlin  
You have more vision than anyone else, and knows where we should head



Proposal - Caitlin as Coordinator of Fat Lib circle

**CONSENTED!**

Understand ▾ **4. Select Circle Delegate**

What are we looking for in a delegate?

Laura - Someone who's in the capacity building circle.

Caitlin - Best thing with delegate is have a good memory, be able to remember what happens in each circle, and pass that info back and forth. One point we talked about the delegate to be the

---

person to submit thing to the newsletter, that would be awesome if they were in charge of that, in charge of info getting to where it needs to. Somebody who also is comfortable with taking on another meeting with the Capacity Building Circle.

Kia - Just remembering that you're a delegate and have to report for your circle is a big deal, it's gotta be a thing! Really like the submission to the newsletter thing, gives the delegate more to do.

Kristen - Biggest thing is someone who wants to be in the capacity building circle, cause that's the main additional work. Someone who has the time and the interest.

Alexandra - From my experience as a delegate, to really have a strong sense of what the circle is doing and also contributes. Has to be interested in the parent circle and see the vision and not just performatively read notes.

Caitlin - Impression of most of everyone is FPC commitments are keeping people very busy, Let's talk about interest or lack there of in being the capacity building circle

Kia - Have been chatting with T about joining the capacity building circle, will have time during the summer to make that good to go. Been talking about ideas and what to do, etc.

Alexandra - First circle was capacity building, good fit with a lot of my interests, and with the new role structure, would also and to be there to see what that's gonna look like. Something to do in capacity building is think about those roles and what they're doing, moving into the fall could really establish the circle

Kristen - Don't really have interest in being in the capacity building circle, but would support if there wasn't, Sounds like there is though! Think it's important to think about the mechanisms with with we support circles in their capacity building

Laura - Already in 4 different FP circles, so I'm all set!

Caitlin - Don't really have much to say. What's interesting to me is it feels capacity building as a circle has stalled, but the concept is exploding and a lot of talk and ideas have been circling around. Curious this circle is revived and maybe here are people outside of these circles would be interested

### Delegate Selection

Caitlin - Alexandra

Looks like you're looking at capacity building from a lot of different angles, and perhaps you're stepping back a bit? Also want to encourage people who are interested to not shy away from the circle either

Laura - Alexandra

Think she's very thorough and she would be a wonderful delegate

Alexandra - Alexandra

Really want to get back to capacity building, and if I have to drop circles in the future that is one I wouldn't want to drop. So being the delegate would be a bonus and also being the connection between the circles would be good. Also put a mark to revisit sept october I'd have a better idea

Kristen - Alexandra

Because you have a clear vision behind the meat of capacity building and also the policies to support other circles, (kia would do a job too)

Kia - Kia

I just wanted to do it, cause I had conversations with T and at the last teach in we talked a lot about having other people join the circle, would be a good way for me to plug in

Change Round - All Alexandra

Proposal to make Alexandra Delegate:

**CONSENTED** 🎉 🌈 🇺🇸 🥳

Understand ▾ 5.

1:10 5 **Explore ▾ Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

Caitlin - Reach out to T about all these decisions and letting them know that we can have a capacity building meeting and scheduling that, create agenda!

Put clearing the backlog on the backlog

Disability Visibility Podcast

<https://survey.alchemer.com/s3/7822114/Hampshire-Policy-Council-Spring-Teach-In-Series>  
Registration for teach ins for sharing is desired

1:15 5 **Explore ▾ Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

1:20 10 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?

1:30 **END** Scribe:  
m. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.  
[foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)  
n. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Jun 3

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time  
Hora

Min.

Topic - Tema

0:00

10

**Opening round check-in** (no notes) **Ronda de apertura**

0:10	3	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> vacant</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b></p> <p>→ <b>Guests/Invitados</b></p> <p>→</p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>• Session two of teach in: Decolonizing food systems! 3pm-5pm, CES in Northampton</li> <li>• Storytelling Exhibit begins, 5:30-730pm, Forbes Library</li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión:</b> June 17th, 2024</p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
0:13	2	<p><b>Decide</b> Consent to agenda - Consentimiento a la agenda</p> <p><b>Summary of today's proposed agenda</b></p> <ol style="list-style-type: none"> <li>21. Action items accountability</li> <li>22. Brief reports</li> <li>23. Pre Session Questions</li> <li>24. 60 hr session w/Patrilie</li> <li>25. New Parent Circle?</li> </ol>
0:13	0	<p><b>Understand</b> 1. <b>Action items accountability</b> (noted from previous meeting, check off if done)</p> <p><input checked="" type="checkbox"/> No Action Items :)</p>
0:15	5	<p><b>Understand</b> 2. <b>Brief reports: key highlights or issues</b></p> <p><b>Parent circle report</b></p> <p><b>Food Policy</b> (Kia)</p> <ul style="list-style-type: none"> <li>• Grace has joined as the intern</li> <li>• Wanted to have a conversation to advocate for the bill we chose to support with Rep. Sabadosa</li> <li>• Becca Miller from Mass Food System Collaborative could be helpful in this endeavor.</li> </ul>
0:20	10	<p><b>Understand</b> 3. <b><a href="#">Pre Session Questions</a></b></p> <ul style="list-style-type: none"> <li>• <a href="#">Pre-Planning Questions.docx</a></li> </ul> <p><b>Understand</b> 4. <b>60 min session w/Patrilie</b></p> <ul style="list-style-type: none"> <li>- Could do 11am, Mon, June 24th</li> <li>- T Will send the calendar invite</li> </ul>

**Consented** 5. **New Parent Circle? Fat Lib should be a subcircle of Capacity Building**

- Capacity building might be a better parent circle, would make sense, when we're doing policy stuff we can still team up with food policy.

Kia - Only question, since T is the sole capacity building person, is this something you want to maintain by yourself or did you want to rebuild the circle? (Def rebuild the circle) I support the proposal, don't know how we interact with Fat Lib as FPC

Alexandra - I'm in FP, don't feel like there's a link being made, the bill thought it was a good connection but since it's not being chosen to follow there's not a connection there. Always been interested in capacity building,

Laura - Don't see the FPC as educational as we want them to be, like the idea of being a sub-circle of the capacity building circle so we can focus more on education than on policy. Don't think people are moving towards policy yet, need to know about intricacies before action is made

Caitlin - Does capacity building have any other sub circles? (Communications, T is coordinator) Support, might give us a little bit more wiggle room to think about our approach. I do like policy work, but it does feel like there's a lot we'd want to be focusing on that falls outside the scope of policy circle.

T - In the future, maybe every time they have a policy plan, they team up with capacity building to make moves, to help with education, etc. Makes sense, and makes sense with the structure that we have set up. And we could always partner with other circles.

**CONSENTED**

1:10	5	<b>Explore</b> <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)
1:15	5	<b>Explore</b> <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"><li>• Administrative end of moving to be a sub-circle of capacity building</li></ul>
1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"><li>• What worked well for you in today's meeting? What would you do differently?</li><li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li></ul>
1:30	<b>END</b>	Scribe: <ul style="list-style-type: none"><li>o. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li><li>p. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li></ul>

May 20

**Meeting agenda & minutes - Agenda y actas de la reunión**

**Location**  
**Ubicación**

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

**Time**  
**Hora**

**Min.**

**Topic - Tema**

0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> vacant</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b></p> <p>→ <b>Guests/Invitados</b></p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p>•</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <p>•</p> <p><b>Next meeting date/Fecha de la próxima reunión:</b> May 20, 2024</p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
0:13	2	<p><b>Decide</b> ▾ <b>Consent to agenda - Consentimiento a la agenda</b></p> <p><b>Summary of today's proposed agenda</b></p> <ul style="list-style-type: none"> <li>26. Action items accountability</li> <li>27. Brief reports</li> <li>28. Discuss Patrilie's proposal</li> <li>29. Item four</li> <li>30. Etc!</li> </ul>
0:13	0	<p><b>Understand</b> ▾ <b>1. Action items accountability</b> (noted from previous meeting, check off if done)</p> <p><input type="checkbox"/></p>
0:15	5	<p><b>Understand</b> ▾ <b>2. Brief reports: key highlights or issues</b></p> <p><b>Parent circle report</b></p> <p><b>Food Policy</b> (Kia)</p> <p>•</p>
0:20	10	<p><b>Understand</b> ▾ <b>3. Meeting with Patrilie Hernandez to discuss Teach In</b></p> <p><b>Boston Reach Planning -</b> <a href="https://drive.google.com/file/d/1OLVgKadeb4RxksOodvCBWw5WjBG7CoSa/view?usp=sharing">https://drive.google.com/file/d/1OLVgKadeb4RxksOodvCBWw5WjBG7CoSa/view?usp=sharing</a></p> <ul style="list-style-type: none"> <li>• Refacilitation for the weight inclusive webinar</li> <li>30 Day lead time for any engagement</li> <li>• Will write up a formal agreement and formal overview once discussion is complete, and once everything is agreed upon moving ahead then there will be</li> </ul> <p>Kia - Thought it was really great, really think the work you're doing is fair and it's really impressive</p> <p>Laura - Agree with Kia, think it's incredibly fair, don't think charging too much</p>

---

T - Think it's super great, super lit, think it's brilliant, think gonna learn a lot from this, and was mostly curious to know what the group thought, if we wanted to add anything, big fan

Caitlin - Really appreciate the time and effort it took to put this together. Based on what I've seen about the series, it seems very foundational concerning everything you're trying to capture about the series. The only curiosity I have, is it doing it a disservice calling it Weight discrimination food justice because it encapsulates so much and can come with a lot of implicit biases people hold when hearing that name, but overall the content sounds amazing

Alexandra - Had the pleasure of being at a webinar recently, highly confident that it will be effective and cover everything. Wondering about, because of the access, how we could use it between the follow-up, could they watch it and then come to the follow up? How can we get the most out of this discussion? How do we do that?

Patrilie - Only stipulation, when you upload (for 90 days) it is that there is proper attributions, and you'll have access until this specific date, and the fee is included with that stipulation. Think folks would get more if there were two separate sessions if the webinar is 2 ½ hours long. Just as far as the mental fatigue, the webinar for digestion and learning and a discussion at a separate time.

Alexandra - In experience it took a week to process and really come back to discuss information, so perhaps a week in between the webinar and the discussion

Caitlin - Are we doing everything bilingual? Can Patrilie offer translation personally?

T - Emailed Julian, asked for help with interpretation, he should be able to provide interpretation. Can provide translation as long as we send that along in advance.

Patrilie - If is available in budget, would include that in the quote

Caitlin - Because we do simultaneous interpretation, we've historically done it by adding both languages on both slides

Patrilie - Never done that before, will work together on it going forward

Caitlin - Proposal to include dates as well

T - Getting both dates are good, but getting at least first date is paramount.

Patrilie - Earliest for first date possible is the week of June 17th or the week of June 24th

Possible Start Date: June 20th 5:30pm - 7pm learning experience

Second Date: July 2nd 5:30pm - 7pm reflection and processing meeting

Registration will be held on the circles end. Will be held over zoom. Interpretation for spanish.

Patrilie - 30 min. Check-in to go through the agenda and go through the slides. Confirming logistics, sending a copy for a pre-planning session. 30 min for the learning experience, and a 60 min for the reflection and processing.

Pre-Planning: **CONSENTED**

Caitlin - Met with shayla, having difficulty finding a coordinator. One possibility is co-coordinators, Caitlin could do in circle duties, organization etc, and then someone willing to represent in the hub. Second

---

suggestion is that the circle finds a new home. Another possibility is that whoever is coordinator can attend one policy meeting per quarter and then delegate can report in both directions

Alexandra - There is no connection happening in fp, there is an absolute disconnect. Do we want to stay there? If we have to do something in the meantime then co-coordinator sounds like a good idea. I could possibly have capacity to do it again after storytelling project launches. Am concerned with the FP as the home

T - I don't know if I have strong thoughts either way, I'm wondering what our other potential parent circle would be.

