



Life Skills, Upland JH Curriculum, Instruction & Assessment (CIA)

Teacher Name:

Course:

Course Description		Textbooks And Other Curriculum Resources
Students receive training in study, organizational skills, note taking, and testing skills. Class will assist students with time management and stress management and overall physical, social and emotional health. We will also focus goal-setting, decision making and problem solving as well as provide additional content area support. 8th Grade Course Descriptions		Discovering Life Skills
Grading Guidelines	Assignment Submission Guidelines	Required Materials for Class
Traditional Grade Scale will be used A = 100% - 90% B = 89% - 80% C = 79% - 70% D = 69% - 60% F = Below 60%	All assignments can be completed late up until 1 week before the end of each trimester for full credit	Students will need a device such as a ChromeBook - if students do not have a device the school can provide one
Modes of Communication	Technology Programs For Course	Types of Assessments
Email: Maria_campau@upland.k12.ca.us Phone: Office Hours:	• Google Classroom • Blocksi • Kahoot • CNN 10 Student News • Edpuzzle	

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Remind:	• Quizlet • Flipgrid • Padlet • Zoom/Google Meet	
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	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter
CTE Standards Literacy Standards for Technical Subjects Health Content Standards	1. Self Awareness • Positive Social Behaviors • Identify qualities that contribute to a positive self image 2. Communication • Describe characteristics of effective communication. • Identify trusted individuals that can assist with social or emotional healthy 3. Goal setting/Time-Management • Develop Daily/Weekly Distance Learning Schedule 4. Nutrition/Health/Stress Management • Identify symptoms or stress/Identify Stressors • Develop achievable goals for handling stressors in a healthy way 5. Practice the safe use of technology. • Internet Safety/Appropriate use of Technology	See trimester 1	See trimester 1	
Skills/ Key Vocabulary				

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Content/ Content Resources	Glenco Discovering Life Skills			
Assessments	Learning Styles Survey/Quiz Digital Risk Assessment			
Performance Tasks				
Differentiation Identify strategies to adjust content, teaching processes, and the work students are expected to produce to support struggling students and accelerate learning for advanced students towards meeting and exceeding standards e.g. specific use of visual aids, curriculum compacting, leveled text etc. Examples of differentiated lessons	Content (Curriculum) Engagement with the Curriculum	Process (Teaching Practices)	Product (Student Work)	

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