Kia - It's a struggle for people to just make a decision, picking a very specific thing in the transportation realm is just something we decided to do, doesn't mean not interested in supporting fat liberation. Meeting with Rep. Sabadosa, could be useful for them to hear things. Thinks that FP is just getting its footing, and can better support Fat Lib. Would like them to stay housed here. Think co-coordinators would be helpful

Caitlin - How would paying for co-coordinators work?

Alexandra - New stipend system not figured out or implemented, still need to work that out

Caitlin - Preference would be the co-coordinator system. Would be willing to act as the Fat lib. Side of the co-coordinator

Laura - I think the co-coordinator system is a good idea.

Caitlin - Having a hard time consider another potential home for the circle, but there isn't really anywhere else to go.

Alexandra - Really feels as though we need better support than what we are getting as a child circle of FPC, expressed frustration. There isn't much history with this work, and it's frustration to see how we fit and feels as though we need more support. As far as co-coordinating, cannot commit at this time, and least until after July.

1:10	5	<a href="#">Explore</a> <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)
------	---	--



1:15	5	<a href="#">Explore</a> <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)
------	---	--



1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"><li>• What worked well for you in today's meeting? What would you do differently?</li><li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué haría diferente?</li></ul>
------	----	--

1:30	<b>END</b>	Scribe: <ul style="list-style-type: none"><li>q. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li><li>r. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li></ul>
------	------------	---

May 6

## Meeting agenda & minutes - Agenda y actas de la reunión



Time Hora	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> vacant</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b></p> <p>→ <b>Guests/Invitados</b></p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <p>•</p> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <p>•</p> <p><b>Next meeting date/Fecha de la próxima reunión:</b> May 20, 2024</p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p>
0:13	2	<p><b>Decide</b> Consent to agenda - Consentimiento a la agenda</p> <p><b>Summary of today's proposed agenda</b></p> <ol style="list-style-type: none"> <li>31. Action items accountability</li> <li>32. Brief reports</li> <li>33. Meeting with Patrilie Hernandez</li> <li>34. Item four</li> <li>35. Etc!</li> </ol>
0:13	0	<p><b>Understand</b> 1. Action items accountability (noted from previous meeting, check off if done)</p> <p><input type="checkbox"/></p>
0:15	5	<p><b>Understand</b> 2. Brief reports: key highlights or issues</p> <p><b>Parent circle report</b></p> <p><b>Parent circle name</b> (coordinator name)</p> <p>•</p> <p><b>Subcircle reports</b></p> <p><b>Subcircle name</b> (delegate name)</p> <p>•</p> <p><b>Subcircle name</b> (delegate name)</p> <p>•</p>
0:20	10	<p><b>Understand</b> 3. Meeting with Patrilie Hernandez to discuss Teach In</p> <ul style="list-style-type: none"> <li>• Patrilie is part of the DC Food Policy Council!</li> <li>• How will you be framing the webinar?</li> </ul>

- Weight Inclusive Food Justice webinar - Patrilie developed this last year and has used it as the basis of their training
- Worked with the National Farm to School Network Racial Equity Learning Lab - a cohort working on advancing racial justice in the food system; worked on applying a weight inclusive lens
- Tigress and Patrilie have been talking about doing this for over a year - discussing how to look at food access/security from a fat liberation lens
- Obsession with health as part of food access conversations - often conflated with obesity crisis
- Trying to get people to step back and look at the food justice movement's roots - in Black and indigenous liberation, and autonomy in nourishment
- Tigress is going to send Patrilie her ideas for what to use from the weight inclusive food justice webinar for the upcoming webinar
- It will be less webinar more conversation
- Still open to feedback and suggestions, what questions we would like to see answered
- **Questions/Reactions**
  - The teach in series will look at how harm has been caused and how we can repair that harm; Historic Northampton has lots of resources around local enslaved people and enslavers - looking at this as an example for how we can start repair
    - How can we acknowledge and repair harm in the overall food justice movement?
  - Where do we target our efforts? So many types of interventions in food security and food justice - thinking systemically vs. individual. Focus on policy and systems change.
  - Using public health background - social determinants of health and root causes
  - Historical context of food justice and construction of health
  - Construction of what acceptable foods are linked to race and class - food as a tool to stratify based on class, ethnicity, religious, race.
    - This all provides context for the policy work
  - Tigress will want to focus on policy and systems change
  - How are we disguising anti-fat bias as health?
  - More about how food is connected to stratification and discrimination against certain groups of people
- **How will we use the dialogue space? Date?**
  - Having the follow up dialogue at the same or at a different time?
  - Webinar currently scheduled May 16th from 7 to 8pm (good time for NAAFA because of all the time zones)
  - We could offer the Weight Inclusive Food Justice webinar and then dialogue after
  - Lets do the follow up on Wednesday, May 22nd from 6 - 7pm?
  - Plan to talk about intersections of identities
  - How many people?
    - 20 ?
    - We can do registration
  - Who will the attendees be?
    - Mix of org and community folks
    - People who are more familiar with food systems work more than fat liberation work
  - Prework?
    - Ask people to watch the webinar or recording
  - What do we want people to take away from this?
    - Foundational understanding of how fat liberation and food justice are connected - history etc., why we are focusing on this in a FPC
    - Comfort talking about fatness, destigmatizing, reducing judgment
    - People to feel empowered, to see beauty in all sizes of people
    - Help people adopt liberatory framework for everything they do; this is not about controlling anyone including yourself; come from a place of love
    - Answer the question - how do i make the work that I am doing more size inclusive, oriented around fat liberation and liberation in general

- Encourage people to make these connections between fat lib and food justice
- Opening the door for people to use words fat and fat liberation
- Summary
  - Want people to have a grounded understanding of how these concepts such as fat liberation and healthism and food justice relate to the work of the FPC
  - Develop comfort having conversations on these topics
  - Help people take these concept and think critically about how to apply to their practice
  - Draw intersections between dimensions of oppression
  - NAAFA webinar may not provide this - building knowledge and understanding has to happen first
  - Level setting has to happen before they can really talk about the topic and build comfort - generate space for people to learn, lean into discomfort
  - Follow up should be more information and level setting
- What does that look like?
  - Reiteration of Weight Inclusive Food Justice webinar
  - Prep to have this convo
  - 90 mins to do this at the minimum, 2-3 hours would be better
  -
- Next Steps
  - Patrilie would develop a proposal
    - 90 min facilitation of the Weight Inclusive Food Justice webinar plus 90 minute follow up dialogue, including estimate
  - Patrilie will send the proposal to T by Thursday
  - Goal to review Patrilie's proposal May 20, 2024

1:10	5	<a href="#">Explore</a> ▾ <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)
1:15	5	<a href="#">Explore</a> ▾ <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)
1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"> <li>● What worked well for you in today's meeting? What would you do differently?</li> <li>● ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li> </ul>
1:30	<b>END</b>	Scribe: <ul style="list-style-type: none"> <li>s. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li> <li>t. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li> </ul>

Apr 22

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdOdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>

0:10

3

**Reminder to fill out [Stipend Tracking](#)**

**Attendance:** (important to track when stipends depend on attendance) (identify via ~~strikeout~~ members who are absent)  
(importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)

**Facilitator/Facilitador:** Caitlin **Scribe/Escriba:** Kristen **Coordinator/Coordinador:** vacant

**Delegate/Delegado:** Laura

→ **Other members/Otros miembros:** Alexandra, T

→ **Guests/Invitados:** Camille, Kia

**Duration - Duración:** 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)

**Minutes - Minutas:** (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)

•

**Information - Informació:** (announcements not directly related to this circle's work, no discussion/  
anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)

- Order for Circle Teach In:
  - T - to be discussed on May 6th Listen: <https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/>
  - Caitlin - announce resource on May 6th, to be discussed on May 20
  - Laura - announce resources on....., to be discussed .....
  - Alexandra - announce on ....., to be discussed on the week of .....
- Kristen has to leave at 12:15pm

**Next meeting date/Fecha de la próxima reunión:** May 6, 2024, 10:30am - noon

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

Today is Earth Day!

0:13

2

Decide ▾

**Consent to agenda - Consentimiento a la agenda****Summary of today's proposed agenda**

36. Action items accountability
37. Brief reports
38. Reflect on Workshop with Patrilie
39. Discuss Plan for Workshop
40. Teach In on Disability Justice Podcast
41. Circle Name Discussion
42. Next Steps
43. Close

0:13

0

Understand ▾

**1. Action items accountability** (noted from previous meeting, check off if done)

- ☐ T will follow up with Tigress about date after the CB Helping Circle meets
  - Looking at May 15th
- ☒ Kristen will register herself and Alexandra for "Weight Inclusive Food Justice: What the Movement is Missing, How it Holds People of the Global Majority Back, and How to Do Better"

0:15

5

Understand ▾

**2. Brief reports: key highlights or issues****Parent circle report****Food Policy Circle** (Kia)

- Lindsay Sabadosa and Hunt Chase attended to talk about transportation challenges in the valley
- Asking Legislators to put line item in for food policy council, we'll be getting some budget next fiscal year
- Kia & T will be meeting w/Noel in the near future

0:30

15

**Explore ▾ 4. Discuss Plan for Workshop**

- Wednesday, May 15th, 6-7pm EST for the NAAFA webinar (will be open to the public)
  - Conversation style - like a podcast - questions prepared in advance, which we could help shape
  - Start with showcasing Patrice and their journey to this work, then going into the topics
- Discussion afterwards - would be only open to FPC people
  - Could be the week after - like this idea
  - If we did it Monday or Tuesday the week of the 20th, Tigress can be there, Patrice might be available
- What is the budget?
  - Tigress is salaried staff at NAAFA
  - Patrice does this for her living, so will need to pay her separately for a follow up discussion
  - NAAFA will compensate Patrice for the webinar portion of the experience
  - FPC could pay for the ASL interpreter
- Tigress will connect via email with T and Patrice to discuss budget
- Outreach and promo for the webinar event
  - Co-sponsored or supported by...NAAFA and FPC
  - NAAFA will make a flyer by end of this week
  - Registration on NAAFA website even tho it is open to the public and free - ready by the end of the week
    - Gets contact info
    - Reduces trolling
  - Share the registration link to our network
- 

0:20

10

**Explore ▾ 3. Reflect on Workshop with Patrice**

- Session was great, Patrice was amazing
- Getting at big questions people will have about intersection of fat lib and food- morality, eurocentrism, judgment about food choices
- This conversation is not happening very much in food justice spaces we are in
- Webinar will set off a lot of lightbulbs for folks, so coming back with a little more information could be a powerful place to start a conversation from
  - Maybe Patrice does 30 min of additional presenting and then dialogue
- Patrice also has a public health background and had great perspective around issues like whether it's just an access issue, structural issues with things like produce prescription programs, specific ideas about what healthy bodies and healthy foods look like
- Intersection of food justice, public health, and fat lib will be perfect for folks in our world
- Patrice has been working with some folks in eastern MA on fat lib stuff
- Love the idea of making the dialogue space action oriented for people working within the FPC and beyond
- Next step
  - Tigress connects T with Patrice to discuss the details of the dialogue space

0:45

25

**Explore ▾ 5. Teach In on Disability Justice Podcast - T**

- What were your initial reactions?
- They talk a lot about fatness intersecting with other identities - how do you think your other identities intersect with your fatness/understanding of fat justice ?

**Consented ▾ 6. Circle Name Discussion**

- Hard for me, no ideas
- Something that has the word fat in it, fat lib, fat justice, normalizing fatness
- Size based discrimination sounds liberal

- Friends didn't understand what I was talking about - like idea of just saying fat, still fighting with the word fat, it's a descriptor and not some sort of moral
- FABS - fat acceptance and body sovereignty , before FLABS - fat liberation and body sovereignty
- Difference between tolerance and celebrating diversity, would rather celebrate fatness than tolerate/accept - not action/celebratory enough
- Acceptance & tolerance feels like bare minimum, want to step it up
- Important to make the word fat as comfortable as skinny, feels like a white supremacist culture thing
  - we're so careful around the language we use around so many issues, that it takes the truth out of it - fat liberation/fat lib like that a lot, like short and sweet
- PHAT - pretty, hot, and tempting , term from the 90's
- Fat liberation circle or fat justice?
  - I like that - also like fat justice, both are good in my opinion
  - Advantage of fat justice, is folks in fpc understand that
  - Point w/fat justice, connects with food policy council and food justice
  - I like fat liberation better because it's more celebratory and I like that aspect
  - Like fat lib, can say fat lib more, want to normalize the word liberation more
  - If i had to pick ,would pick fat justice but like them both a lot, getting people to make connections between all the different things
  - Fat liberation & justice - we can be both?
  - One of my core values is liberation, not justice, maybe
  - Fat lib is good enough, we can make it as wordy as we want, will come down to a nickname and fat lib is really easy to nickname

Proposal to change name of circle to fat liberation pending the consent of Alexandra & Kristen

### CONSENT REACHED

1:10	5	<div>Explore ▾</div> <b>Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión) <ul style="list-style-type: none"> <li>• <b>Tigress will connect via email with T and Patrilie to discuss budget and program for the dialogue space</b></li> <li>• <b>Listen to <a href="#">Disability Visibility podcast</a></b></li> </ul>
1:15	5	<div>Explore ▾</div> <b>Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"> <li>• Consent from Kristen and Alexandra for circle name change</li> <li>• Disability Visibility podcast teach-in (5/6)</li> </ul>
1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"> <li>• What worked well for you in today's meeting? What would you do differently?</li> <li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li> </ul>
1:30	<b>END</b>	Scribe: <ul style="list-style-type: none"> <li>u. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li> <li>v. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li> </ul>

Apr 1

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> vacant</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b> Alexandra, T</p> <p>→ <b>Guests/Invitados:</b> Camille, Kia</p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>• My Health Matters Fitness - in Hadley, a fat positive Health at Every Size anti-diet fitness center. <ul style="list-style-type: none"> <li>◦ Group classes, small group personal training</li> </ul> </li> <li>• FPC network forum on Friday 12 - 2 pm: <a href="https://collaborative.zoom.us/j/81140226381">https://collaborative.zoom.us/j/81140226381</a></li> <li>• Order for Circle Teach In: <ul style="list-style-type: none"> <li>◦ T - to be discussed on April 22nd</li> <li>◦ Caitlin - announce resource on April 22, to be discussed on May 6</li> <li>◦ Laura - announce resources on ....., to be discussed .....</li> <li>◦ Alexandra - announce on ....., to be discussed on the week of .....,</li> </ul> </li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión:</b> April 22, 2024</p> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p> <p><b>Culture Share:</b> Kia shares about her mom's work as a therapist for fat people wanting to heal relationships to their body</p>
0:13	2	<p><b>Decide</b> ▾ <b>Consent to agenda - Consentimiento a la agenda</b></p> <p><b>Summary of today's proposed agenda</b></p> <ul style="list-style-type: none"> <li>44. Action items accountability</li> <li>45. Brief reports</li> <li>46. Discuss report for Network Forum</li> <li>47. Item four</li> <li>48. Etc!</li> </ul>
0:13	0	<p><b>Understand</b> ▾ <b>1. Action items accountability</b> (noted from previous meeting, check off if done)</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Kristen will email Tigress a blurb for their MA newsletter</li> <li><input type="checkbox"/> T will follow up with Tigress about date after the CB Helping Circle meets</li> <li><input type="checkbox"/> Kristen will register herself and Alexandra for "Weight-Inclusive Food Justice: What the Movement is Missing, How it Holds People of the Global Majority Back, and How to Do Better"</li> </ul>
0:15	5	<p><b>Understand</b> ▾ <b>2. Brief reports: key highlights or issues</b></p> <p><b>Parent circle report</b> <b>Food Policy Circle</b> (Alexandra)</p>

- Filled facilitator (Marion) and coordinator (Kia)
- Nobody has capacity in the Food Policy Circle for the SBD Coordinator role
- Partners feel that if Caitlin wants to do it, they would love that
- There were questions about why Food Policy is being asked to send a Coordinator to SBD - confusion about process
  - Policy Circle is our parent circle. Since we struggled to identify a Coordinator, we are asking for their support. Also since they are our parent circle, they would send a coordinator in our formation.
- If we select someone who is in SBD and Food Policy that would make it easier
- Not sure we can make any decision on this now
- Wonder about T's capacity since they attend Policy now, although they are not a partner

0:20

10

Consented ▾

### 3. Discuss report for Network Forum

- 1) your goals for the rest of the year (ending June 30, 2024)
  - Host a presentation in collaboration with NAAFA around the intersection of food justice and fat liberation- have a dialogue associated with this
  - Advocacy around MA Size Based Discrimination bill and encourage folks to contact their representatives
    - Write an Op/Ed for the Gazette
  - Deepen our own understanding of fat justice in our meetings
  - Remind FPC we are a new circle
  - Help the rest of the FPC understand why we exist
  - Having an event to build community - something fun (we would need to get on this asap if it were before 6/30, more possible to do by end of the calendar year)
  - Change our name
- 2) what you need to support your goals (including budgetary needs)
  - Need to be able to pay NAAFA and collaborator to do presentation for us and host the dialogue
  - Support around advertising the event with NAAFA and thinking about how to invite the wider community into the conversation
  - Money for an event
  - Food Policy to understand us - be on their agenda, be able to talk with them about how we are connected to them, why we make sense as a subcircle
    - Ask Food Policy Circle to get to know us
  - Advocacy - ask FPC partners to participate in advocacy efforts
  - Speaking up, spreading the word, fostering conversation, getting more people involved, starting the conversation about food justice/fat liberation
  - Ask FPC partners to attend our event (keep eye out for the date)
  - Coordinator
- 3) how you will reflect on your goals & projects, how can FPC support your circle in ongoing reflection?
  - Reflection within our circle about what has been successful or less successful in our strategies
  - FPC wide reflection on policy priorities and how SBD fits into this, how we could do better at meeting advocacy opportunities/requests
  - Storytelling circle to focus on internal FPC work - what we have been doing as an FPC? How we work together?
  - Space for modeling to Food Policy Circle how to do policy advocacy (working with consultant on developing policy briefs, materials, etc.)
  - Relationship between reflection and policy - disconnect between thinking about what we stand for as an FPC and what policies we want to advocate for in response to that
  - Solidarity/collective liberation politic and the role of policy and collective action in liberation work - cultivating understanding of that within the FPC feels important
  - Many people are really uncomfortable with this topic - lot of shame, deeply entrenched beliefs, implicit bias - need to have more influence over narratives around fatness - need



---

to find a way to talk about this openly even though its hard, to change narrative; helping other people reflect on this topic vs. reflecting on our own progress

- Who will present at the Network Forum? Nominations:
  - Caltin
  - Kristen
  - Kia
  - Laura
- Proposal: Caitlin presents for us on Friday at network Forum
  - **CONSENT**

---

0:30

15

Decide ▾

#### 4. Proposal: Kia is a partner in this circle

- Kia nominates herself because she has a family history of both fatness and thinness - issues that have been a part of her life. Kia feels there needs to be social justice around this issue, work on removing stigma. Legislation is important but we can also work on changing the narrative around body size. Kia has personal experience with being fatter older in life after menopause. She is working on dealing with her own internal feelings about her size compared to when she was younger. Would love to be in this circle to work on this stuff.
- Reactions
  - Great, having the lived experience is so important especially in this circle, Kia embodies that. We all probably have stories of our families relationships to body, most of us have experienced damaging experiences in family of origin. This is a space to heal together as well as model for change we want to see.
  - Worry a little about Kia's time/energy because she is so involved, but trust Kia to manage that. Like what Kia shared, personal reasons for being here, linking the personal and political is key here.
  - Kia will be an amazing asset to the group
  - Kia has already offered so much to the circle, would be great to have her
- **CONSENT**

---

0:45

25

Explore ▾

#### 5. Debrief Convo with Tigress - impressions, reactions, what do we want to carry forward?

- Tigress was super dynamic, smart, tons of info, would love to spend more time with her
- She was so great, also want to get to know her better. Excited for her to present for FPC because seems like she could really model how we talk about fatness. Cool that she works on national level.
- Working on the bill, but also the webinar. Recording it will be a great resource. Want to look into her [Smith College Alumnae Assoc magazine](#) feature. We may be the only FPC doing this work in the country. So neat to have a national leader with connection to western MA that knows about social justice advocacy history here. Hope we have budget to give them an honorarium to honor her speaking time.
- She seems so eager to support our work. Makes me think maybe there are not that many groups in the country doing this work in the spirit that NAAFA does. She mentioned a lot of groups doing community building work, but not necessarily advocacy. She seems excited to work with us. She is one person staff member at a national org, worry about her ability to support us on small level. We will want to be mindful of our asks of her.
- "She is so dang cool and i love her" - yes! Would go to whatever seminar she is offering
- Who is this person?
  - Tigress Osborn is the ED of National Assoc. For Advancement of Fat Acceptance, which has been around since 1969
  - Work on advocacy and educational around fat acceptance and liberation

Decide ▾ **6. Discuss our circle name**

1:10	5	<b>Explore ▾ Next Steps</b> (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión) <ul style="list-style-type: none"> <li>• Caitlin presents for us on Friday at network Forum</li> </ul>
1:15	5	<b>Explore ▾ Backlog review</b> (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda) <ul style="list-style-type: none"> <li>•</li> </ul>
1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"> <li>• What worked well for you in today's meeting? What would you do differently?</li> <li>• ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li> </ul>
1:30	<b>END</b>	Scribe: <ul style="list-style-type: none"> <li>w. Notify of any changes to policies, ams and domains, circle membership &amp; roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a></li> <li>x. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a></li> </ul>

Mar 18

## Meeting agenda & minutes - Agenda y actas de la reunión

**Location** (include link here if relevant)  
**Ubicación**

Time Hora	Min.	Topic - Tema
12:00	15	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
12:15	10	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> Vacant</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b> T, Alexandra</p> <p>→ <b>Guests/Invitados:</b> Kia, Camille</p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>• Stanley Moulton, City Council Rep came to Hampshire Heights on Friday <ul style="list-style-type: none"> <li>◦ He encouraged them to start a tenants union - this is the way to get benefits and get stuff done</li> </ul> </li> <li>• Last farmers market at Senior Center will be 4/23, then switching to the outdoor market two weeks later, which will be Tuesday behind Thornes</li> <li>• Order for Circle Teach In: <ul style="list-style-type: none"> <li>◦ T - announce resources on Feb 22, to be discussed on April 1st</li> <li>◦ Caitlin - announce resource on April 1, to be discussed on April 22</li> <li>◦ Laura - announce resources on ....., to be discussed .....</li> <li>◦ Alexandra - announce on ....., to be discussed on the week of .....</li> </ul> </li> </ul>

**Next topic to be discussed at next meeting from T:**

- Podcast episode, 30 mins -from The Disability Visibility Project interview with Max, Co-Founder of Fat Rose Liberation <https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/>
- Also check out their Instagram: <https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/>
- And Fat Rose website - <https://fatrose.org/>

**Next meeting date/Fecha de la próxima reunión:** April 1st 10:30-noon then April 22nd 11:30am-1pm

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**  
**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

0 0 **Decide** Consent to agenda - Consentimiento a la agenda

**Summary of today's proposed agenda**

- 49. Action items accountability
- 50. Brief reports
- 51. Item three
- 52. Item four
- 53. Etc!

0 0 **Understand** 1. Action items accountability (noted from previous meeting, check off if done)

- ☐ Caitlin will invite Camille to next meeting and keep communicating with Molly
- ☐ Circle name to consider - Fat Acceptance & Body Sovereignty (FABS)
- ☐ Alexandra will bring Coordinator selection to Food Policy Circle, including the nomination for Caitlin
- ☐ Alexandra will invite Food Policy Circle to meet with Tigress

12:25 5 **Understand** 2. Brief reports: key highlights or issues

**Parent circle report**

**Policy (T)**

- 

12:30 45 **Understand** 3. Meet with Tigress from NAAFA

- **Check ins, intros**
  - Tigress Osborn is in Phoenix area, ED of NAAFA, familiar with Hampshire County because she is a Smith College alum; also attended Mills College for grad program, which is also a women's college
    - Work on campaign for Size Freedom with FLARE (a fat legal org) - work on trying to support local activist to change laws where they live to pass legislation on laws that make weight/height discrimination illegal
    - MA has a bill right now on this - it is stuck in Committee not because they are unfavorable to it but that they extended the
    - Expect decision in April about if it will move forward
    - Also work on programs to change perceptions of fat
      - Virtual events
      - Webinar series
    - She used to work as a high school admin before ED of NAAFA
  - T talked about their roles in FPC; fun fact - they are a triplet!
  - Kristen talked about their roles in FPC; fun fact - they have 2 corgis!; talked about wanting to bring fat justice into the food justice conversation in Hampshire County
  - Kia talked about her experience as a fat person, becoming fat later in life and feeling ageism and fat discrimination

- Tigress talks about intersection of aging and anti-fatness as an issue that is growing
  - We are seeing pharmaceutical companies courting elders to push Medicare coverage for weight loss drugs
  - Tension right now about elders feeling ignored by weight management professionals - they have typically been ignored because it was useful to narrative - you will die of fatness before old age - but now they want old people to be a political force for them, they are interested in engaging older people
- Alexandra already met Tigress; she also feels the growing marketing to peri/menopausal women; feeling how in every stage of life the experience follows; weight loss drugs and hormones are the usual suggestions
- Laura is a disabled person who lives in Cummington; she has experienced yucky feeling of anti-fatness and doesn't want others to experience that
  - Aubrey Gordons book is great!
    - Her book is super well researched
    - She has a new documentary that is starting to be screened in the US - they hope to do virtual screening
  - Tigress is working on getting Aubrey on to webinar series - she is a supported of NAAFA and her podcast named the Campaign for Size Freedom and passing of NYC law as positive thing in 2023 - awesome to get a shout out
- **Tigress is working with Patrilie Hernandez on a webinar - how can we support it? How could this overlap with the FPC teach in series? Can we hear more about the focus?**
  - Patrilie is interested in anti-fatness and food justice webinar, but they won't meet about it until early April
  - Webinar will likely happen in May or June
    - Aim for May because June is pride-heavy programming and Tigress will be out of the country in end of June
  - Excited that they want to collab on this - want to hear more from them about who else might want to participate (panel or duo)
  - Talked about doing a webinar that we could advertise out to FPC
    - Then Tigress could have a follow up discussion to the webinar to talk more deeply
  - How does that line up with our grant and spring training series?
    - Urban Agenda grant supports Capacity building in FPC - working on developing a teach in series to radicalize everyone :)
    - May-June will be the timeline for the series
    - Education focus will happen in May then talking about and discussing how this relates to our work in June
  - Support
    - T and Cynthia Espinosa Marrero can also support
    - We also have money to pay people
  - Tigress has a standard presentation that they customize
    - Starts with terminology, concepts of fat liberation, where NAAFA fits in (and not fit in)
    - Then section on anti-fatness as an intersectional social justice issue - white supremacy and construction of anti-fatness as outcome of white supremacy; where there are other social justice impacts; body positivity (individual) vs. fat liberation (systems and intersectional with other social justice issues)
    - This could happen BEFORE the webinar with Patrilie
  - Assoc for Size Diversity and Health (ASDAH)
    - Working on a workshop with them - looking at Obesity Bill of Rights being pushed by health orgs, as well as weight loss companies
    - Looking at the "disease model" and pushback; narrative that "everyone knows obesity is a disease that is killing people" vs. the medical professionals pushing back about this
    - Focus on issues with BMI
    - Could also pull some of this to our training

- 
- Also may just be offered by NAAFA and our people could tune in
  - Almost all webinars of NAAFA are on their Youtube channel
    - Sabrina Strings focused on anti-blackness and anti-fatness
    - Deshaun Harrison
    - Dr. Kat Pausey (?) focused on COVID
    - All of this is available to the public for free
  - What about focusing on the "Tailored Version of Standard Webinar" then doing a follow up dialogue?
    - Like that idea
    - Also want to bring in other voices besides T as trainers
    - Also bringing more fat and Black people to teach - FPC needs this!!!! In terms of content and representation
    - Do webinar then do dialogue space subsequently
      - Could be immediately after the webinar with Patrile
      - OR could be a few days later just with Tigress
    - Webinar format is usually sort of "podcast" style
      - Tigress in convo with the person spotlighted
      - Start with Patrile's personal story and how public health/fat lib became a focus area
      - Then going into public policy and food insecurity intersecting with anti-fatness
      - Could talk about the White House Conference and how it originally did not include a lot of obesity language, but later the final report was filled with that language
      - We could work together on the list of questions that Tigress would talk to Patrile about
      - Usually do a 1 hour webinar with 5 mins of announcements and 30-40 mins of dialogue with guest then 15 mins of questions from the chat
        - Dialogue in the chat is also welcome and encouraged
        - But usually not follow up reflection session
        - So we could build that in for this intentionally
      - If we did 90 min to 2 hour black we could do it all at once
    - Tomorrow Capacity Building Helping Circle will meet and we can talk about this; we are flexible
      - Tigress can talk to Patrile and we can talk to our CB circle and we can see what we both come up with
      - Benefit of doing immediately after - it is fresh and people are already there
      - Benefit of coming back - people have time to process and reflect; could make the recording available for people to review in between (if people can make the follow up but not the webinar for example)
      - Could be figured out by us, whatever works best
    - Questions from our network to guide the
      - Talked about is sourcing some questions that we would want them to discuss
      - If we can give them to Tigress by her meeting with Patrile that would be ideal - they are meeting on April 5th but they will try to move it to April 12th
      - Questions from network about how to frame the convo
      - Comms Circle can help with this - include in the next newsletter, ask people to talk about it in the circle meetings - maybe make a form for people to submit questions
    - Co-sponsorship of the Follow up Dialogue
      - Could we partner with other orgs in the Hampshire County area - to bring more people to the conversation
      - Promote both webinar and dialogue to more people
-

- NAAFA would let us handle the advertising for the follow up dialogue - it will be focused on Hampshire County area
  - Webinar would be promoted by NAAFA to bring in people from anywhere and especially our audience
  - Think about Bigger Bodies Boston as well
  - How to we generate buzz right now when there is an active bill being worked on
- Plan to have a date nailed down for NAAFA's April newsletter
- **Collaboration on advocating for the MA Bill - strategies**
  - Could we be a co-sponsor on the bill? How do we officially support it?
  - Day of Action in MA
    - Committee deadline has been extended to ?? in mid-late April
    - Tigress reached out to the Rep and Senator that are sponsoring the bill, asked for advice on a date for a day of action - they didn't have any advice; encouraged an outreach campaign to get people to contact their reps on email/phone
    - Bigger Bodies Boston has a new webpage that will be live soon
    - Tigress was invited to present in Boston this week - social gathering but not a day of action in Boston (American Bar Assoc is putting an event on, but very last minute) - will encourage people to contact reps
    - NAAFA will keep working with Bigger Bodies Boston
    - The committee to vote timeline can be very very short so encouraging people to be contacting reps is a good thing to do at any point
    - Caitlin met with the Bigger Bodies Boston person for a brief get-to-know-you but don't have a strong partnership with them; agreed to stay in the loop on each others work, build a relationship
  - Tigress will check to see anyone signed on to the Campaign in western MA
    - They cant give us names but they can send stuff on our behalf
  - Kristen will Draft something about SBD Circle - this is who we are and what we do - then they can include in their emails to the MA list
    - Kristen will work on this - use the text from Feb newsletter, manifesto, form to get involved and an email address, website - send to Tigress
    - Stay tuned for our spring event
- **Questions for Tigress**
  - Has Smith College recognized your work?
    - Yes, they put Tigress on the cover of Alunni Quarterly last year which was awesome
    - Tigress learned about NAAFA at Smith and had been thinking about pitching an article about fat activism history at Smith but they reached out first about the magazine article
    - Have heard about some of the expected responses about "glorifying obesity" but it never made it to Tigress, only a lot of positive stuff
    - Not sure how this convo may have landed with current students or if they even engaged with it - not sure if there is organizing around anti-fatness on campus today
    - Tigress is working with students at Loyola about campus organizing on body lib - she will ask them to look at MA

1:15

5

**Explore** ▾ **Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

- **T will follow up with Tigress about date after the CB Helping Circle meets**
- **Kristen to send Tigress a blurb about our circle for NAAFA's MA newsletter**
- **Ask Communications Circle to put a request for people to send questions for the webinar**

**Explore** ▾ **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

●

1:20	10	<b>Closing round - check-out Ronda de cierre - Despedida</b> <ul style="list-style-type: none"> <li>What worked well for you in today's meeting? What would you do differently?</li> <li>¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?</li> </ul>
1:30	<b>END</b>	Scribe: y. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos.: <a href="mailto:foodpolicycouncil@collaborative.org">foodpolicycouncil@collaborative.org</a> z. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: <a href="#">FPC News and Update Submission Form</a>

Mar 11

## Meeting agenda & minutes - Agenda y actas de la reunión

Location  
Ubicación

<https://collaborative.zoom.us/j/87913383258?pwd=RDITWDFObnBtUHdQdDJDZUFQeUdpdz09>

Time Hora	Min.	Topic - Tema
1:00	10	<b>Opening round check-in (no notes) Ronda de apertura</b>
1:10	10	<b>Reminder to fill out <a href="#">Stipend Tracking</a></b> <b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes) <b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> None <b>Delegate/Delegado:</b> Laura → <b>Other members/Otros miembros:</b> T, Alexandra → <b>Guests/Invitados</b> → <b>Absent:</b> <b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?) <b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?) • <b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión) • <b>Next meeting date/Fecha de la próxima reunión:</b> <ul style="list-style-type: none"> <li>March 18th, noon to 1:30pm with Tigress Executive Director of NAAFA</li> </ul> <b>Teach-in Topic for next meeting:</b> <ul style="list-style-type: none"> <li>Order for Circle Teach In:               <ul style="list-style-type: none"> <li>T - announce resources on Feb 22, to be discussed on April 1st</li> <li>Caitlin - announce resource on April 1, to be discussed on April 15</li> <li>Laura - announce resources on ....., to be discussed .....</li> <li>Alexandra - announce on ....., to be discussed on the week of .....</li> </ul> </li> </ul> <b>Next topic to be discussed at next meeting from T:</b> <ul style="list-style-type: none"> <li>Podcast episode, 30 mins -from The Disability Visibility Project interview with Max, Co-Founder of Fat Rose Liberation <a href="https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/">https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/</a></li> <li>Also check out their Instagram: <a href="https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/">https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/</a></li> <li>And Fat Rose website - <a href="https://fatrose.org/">https://fatrose.org/</a></li> </ul> <b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b>

**Decide** Consent to agenda - Consentimiento a la agenda

**Summary of today's proposed agenda**

- 54. Action items accountability
- 55. Brief reports
- 56. Plan for Meeting with NAAFA
- 57. Check Out

- |      |    |   |
|------|----|---|
| 1:20 | 20 | <b>Understand</b> 1. Action items accountability (noted from previous meeting, check off if done)                               |
|      |    | <input type="checkbox"/> Caitlin will invite Camille to next meeting and keep communicating with Molly                          |
|      |    | <input type="checkbox"/> Circle name to consider - Fat Acceptance & Body Sovereignty (FABS)                                     |
|      |    | <input type="checkbox"/> Alexandra will bring Coordinator selection to Food Policy Circle, including the nomination for Caitlin |
|      |    | <input type="checkbox"/> Alexandra will invite Food Policy Circle to meet with Tigress  |

- |      |    |  |
|------|----|--|
| 1:40 | 20 | <b>Understand</b> 2. Brief reports: key highlights or issues |
|------|----|--|

**Parent circle report**  
**Policy** (T)

- |      |    |  |
|------|----|--|
| 2:00 | 10 | <b>Decide</b> 3. Plan for Meeting with NAAFA   |
|      |    | <ul style="list-style-type: none"><li>• Tigress is working with Patrilie Hernandez - check in about this - how can we support it? How could this overlap with the FPC teach in series?<ul style="list-style-type: none"><li>◦ @thebodylibadvocate;</li><li>◦ <a href="https://www.embodylib.com/about">https://www.embodylib.com/about</a> on a training about the intersection of food justice and fat justice</li><li>◦ <a href="https://wyvarchive.com/food-insecurity-anti-blackness-and-fatphobia-what-food-access-advocates-need-to-understand/">https://wyvarchive.com/food-insecurity-anti-blackness-and-fatphobia-what-food-access-advocates-need-to-understand/</a></li><li>◦ Idea that SBD could source questions from our network to inform the content of the training - how would we do that?</li></ul></li><li>• Collaboration on advocating for the MA Bill<ul style="list-style-type: none"><li>◦ Could we be a co-sponsor on the bill? How do we officially support it?</li></ul></li><li>• Getting to know each other!</li><li>• We can do check in, intros, then get to these topics and talk as long as we need</li></ul> |

**Explore** 4. Report on Meeting with Senator Raush's office (Caitlin)

- Bill is currently in Judiciary Committee and they have a deadline to report out by April 30th.
  - That means it will be reported favorably - it moves on or unfavorably - it does not move in this legislative cycle
  - It has been reported favorably in the past but not made it to the vote
- Strategy is to advocate to the reps/senators that are on the Judiciary Committee (Senator Cary and Rep Velis are both reps from Hampshire County)
  - We could try to advocate directly to them before April 30th - we could try to meet with them and talk about why we want to see the bill voted favorably; we could try to coordinate an advocacy alert and give a script to people to email them
- Erica recommended that we highlight media that is paying attention to fat activism - making case that this is a hot topic, you want to be on the right side of history OR generate media like an Op Ed or social media posts and bring that
  - Strategy is to show that we are spreading messages about this and there is an opportunity for them to be seen favorably in our communications



- After bill makes it out of Judiciary Committee it goes to an Intermediary Committee - which Committee it lands at depends on whether there is a budget ask
  - There may be a budget request with this bill because EEOC office will have to enact this bill and they may need money to do that; in that case it will go to Ways and Means Committee
  - If there is no budget ask it will go to Rules Committee - they make sure the bill complies with all existing laws
  - These committees make final decision about whether it gets brought to the floor
  - Ways and Means has more leverage to get bills to the floor
- Bill could be submitted as an amendment to another bill at last minute
- We are in a 2 year cycle now that ends this summer; they could extend the legislative cycle but this is a big advocacy period right now
- So the strategy is to advocate to Hampshire County Senators and Reps who are on these various committees, they need to listen to us as their constituents
- If anyone is actually encountering size based discrimination in the real world, you should be contacting senators and reps to call it out, put it on radar, make them see why it is important
- Getting the word out that this bill is under consideration is a big part of the work right now
- Senator Rausch's office welcomes questions about messaging, strategy, etc.
  - They are glad to give feedback on advocacy request etc.

#### Questions/Reactions

- This is amazing and so helpful - we should do an Op Ed
- If we do the training, we should get the word out big time - MA Food System Collab, etc. - this is an advocacy opportunity to change this topic not coming up in food systems spaces
- Caitlin is willing to draft Op Ed and then bring to circle for feedback
  - Kristen will also email Jacob to get advice
- Info sheet about the bill is good and we could use this for spreading the word to partners
- Internal communications strategy for generating buzz
  - Especially as we advertise the webinar
  - April newsletter should include advocacy alert
    - Signing NAAFA petition
    - Advocating to Velis and Cary
    - Attending the webinar
    - What else
- This is a moment where we can actually have an impact as they review the bill by 4/30

**Explore ▾ Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

•

**Explore ▾ Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

•

2:25

5

#### **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?
  -

2:30

**END**

Scribe:

- aa. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)
- bb. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

**Location**  
**Ubicación**

(include link here if relevant)

Time Hora	Min.	Topic - Tema
1:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
1:10	10	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> None</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b> T, Alexandra</p> <p>→ <b>Guests/Invitados</b></p> <p>→ <b>Absent:</b></p> <p><b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>• The Weight of Stigma event on Zoom - <a href="#">register here</a></li> <li>• Fat Dance party! Virtual and free, Jan-April, Fridays 9-10pm and Sundays from 8-9pm. Email <a href="mailto:fatdanceparty@gmail.com">fatdanceparty@gmail.com</a> to request an invite/link and include whether you want to join Fri or Sun.</li> </ul> <p><b>Next meeting date/Fecha de la próxima reunión:</b></p> <ul style="list-style-type: none"> <li>• March 4, 2024, 10:30-noon</li> </ul> <p><b>Teach-in Topic for next meeting:</b></p> <ul style="list-style-type: none"> <li>• Order for Circle Teach In: <ul style="list-style-type: none"> <li>○ Kristen - announce resources on Feb 5, to be discussed on Feb 22</li> <li>○ T - announce resources on Feb 22, to be discussed on March 4th</li> <li>○ Caitlin - announce resource on March 4th, to be discussed on March 18th</li> <li>○ Laura - announce resources on March 18th, to be discussed April 1</li> <li>○ Alexandra - announce on April 1, to be discussed on the week of April 15th</li> </ul> </li> </ul> <p><b>Next topic to be discussed on march 4th from T:</b></p> <ul style="list-style-type: none"> <li>• Podcast episode, 30 mins -from The Disability Visibility Project interview with Max, Co-Founder of Fat Rose Liberation <a href="https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/">https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/</a></li> <li>• Also check out their Instagram: <a href="https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/">https://disabilityvisibilityproject.com/2020/09/07/ep-85-fat-liberation/</a></li> <li>• And Fat Rose website - <a href="https://fatrose.org/">https://fatrose.org/</a></li> </ul> <p><b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b></p> <ul style="list-style-type: none"> <li>• AWARE LA Unmasking Whiteness training offers land acknowledgement, Caitlin shared with us: <ul style="list-style-type: none"> <li>○ As you hear the words of this land acknowledgement, please consider the land you are on as well as any lands you have occupied. *****</li> <li>○ <b>Please take a moment to ground yourself in your body and in the space you are in. (Pause for a few seconds.)</b></li> <li>○ It is within our collective values, to notice and name when harm has happened and work to directly address harm as a result of our individual and collective actions. It is within this spirit that we are calling attention to the contradiction of organizing white people to take</li> </ul> </li> </ul>

- anti-racist action and fight anti-Black racism, as we are currently on occupied and unceded land of Indigenous peoples that was stolen through violence and colonization.
- We lift up the Gabrielino Tongva, Gabrieleño Kizh, Fernandeano Tataviam, and Ventureño Chumash who have been and still are the traditional caretakers of this land and have never stopped resisting their oppression.
  - Take a moment to notice the air we breathe and the ground on which we move, the plants and trees and rocks and minerals, the fungi and mushrooms and all the living beings, and living water which gives life. We recognize that we are one with the earth and a part of all who inhabit it.
  - We invite you to reflect on what you know of the indigenous peoples who are native to the area where you live.

**Decide** ▾ **Consent to agenda - Consentimiento a la agenda**

**Summary of today's proposed agenda**

- 58. Action items accountability
- 59. Brief reports
- 60. Coordinator Question
- 61. Mini Teach In
- 62. Check Out

1:20

20

**Understand** ▾ **1. Action items accountability** (noted from previous meeting, check off if done)

- ☒ ~~Caitlin will propose Friday, 2/16, 1-2pm as a meeting time with NAAFA~~
  - ED of NAAFA will come to our meeting on 3/18 if we change the time to noon to 1:30pm
  - Works for everyone
- ☒ ~~Caitlin will reach out to / follow up with:~~
  - Assoc for Size Diversity and Health (ASDAH) about their advocacy work
    - Caitlin looked at their website and it said they do not have capacity to respond to requests for one on one conversations, so she didnt reach out
    - Notice that a lot of these orgs are small and may not have capacity to support other work; noticing that this work seems underfunded and lower capacity than other stuff
  - STRIPED
    - Tigress shared some interesting stuff about them, they may be coming from a different orientation in terms of fat justice
    - Caitlin emailed Director and copied Tigress
- ☒ ~~Caitlin will continue to talk with Camille and Molly about being a partner~~
  - Camille is interested but needs a later meeting time (4:30pm start time Mon, Wed, Thurs); those times work for Kristen and T but not Alexandra; Caitlin will check back with Camille if she can visit during our next meet before we decide to change time
  - Not sure about Molly yet
- ☒ ~~T will share the Transportation Brief from Food Policy Circle to Caitlin, she can fill in what she knows about other transportation work going on in the region~~
- ☐ Emily is going to send us a coordinator from Food Policy Circle
  - Did not happen :(
- ☒ ~~ALL will read the resource Kristen sends by 2/22~~
- ☐ Keep thinking about CIRCLE NAME and bring ideas next time
  - Caitlin came up with an idea! **Fat Acceptance & Body Sovereignty (FABS)**
  - Alexandra's idea for the BEET acronym: **Body Equity Evolve Together**

1:40

20

**Understand** ▾ **2. Brief reports: key highlights or issues**

**Parent circle report**  
**Policy (T)**

- Discussed establishing a transportation helping circle
  - Why are they forming a helping circle instead of doing the work in the main circle? Not sure, still discussing
  - Could make more sense for it to be a sub circle to be added to the sub circles of Storytelling and SBD
- They added the newsletter update to the agenda as a regular part of the meeting so they can remember to address it regularly
- Talked about additional transportation research needed

### Meeting with Tigress Osborne, NAAFA

- Ms. Osborn has been working with NAAFA since 2012, when she produced the fashion show at NAAFA's San Francisco conference. Tigress has been a member of the NAAFA Board since 2015 and acts as NAAFA's Community Outreach Director. You may have seen Tigress as the host of the NAAFA Webinar Series, which she has worked on since 2017. With Board Chair Darliene Howell and Vice Chair Peggy Howell, Tigress co-planned NAAFA's 50th Anniversary Celebration Conference.
- Ms. Osborn has a Bachelor of Arts in Africana Studies from Smith College and a Masters in English from Mills College. She worked with the Mills College Upward Bound Program as Senior Counselor and Writing Program Director for several years before being invited to create the Director of Diversity at The College Preparatory School in Oakland, where she held that role for nine years. Her background as an educator working with such diverse communities on social justice, equity, and inclusion gives her an acute understanding of marginalized communities and the systemic challenges they face
- She was great and the meeting was recorded, also took notes: <https://docs.google.com/document/d/1zNH5JzHN6Aju3GmeOlpy04ZpMoLYmoEPf56iyXd3Oss/edit?usp=sharing>
- NAAFA has been doing fat advocacy work since 1969, oldest documented fats rights org in the world!
  - They used to have local chapters, not so much anymore
- They co founded the Campaign for Size Freedom
- Mostly a volunteer org, Tigress is only paid staff person
- Discussed others that may be doing fat activism in the region
  - Mary Lambert lives in the area and does fat activism work!
  - Susan Stimson
  - People at Smith?
  - Worcester Area Fatties Group
  - Berkshire Body Liberation Biking Club
  - NAAFA Youtube
  - The\_bodylib\_advocate on Instagram - fat justice and food justice webinar being worked on; she offered us to give input on questions we would hope the webinar would answer
  - Friendly Like Me App - for fat and disabled people to review for fat friendliness
    - She suggested local organizing around using the app
- Petition on their website captures contact info - she could look at people who have signed on that live in this area
- Fat meet ups and social events
- New England has a lot of history of fat liberation work - the Fat Underground, The Fat Lib Archive
- Anastasia Kidd - wrote a book and may be based in western MA
- Civil Rights office in MA may have contributed to the bill not passing because they were low capacity to enforce it.
  - She suggested that when the bill passes, we could be on the ground doing trainings for businesses about what the bill means for them
- She is willing to do a teach in on why this is a social justice situation people should care about - ideally we could pay her
- Fatness as a racial justice issue - how to bring more BIPOC folks into the organizing
- She was very generous with her time and excited to work with us and support us

Questions?

- 
- What will we use our time with Tigress for on 3/18?
    - Discuss in person advocacy day at the statehouse around the bill and other ways we could advocate around the bill
    - Would we want to invite the Food Policy Circle to this meeting? Good idea.
- 

2:00

10

Explore ▾

### 3. Coordinator Selection


- Caitlin is willing, it would mean she also participates in the Food Policy Circle. She would want to take a stipend for both circles.
  - Proposal: Caitlin serves as Coordinator, becomes partner in Food Policy Circle
  - Questions/Reactions
    - Has the Food Policy Circle talked about this? Would like to see them discuss before we make a decision; if they can put selection on the agenda
    - If Caitlin is Coordinator in SBD, would she also facilitate? She is open to that.
  - Alexandra will bring Coordinator selection to Food Policy Circle, including the nomination for Caitlin
- 

2:10

20

Explore ▾

### 4. Mini Teach In Reflection (Kristen)

- Resource:  You Just Need to Lose Weight, A. Gordon, Myth 6.pdf
  - Questions:
    - What stuck with you from the reading?
      - Suggested change to manifesto w/r/t "overweight" and "obesity" language
        - Agree with the chapter calling us to reconsider our language
      - "Scientific Black Box" about obesity being the leading cause of death in the US really resonated with me- like that she breaks down what is problematic about this statement and really looks at the research, especially to respond to people who are really research obsessed
      - Competition for funding between big tobacco and "obesity" research and competition to establish what kills more people so we can get more money to work on these projects- so illuminating about power and knowledge production and what gets considered truth at the end of the day
      - Learned a lot more about the link between fatness and sickness
      - Problems caused by calling it the obesity epidemic when no one has actually died from being fat- so many things that the medical industry has pivoted on and they need to be held to account for that
      - More people actually dying from being underweight than being overweight
      - Body size can mask the real risk of having an eating disorder
      - People being so rooted in their hatred fatness that they can start targeting people who are using the actual tools for their field
      - Fatness being seen as bad so that people can distinguish themselves from the other
      - How can obesity be a disease? This is the argument for not shaming the person, but it pathologizes it
      - People who created the BMI did not even want it being used the way it is being used now
      - Oprah is a long-time fatphobe- a lot of internalized fatphobia, annoying because she has a lot of power
      - Having good information helps us let go of beliefs inside of ourselves but also talk to other people
      - Another complementary resource: <https://asdah.org/media/>
      - Some other things in the book about doctors and bias and how med school introduces more antifat bias
    - What was most challenging to learn about in the reading?
    - Does this information change your understanding of fat people, "obesity," or the "obesity epidemic"?
-

- Are there outdated or inaccurate ideas about fatness, fat people, and weight loss that you need to abandon? What are they? What can you do to uproot those beliefs and any behaviors they foster?

**Explore** ▾ **Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

- Caitlin will invite Camille to next meeting and keep communicating with Molly
- Circle name to consider - Fat Acceptance & Body Sovereignty (FABS)
- Alexandra will bring Coordinator selection to Food Policy Circle, including the nomination for Caitlin
- Alexandra will invite Food Policy Circle to meet with Tigress

**Explore** ▾ **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

- Addition about language to our Manifesto
- Blurb for Newsletter - "Did you know???"

2:25 5 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?
- 

2:30

**END**

Scribe:

cc. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolycouncil@collaborative.org](mailto:foodpolycouncil@collaborative.org)

dd. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Feb 5

## Meeting agenda & minutes - Agenda y actas de la reunión

**Location**  
**Ubicación**

(include link here if relevant)

Time Hora	Min.	Topic - Tema
10:30	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
10:40	10	<p><b>Reminder to fill out <a href="#">Stipend Tracking</a></b></p> <p><b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)</p> <p><b>Facilitator/Facilitador:</b> Caitlin <b>Scribe/Escriba:</b> Kristen <b>Coordinator/Coordinador:</b> None</p> <p><b>Delegate/Delegado:</b> Laura</p> <p>→ <b>Other members/Otros miembros:</b> T, Alexandra</p> <p>→ <b>Guests/Invitados</b> Kia</p> <p>→ <b>Absent:</b></p> <p><b>Duration - Duración:</b> go minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)</p> <p><b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)</p> <ul style="list-style-type: none"> <li>●</li> </ul> <p><b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)</p> <ul style="list-style-type: none"> <li>● Visioning Event February 9, 4 - 7 at CES- last day to register is tomorrow</li> </ul>



- Speaker Panel with Lindsay Sabadosa, Evelyn Harris, Elsi Burnnier Healy - "From Christian Abolitionism to White Fragility" - 1pm at College Church in Northampton - learn more here [https://thecollegechurch.org/news/black-history-month-celebration/?fbclid=IwARoQMCzz3Pg5ejEtqof5YQdVowq\\_1PoQ4PGZcxTUDAcE8uzKLPu6b-F2Y\\_U](https://thecollegechurch.org/news/black-history-month-celebration/?fbclid=IwARoQMCzz3Pg5ejEtqof5YQdVowq_1PoQ4PGZcxTUDAcE8uzKLPu6b-F2Y_U)
- Lush & Whole: Welcoming Our Fat As An Embodied Resource - Facilitated By Jules Pashall & Laura McCuniff Reid - March 7-10, 2024 - learn more here <https://www.wildheartcenter.art/lush-whole-welcoming-our-fat-as-an-embodied-resource/>

**Next meeting date/Fecha de la próxima reunión:**

- Thursday, February 22nd (meeting at a different time due to the holiday)

**Teach-in Topic for next meeting:**

- *You Just Need to Lose Weight* by Aubrey Gordon- Myth 1 or Myth 7. Kristen will scan in and send a photocopy. Will also share discussion questions. ~10 - 15 pages
- Order for Circle Teach In:
  - Kristen - announce resources on Feb 5, to be discussed on Feb 22
  - T - announce resources on Feb 22, to be discussed on March 4th
  - Caitlin - announce resource on March 4th, to be discussed on March 18th
  - Laura - announce resources on March 18th, to be discussed April 1
  - Alexandra - announce on April 1, to be discussed on the week of April 15th

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

- Alexandra shared information about the history of the land that Abundance Farm and the Northampton Survival Center sit in, going back to Lake Hitchcock, through the Alms House history, the Poor Farm history. There may be a recording, Alexandra will share if she can find it.
- More recently, the land we now call Abundance Farm was the site of Northampton's "Alms House," which, from ~1800 to 1950, served as a refuge for local residents in need of shelter, food, and other services. The Northampton Alms House included a 15 acre "poor farm" operated by the residents. This rich and complicated history adds much meaning, as we reclaim this land as a farm that once again serves those in our community in need. <https://www.abundancefarm.org/our-story>
- <https://www.growfoodnorthampton.org/if-the-land-could-speak-community-gardens-on-land-with-social-justice-roots/>

Decide ▾

**Consent to agenda - Consentimiento a la agenda**

**Summary of today's proposed agenda**

63. Action items accountability
64. Brief reports
65. Meeting with NAAFA
- 66.
67. Check Out

10:50

15

Understand ▾

**1. Action items accountability** (noted from previous meeting, check off if done)

- ☐ Caitlin will continue to talk with Camille and Molly about being a partner
  - Still working on it
- ☐ T will share the Transportation Brief from Food Policy Circle to Caitlin, she can fill in what she knows about other transportation work going on in the region
  - Still working on it - Megan has not responded
- ☒ ~~Kristen will reach out to Raeann to see if she still plans to be a partner, scribe, and if the regular time works for her in the spring semester~~
  - Raeann is stepping back from the circle, she cannot be a partner at this time due to time constraints
- ☒ Caitlin will bring a list of potential speakers for the event
  - Caitlin reached out to
    - Bigger Bodies Boston - they are a volunteer org, going on hiatus until late Feb., they may be available to meet then

- National Assoc for Fat Acceptance - they offered meetings times to meet with Executive Director and Advocacy Director - they are available to meet:
  - 2/13 between 1:00-4:00pm or at 7:30pm ET
    - T is not available 1-3pm, other wise works
    - Caitlin is available 2-3pm
    - Works for Alexandra
  - 2/15 between 2:00-3:00pm ET
    - Kia and Kristen not available
  - 2/16 between 1:00-3:00pm ET
    - 1-2 for Caitlin
    - Works for Alexandra
  - Let Caitlin know if you are available at any of these times to join a meeting
  - Most are available on Friday, 2/16 - Caitlin will see if this works
- Rebecca Rausch's Office (she is sponsoring the SBD bill) - offered to meet but no times yet
- STRIPED at Harvard School of Public Health - no response yet
  - Caitlin will follow up
- FLARE - no response yet

☒ T is going to talk to Emily about new Coordinator

- Emily is going to work on this at the next Food Policy Circle meeting

☒ Kristen is going to bring a resource to the Feb 5 meeting

☒ Kristen will create a new link and cal invite for 1st and 3rd Mondays, 10:30 to noon (except for 2/19 when we will meet on 2/22)

10:55

5

**Understand** 2. Brief reports: key highlights or issues

### Parent circle report

#### Policy (T)

- No report

11:00

10

**Explore** 3. Meeting with NAAFA

### Dates & Availability:

- T, Caitlin, Kia, Alexandra, and Laura available from 1 - 2 on 16th
- Caitlin will see if they are available

### Questions for NAAFA/What you would want to talk to them about:

- Can we look at website so we have more familiarity with their work?
  - <https://naafa.org/>
- What do they work on?
  - Advocacy -
    - Helped pass a bill in NYC around size discrimination
    - Campaign for Size Freedom
    - Petition
    - Website has small ways to support the movement
  - Events - Seems like they have past events on website - Fat Fridays Social Club
  - Resources - lots of intersectional resources
  -
- Some people are overweight but they have "normal" health indicators - how do you talk about this?
  - Health at Every Size - <https://asdah.org/> also works on this topic, has a campaign - they could be a good org to reach out to as well; they have an abolish the BMI
- As a new group getting into this work, do they have suggestions on where to start?
- Do they work with other newer groups who are getting into this work?
- What levels do they engage at (local/regional/national)?
- Do they have suggestions for more local organizing?



- Do they know of any organizing happening in New England?
- How do they think about dividing up their energy around events, advocacy, education, etc.?
- What is the role of small grassroots organizers in this movement, like us?
  - Like the question about the role of grassroots organizers
- How to link this convo to the public health, food access, food sovereignty movements? Implicit bias within the food justice movement? How do we explore/build on this?
  - Talking points/tools to counter implicit bias
  - SNAP regulations around what people can buy - body size/food choices
  - How to talk about this stuff as people with lived experience - it can be really triggering
- How does a small local grassroots coalition think about a campaign to support the Size Based Discrimination Bill in MA? How would we go about mobilizing? What would be the ask? How do we escalate the ask as we go? Not a lot of experience with political campaign organizing, what is their advice?
- What can we do as an organized group vs. as individuals?
  - Seems like the asks on the website are more about individuals; how can we harness the power of our group?
- Language around fat acceptance as it relates to food sovereignty and food justice

#### Next Steps

- Caitlin will propose Friday, 2/16, 1-2pm as a meeting time
- Caitlin will reach out to Assoc for Size Diversity and Health about their advocacy work (they focus more on medical model, not sure if we want to go down that route, but interesting)

11:15

15

Explore ▾

#### 4. Circle Name

- Acceptance - feels more positive? Discrimination feels negative; people may have a visceral negative reaction
- Centering fatness or has fat in the name would be good. Thinking of other movements that clearly use the language of who they represent "Black Pathers" "Black Power" etc. We want to be obvious that we are celebrating fatness.
- How can we connect food justice work with this?
  - Body sovereignty
  - Fat justice
  - Both?
- Like body, sovereignty, justice, access, acceptance
- **Body Sovereignty and Fat Justice Circle?**
  - Body sovereignty brings up a wider lens, like it
  - Interested in looking at history of "fat acceptance" movement and how language has evolved there-want to align with the lineage here
  - What can we link up with, so that if someone googles the name of our circle, they find other stuff that connects
  - Is "body sovereignty" too broad?
  - What encompasses the broad impacts of this work?
  - SBD is nice as an acronym too - we need something usable - that is underwood, can be written and spoken easily
  - Like the idea of examining how the language has evolved in the movement - what has been written about that? Fat Studies is a whole area of academic literature.
  - Like sovereignty in that it helps links to food justice, in my mind - calls for the overlap with people having decision making power about their own bodies, what they eat, etc.
  - Love the word Liberation - Fat Liberation feels better than Fat Justice
  - Fat Liberation & Size Justice
  - Fat Warrior Circle
  - Advocates instead of warriors?
  - Body Sovereignty isn't bad (BSC)
  - We support food sovereignty because we support land sovereignty - it is a collect movement - so maybe body sovereignty being broad is a good thing?

- Fat Liberation and Body Sovereignty are the best so far - want to find something not overly complicated, not getting hung up on semantics
- Who are we centering?
  - Feels important to center fat people, although we are working for ALL bodies
- When you google Body Sov it comes up with a lot of indigenous organizing around health, rights to our bodies, collective dismantling of systems that oppress bodies - liking body sovereignty even more now - a chance to talk about systems

- 11:50 5 **Explore** ▾ **Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)
- Caitlin will propose Friday, 2/16, 1-2pm as a meeting time with NAAFA
  - Caitlin will reach out to / follow up with:
    - Assoc for Size Diversity and Health (ASDAH) about their advocacy work
    - STRIPED
  - Caitlin will continue to talk with Camille and Molly about being a partner
  - T will share the Transportation Brief from Food Policy Circle to Caitlin, she can fill in what she knows about other transportation work going on in the region
  - Emily is going to send us a coordinator from Food Policy Circle
  - ALL will read the resource Kristen sends by 2/22
  - Keep thinking about CIRCLE NAME and bring ideas next time

- Explore** ▾ **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)
- Circle name

- 11:55 5 **Closing round - check-out Ronda de cierre - Despedida**
- What worked well for you in today's meeting? What would you do differently?
  - ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?
  -

- 12:00 **END** Scribe: ee. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)  
ff. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

Jan 29

## Meeting agenda & minutes - Agenda y actas de la reunión

**Location**  
**Ubicación** (include link here if relevant)

**Time**  
**Hora** **Min.** **Topic - Tema**

10:30 10 **Opening round check-in** (no notes) **Ronda de apertura**

10:40

10

**Reminder to fill out [Stipend Tracking](#)**

**Attendance:** (important to track when stipends depend on attendance) (identify via ~~strikeout~~ members who are absent)  
(importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)

**Facilitator/Facilitador:** Caitlin **Scribe/Escriba:** Kristen **Coordinator/Coordinador:** None

**Delegate/Delegado:** Laura

→ **Other members/Otros miembros:**

→ **Guests/Invitados** Kia

→ **Absent:** Raeann, Alexandra

**Duration - Duración:** 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)

**Minutes - Minutas:** (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?)

- No updates

**Information - Informació:** (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)

- Febraury 9th - Community Dinner and Visioning Event at CES, don't forget to register

**Next meeting date/Fecha de la próxima reunión:**

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):**

Decide ▾

Consent to agenda - Consentimiento a la agenda

**Summary of today's proposed agenda**

68. Action items accountability

69. Brief reports

70. Role Check In/Selection

71. Advocacy

72. Check Out

10:50

5

Understand ▾

**1. Action items accountability** (noted from previous meeting, check off if done)

☒ Caitlin will add footnotes to the manifesto

- Done!

☒ Each partner writes a few sentences on why this circle is important to FPC and/or you and send to Kristen by 1/19. Kristen will edit and send to Steve by 1/25.

- Kristen will send a final reminder today

☐ Caitlin will invite Molly and Camille to our circle and see if they are interested

- Molly has not responded yet
- Camille is concerned about meetings interfering with her job - if we could meet for 60 mins at the beginning or end of the day, that might work better for her; she is interested.
- Rae is also interested but can't join right now

10:55

5

Understand ▾

**2. Brief reports: key highlights or issues****Parent circle report****Policy (T)**

- Circle canceled the Policy Helping Circle and decided to focus on transportation as a policy priority area
- Kia is working with her RPS Group talking about transportation as well - they had a whole meeting focused on it; Kia wants to invite someone from the group to bring the ideas they developed to a Food Policy Circle meeting for collaboration
- Caitlin knows about some existing transportation policy work - happy to share this with the circle.
  - Statewide Regional Transit Authority Working Group led by Mass Public Health Association would be a good thing to participate in. Caitlin will find the contact.
  - Food Bank also has done forums on transportation;

- PVPC as well
- T will share the Transportation Brief from Food Policy Circle to Caitlin, she can fill in what she knows

11:00

10

Consented 3. Role Check Ins/Selection

#### Coordinator

- We need a Coordinator! There are no partners in SBD that can serve in this role right now
- Proposal: Contact Emily Reardon and let her know that we need a Coordinator from Food Policy Circle
- Questions/Reactions
  - Makes sense. T is meeting with Emily this afternoon and can ask her
  - Makes sense, Emily might be surprised but we can let her know this is part of sociocracy. Maybe it will be Kia?
  - Sounds good.
  - Kia is interested but not attached to the idea
  - Preference would be that the coordinator makes the agenda and then checks in with the facilitator. Caitlin would like to limit her work/planning meetings. This is a request.

#### Scribe

- How does Kristen feel about scribing?
- Raeann was actually selected as scribe and Kristen was supposed to be support. Raeann has not attended in awhile. Not sure if she is still a partner and plans to scribe?
- T met with Raeann and trained her on scribing
- Kristen will reach out to Raeann and find out her status

#### Delegate

- Laura is delegate - how is she feeling about her role?
- She sucks at it lol (her words)
- Not interested in being delegate anymore

#### Facilitator

- Caitlin is happy to keep facilitating; no objections

We will wait until we have new partners here to discuss again and select Coordinator/Delegate.

11:15

15

Consented 4. Advocacy

#### What is the next step in doing advocacy work?

- Have no idea about how to move forward
- Invite a speaker - someone from STRIPED program that has been working on the Size Based Discrimination Bill with the MA legislature or someone from Bigger Bodies Boston; or National Assoc for Advancement of Fat Acceptance
  - They may be able to help us understand the advocacy landscape in this area
  - Advocacy involves a lot of strategy and there are already people doing this work, want to hear their recs
- Like the idea of bringing in some experts to hear about what is going on in the advocacy realm. Feels a little elusive.
- How are people who are doing advocacy on this topic linking it to other issues?
- Just saw a bill put forth by Congressman McGovern around trying to get health insurance to cover more dietary supplements/medically tailored meals.
- A lot of work going on that it would be useful to bring a framework around body bias to.
- Not just bills focused very clearly on size based discrimination, but also bills to bring a body bias perspective to. Where else where we might want to be supporting this work and introducing perspectives that are not already there?
- Advocacy in tangential areas.

- Would love for us to be talking more as a circle and learning together about how we talk about this stuff.
- You Just Need to Lose Weight is a really cool book because it gets at the things people always say about fatness. Does a good job of pulling out key issues that are up or in the narrative. Could see us using that book, prompts, and discussion questions to start conversations together about how we get more comfortable talking about this.
- We as a circle have work to do on our own rhetoric in tandem with the advocacy work we are doing.
- Like the idea of having people come as well; also like to spend time figuring out our framework. Being able to invite community members in, have events, do some political education and get people motivated and riled up to understand and advocate on this topic
- Folks in western MA were not very involved in the Bill that was recently heard
- Events for Fat People!
- We need to build public support which involves community organizing, teaching community members how to advocate for things that will affect their lives - which this topic does. Trainings can be simple - how to write a letter to a legislator or Governor.
- What is in the bill? Do we like the bill?

### Second Round

- Like the idea of having some more education personally, from experts.. Feel nervous about my own dr. appt tomorrow that is bringing feelings up.
- Next steps could be:
  - Invite someone to speak - could be a circle meeting or a FPC wide event - to hear about the Advocacy Agenda that these groups are pursuing; could even invite multiple speakers to talk on their platforms for an event
  - Organizing - love this but need help here
  - Developing our shared language - looking at resources, spending meeting time that we are talking about the topic itself
  - Advocacy planning - spend time at each meeting doing this too
- Like the idea of having a speaker panel and that being the debut of our circle and what we are working on
- Like the idea of "each one teach one" model for our meetings - we each take a week and bring a resource to discuss - we can teach each other about topics we care about and build our shared understanding, prepare ourselves to go out and talk about this in the FPC and beyond
- Also events! Fatties Floating beach day, polar plunge, pot luck....
- Teach In idea is great
- Having good food at events!
- Combo of education, policy advocacy, and community engagement
- Want to bring in the health impacts of this - what the fat bias means for people getting health care - medical community needs to be called out
- events !

Proposal: Caitlin will research and bring a list of people to reach out to for an advocacy speaker event

Proposal: Develop a rotating list of circle partners to identify and share a resource for partners to review and talk about for each meeting, starting February 5 - to start discussing on Feb 19th

### Questions/Reactions:

- We have a conflict for the 2/19 meeting because its Pres. Day; we will meet on the 22nd instead
- Like this idea - work on two things at once. Kristen volunteers to go first
- Like this idea
- Education is always a good thing
- No questions. Sounds fine.,

### CONSENT

Order for Circle Teach In

- Kristen - announce resources on Feb 5, to be discussed on Feb 22
- T - announce resources on Feb 22, to be discussed on March 4th
- Caitlin
- Laura
- Alexandra
- Raeann

11:50 5 **Explore** ▾ **Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

- Caitlin will continue to talk with Camille and Molly about being a partner
- T will share the Transportation Brief from Food Policy Circle to Caitlin, she can fill in what she knows about other transportation work going on in the region
- Kristen will reach out to Raeann to see if she still plans to be a partner, scribe, and if the regular time works for her in the spring semester
- Caitlin will bring a list of potential speakers for the event
- T is going to talk to Emily about new Coordinator
- Kristen is going to bring a resource to the Feb 5 meeting
- Kristen will create a new link and cal invite for 1st and 3rd Mondays, 10:30 to noon (except for 2/19 when we will meet on 2/22)

**Explore** ▾ **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

11:55 5 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?

12:00 **END** Scribe:  
gg. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)  
hh. Write news you want to share with others here/Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

2024-01-08

## Meeting agenda & minutes - Agenda y actas de la reunión

**Location** <https://collaborative.zoom.us/j/88282143011>  
**Ubicación**

Time Hora	Min.	Topic - Tema
--------------	------	--------------

10:30	15	<b>Opening round check-in (no notes) Ronda de apertura</b> <ul style="list-style-type: none"> <li>• How are you coming to this meeting? (For this circle opportunity to ask a specific question related to our work to get to know one another. Maybe this time: how were the holidays for you with the cultural pressures and influences we discussed last meeting? How did you cope or thrive?</li> </ul>
-------	----	---

10:45

10

**Reminder to fill out [Stipend Tracking](#)**

**Attendance:** (important to track when stipends depend on attendance) (identify via ~~strikeout~~ members who are absent)  
(importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes)

**Facilitator/Facilitador:** Caitlin Marquis **Scribe/Escriba:** Kristen Whitmore and Raeann LeBlanc

**Coordinator/Coordinador:** Alexandra Mello **Delegate/Delegado:** Laura Sheridan

→ **Other members/Otros miembros:** T Sogoba

→ **Guests/Invitados**

**Duration - Duración:** 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?)

**Minutes - Minutas:** (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?) [Dec. 18 2023](#)

**Information - Informació:** (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión)

- March in DC this weekend for peace in Gaza; there is a bus leaving the area
- Remember to log your stipends, starting in January! Link in the top of the notes doc.
- Would you like to get some free life coaching from Caitlin? This would be practice for Caitlin as she is gaining experience with life coaching. Schedule here - <https://app.simplymeet.me/taprootembodied/coaching?day=2024-01-09>

**Next meeting date/Fecha de la próxima reunión:**

- January 29, 10:30 to noon
- February 5, 10:30 to noon
- **February 22, 1 to 2:30pm different day/time due to President's Day**

**Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):**

**Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):** What is something that is "up" for you related to our relationships with local indigenous communities?

- Alexandra has a connection with the Sirius Community in Shutesbury - eco village/spiritual center; they are a sister community with another eco village in Scotland.
- Sirius Community has 35 people that live here.
- They believe they have original Nipmuc structures on their land. Doing some research, it becomes really hard to verify. The complexity of knowing Nipmuc people were here and continue to live here yet the history is hard to find. It is frustrating.
- On a positive note, they are starting a Healing Center - the Tea House/Healing Center Apothecary. In Nipmuc tradition they called healing "having tea" so it will draw on that tradition from her own lineage. 5-6 healers will work there starting this summer. On Nipmuc land.
- They use sociocracy at Sirius as well, but struggling some. They are interested in getting in touch. Geni Dedam is the contact.
- Sirius has a month Coffeehouse music and dance starting together with a potluck dinner first and are open to new people using the space for retreats/classes etc.

10:55

2

Decide ▾

**Consent to agenda - Consentimiento a la agenda****Summary of today's proposed agenda**

1. Review changes Caitlin made to the Manifesto
2. FPC Newsletter and Social Media for February
3. New partners
4. Backlog review (see notes below carried over from previous meetings)

10:57

3

Understand ▾

**1. Action items accountability** (noted from previous meeting, check off if done)

- ☐ Raeann will reach out to colleague about their interest in joining the circle
- ☐ Caitlin will add footnotes to the manifesto



- 
- ☐ Each partner writes a few sentences on why this circle is important to FPC and/or you and send to Kristen by 1/19. Kristen will edit and send to Steve by 1/25.
- 

11:00

2

**Understand ▾ 2. Brief reports: key highlights or issues**

**Parent circle report**

**Policy Circle** (Alexandra)

- Policy Circle has not met. Meets again 1/10
  - Food Policy Circle will be listening to an interview that Storytelling Circle did that relates to their work, cool to see the stories starting to be heard
  - Some frustration being voiced about Food Policy Circle - people seem to feel that the circle does not have priorities, but it feels that we do, in our sub circles - Size Based Discrimination, Transportation, Storytelling.
- 

11:02

15

**Consent ▾ Caitlin's Manifesto draft**

- Review updates and changes Caitlin incorporated with feedback from our last meeting and hear reactions
  - Next steps for this document
  - Reactions
    - Feels clear, concise and readable. Feels like a mission/vision doc. Feels like this will help others understand our circle. Excited to get it out there and share with others.
    - Looks good and makes sense based on what we talked about. I love the manifesto! Reminds me of the Fat liberation Manifesto.
    - Appreciate the work that Caitlin put into this. Glad we are getting it out there now. It is particularly relevant to me because its personal. Experiences of needing medical treatment and the doctor saying it could be impossible if BMI goes up.
    - Love the manifesto! Can we cite some of these stats? Makes me think about how to engage others in convo about the manifesto. Expect there will be questions and interest.
    - Dialogue series?
  - Proposal: Go forth with this manifesto and Caitlin will add citations by next meeting
    - CONSENT
- 

11:17

20

**Decide ▾ FPC Newsletter and Social Media Submission**

- As we discussed in the past this is a tool and way forward to bring this circles work to the wider FPC. The next newsletter submission deadline is January 22-25. When we meet again it will be the 22nd so we can review our submission(s) then.
  - Use this time to brainstorm and assign follow up on what we want to submit for the newsletter which could also be used for social media or we could also generate content for a few posts that are meaningful to this circles work.
  - What might we want to put out?
    - Blurbs of our manifesto
    - Introducing us as a circle
    - Communications can also spotlight new partner - Raeann?
    - We could highlight Fat Influencers that we like and are doing good work
    - Mini interviews of partners to ask why they care about this and why it is relevant to the FPC - could be a fish bowl - like The View!
    - Bite size stats/stories from the manifesto that seed a new narrative about bodies
    - Like The View idea!
    - Manifesto as starting place is a good idea
    - Like the idea of each of us answering "why is this important to the FPC?"
    - Bigger Bodies Boston is doing a lot of advocacy around the Size Based Discrimination bill; also read about people who spoke out against the bill
-



- Talking to someone involved in the advocacy of the current bill, figure out how we can support it and ask other FPC partners to support it
  - Like the idea of personalizing something - why is this relevant to the FPC?
    - Gettign focus on Western Mass/Hampshire County
  - Research T did on the bill for the food policy helping circle:  
[https://docs.google.com/document/d/1YWtJofl2m4j45sa45K-1MTk\\_LmYfQUdMBgXbYxg7TQ/edit](https://docs.google.com/document/d/1YWtJofl2m4j45sa45K-1MTk_LmYfQUdMBgXbYxg7TQ/edit)
- What will we do between now & February newsletter
  - Each of us come to next meeting and draft why this is important to us & highlight parts in the manifesto
  - Why do you think this work is important for the Food Policy Council? Why is this Food Policy Council work?
  - Proposal to answer the questions with deadline of Wednesday, Jan. 19. Kristen will edit and submit to news & submission form by Jan 25.
    - Why are you in this circle?
    - Why is this work important to the food policy council?

11:37

11

**Decide ▾ Inviting additional circle partners**

- Discuss and decide on additional partners to invite
  - Would be good to have someone from outside the FPC; Raeann is an example of this, which is great. A few more people that can talk us up and be supportive of us. Challenge of the FPC is people not understanding who we are/ what we do. If we could get one more person that can be an ambassador. Perhaps also one more person from the FPC?
  - Would be cool to have more people, nobody in mind. More people of color, obviously, but that's a broader issue. We are an efficient circle currently.
  - A few people thinking about - both are white.
    - Molly Aronson(?), Education Manager at GFN - they are interested in this topic and reached out to Caitlin to talk about it. They are very busy with Jewish Voices for Peace, they organized the local march.
    - Caitlin's sister Camille! She is interested. She has a full time job, so could impact meeting time.
  - Kia and Robby have both expressed interest
  - We should put a call for partners into the newsletter too
- Hold off on this convo until February to reconsider?
- Go forth with inviting Camille and Molly

11:48

2

**Explore ▾ Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

- Caitlin will add footnotes to the manifesto
- Each partner writes a few sentences on why this circle is important to FPC and/or you and send to Kristen by 1/19. Kristen will edit and send to Steve by 1/25.
- Caitlin will invite Molly and Camille to our circle and see if they are interested

11:50

5

**Explore ▾ Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

- Priority #1: role review
- Buckets:
  - **Sharing our own stories**
    - Storytelling connection-How would we want to use Storytelling as a resource?
    - Getting to know each other better-Do we want to build this into each meeting as we're coming together as a circle?
    - Getting to know each other's stories more, as well as others in the FPC (combines our stories and asks for others in the FPC)
  - **Learning together as a circle**

- Book group idea - "You Just Need to Lose Weight" by Aubrey Gordon+1
- Ground rules for convos we have in this space - not sharing personal stories beyond the circle
- What is our shared language?
  - Asset based
  - What language we want to increase/decrease
  - Yes AND
- History around diet culture, capitalism, American Heart Association- all related to systems of power, who's in power, who has control, who has money. Illuminating how these systems impact all of us through federal nutrition guidelines (at the very least) raises up interconnectedness of this topic with so many other topics.
- **Introducing what we are learning as a circle to the FPC**
  - Could we develop a charter? Something that says what we are advocating for and how we want to frame it
    - Then look at what the beliefs are informed by and invite FPC to a webinar
    - Looking at science, data, history (how capitalism is linked to thinness and health)
  - How to have a trauma informed convo about this for FPC
    - Food Therapy podcast talks about intersection with mental health;
    - Communicating that this effects everyone; how not to perpetuate harmful beliefs
- **Advocacy areas+1**
  - Advocacy around adaptations of the GusNIP program- what types of criteria are used to allow people into the program
    - Conversations around BMI
    - History, harm it has inflicted - connection to Produce Prescription here too
  - Size Based Discrimination advocacy agenda, campaign strategy, and calls to action
  - Fat positive certification for businesses and institutions
- **Healing**
  - Helping other people heal from internalized fatphobia
  - Alternative New Years Resolutions! Alexandra: Maybe a good idea for the newsletter and a way to introduce the work of the circle?
    - Bingo sheet?
  - personal /collective/systems healing

11:55      5      **Closing round - check-out      Ronda de cierre - Despedida**

12:00      **END**      Scribe:  
 a. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)  
 b. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)

#### circle role selection template      plantilla de selección de roles de círculo

Term:	Coordinator		Delegate		Facilitator		Scribe	
Partner	Nomination	Change	Nomination	Change	Nomination	Change	Nomination	Change

Proposal:								

<

Copy & paste

Date

Meeting agenda & minutes - Agenda y actas de la reunión

Location

Ubicación

(include link here if relevant)

Time	Min.	Topic - Tema
0:00	10	<b>Opening round check-in</b> (no notes) <b>Ronda de apertura</b>
0:10	3	<b>Reminder to fill out <a href="#">Stipend Tracking</a></b> <b>Attendance:</b> (important to track when stipends depend on attendance) (identify via <del>strikeout</del> members who are absent) (importante realizar un seguimiento cuando los estipendios dependen de la asistencia) (identificar mediante tachado a los miembros que están ausentes) <b>Facilitator/Facilitador:</b> NAME <b>Scribe/Escriba:</b> NAME <b>Coordinator/Coordinador:</b> NAME <b>Delegate/Delegado:</b> NAME → <b>Other members/Otros miembros:</b> → <b>Guests/Invitados</b> <b>Duration - Duración:</b> 90 minutos (does anyone need to leave early?/¿alguien necesita irse temprano?) <b>Minutes - Minutas:</b> (any correction to last meeting's minutes?/¿alguna corrección a las minutas de la última reunión?) • <b>Information - Informació:</b> (announcements not directly related to this circle's work, no discussion/ anuncios no relacionados directamente con el trabajo de este círculo, sin discusión) • <b>Next meeting date/Fecha de la próxima reunión:</b>  <b>Land Acknowledgement or reading of other foundational statement (such as vision, mission, aim, values):</b> <b>Reconocimiento de la tierra o lectura de otra declaración fundacional (como visión, misión, objetivo, valores):</b>
0:13	2	<div><div>Decide</div><div>Consent to agenda - Consentimiento a la agenda</div></div> <div><b>Summary of today's proposed agenda</b> 73. Action items accountability 74. Brief reports 75. Item three 76. Item four 77. Etc!</div>
0:13	0	<div><div>Understand</div><div><b>1. Action items accountability</b> (noted from previous meeting, check off if done)</div></div> <div><input type="checkbox"/></div>
0:15	5	<div><div>Understand</div><div><b>2. Brief reports: key highlights or issues</b></div></div>

### Parent circle report

**Parent circle name** (coordinator name)

•

### Subcircle reports

**Subcircle name** (delegate name)

•

**Subcircle name** (delegate name)

•

### Operational role reports

**OR title** (role holder name)

•

**OR title** (role holder name)

•

0:20 10 Understand ▾ **3. Item three**

•

0:30 15 Understand ▾ **4. Item four**

•

0:45 25 Understand ▾ **5. Etc!**

1:10 5 Explore ▾ **Next Steps** (add to next meeting's action items checklist or agenda) Próximos pasos (agregar a la lista de verificación o agenda de elementos de acción de la próxima reunión)

•

1:15 5 Explore ▾ **Backlog review** (add, prioritize, schedule future agenda items) (agregar, priorizar, programar futuros elementos de la agenda)

•

1:20 10 **Closing round - check-out Ronda de cierre - Despedida**

- What worked well for you in today's meeting? What would you do differently?
- ¿Qué funcionó bien para usted en la reunión de hoy? ¿Qué harías diferente?

1:30 **END** Scribe:  
ii. Notify of any changes to policies, ams and domains, circle membership & roles, creation of subcircles, or terms. Notifique de cualquier cambio en las políticas, ams y dominios, miembros y funciones del círculo, creación de subcírculos o términos: [foodpolicycouncil@collaborative.org](mailto:foodpolicycouncil@collaborative.org)  
jj. Write news you want to share with others here/ Escriba las noticias que desea compartir con otros aquí: [FPC News and Update Submission Form](#)