Suggested Packing List for Spring Training and Tour

You will have at least part of every Sunday off during Spring Training. We will have access to local laundromats and will help you get there if it is not within walking distance. There will be a limited number of laundry days, so plan on packing enough clean clothes to wear for **at least 14 days**. You should also plan for the occasional cold or rainy day and any special clothes you may want to wear on Sundays. Below is an example of what to pack.

This is just a sample packing list! Reach out to vets in your section and ask questions. We will have buy stops where you can replenish supplies so you don't need to pack sunscreen for 8 weeks for example

REMEMBER, YOU ARE PERMITTED A REGULAR SIZE LUGGAGE, BACKPACK, AND A SLEEPING BAG/PAD/AIR MATTRESS/PILLOW SETUP THAT MUST PACK COMPACTLY. SPACE IS LIMITED ON THE TOUR BUS. IF YOU PACK TOO MUCH, WE MAY MAKE YOU SEND SOME THINGS HOME BEFORE WE LEAVE FOR TOUR.

Everyone				Brass		Percussion		Guard	
Item	*Amount*	*Item*	*Amount*	*Item*	*Amount*	*Item*	*Amount*	*Item*	*Amount*
Backpack	1	Sweat pants/leggings	2	Music binder/pencils (at least 6)	1	Music binder/pencils (at least 6)	1	Rehearsal gloves	2
Rehearsal hat & sunglasses	1	Tide Pods/ detergent sheets	4-5 laundry days	Sheet protectors	20+	Sheet protectors	20+	Guard Tape	2 rolls
Healthy snack	1	Laundry quarters	4-5 laundry days	Binder clips for binder	6	Binder clips for binder	6	Body tights	1
Sunscreen	2	Sports Bras (girls)	6	Rehearsal gloves	2	Stick Tape	2 rolls	Gloves	1
Chapstick with SPF	2	Actual bra (girls)	1	Black towel & tuner	1	Black compression shirt (muscle style as uniform is sleeveless)	3	Shoes	1
Water container (Red One Gallon)	1	Belt	1	Valve oil/slide grease	1	Black Compression shorts	3		
Fanny pack & Dot book	1	Compression socks (wear on bus)	1	Mouthpiece brush	1	Long black socks for uniform	6		
Bug repellent	1	Twin air mattress/camping pad	1	Black compression shirt (muscle style as uniform is sleeveless)	3	Windex wipes	1		
Gold Bond	1	Air mattress pump/ patches	1	Black Compression shorts	3	Practice pad	1		
Moleskin	1 pack	Twin fitted sheet (one for bus seat)	2	Long black socks for uniform	6				
Pain Reliever (Acetaminophen)	1	Sleeping bag/blanket/pillow	1	Microfiber rag	1				
Cortisone cream	1	Power strip/phone charger	1	Wright's Silver Cream	1				
Athletic trainers/KT Tape	depends on need	Sleeping blindfold & ear plugs	1	Mouthpiece	1				
Bus box (10"x7"x14" or 15 qt)	1	Shower caddy	1						

Phone/charger/earbuds	1	Shower flip-flops	1						
Books	2	Towel	1						
Gum	2	Shampoo/conditioner	1						
Snacks	∞	Body wash & face cleanser	1						
Small Febreeze bottle	1	Razor & shaving cream	1						
24" bungee cords (dry towel)	2	Deodorant	2						
Suction cup basket for window	1	Lotion	1						
Seat pocket organizer	1	Icy Hot or Bengay	1						
Small water bottle (Nalgene)	1	Toothbrush & toothpaste	1						
Travel pillow	1	Aloe vera (Solarcaine)	1						
Show shoes	1	Anti-inflammatory (Advil/Motrin)	1						
Change of clothes for after show	1	Allergy, nausea & other meds	1						
Bobby pins & hair spray (girls)	∞	Cough Drops	1						
Underwear	14	Vitamins (+calcium)	1 bottle						
Sturdy socks	16	Bag to keep dirty laundry separate	1						
Misc. workout tees/tanks (at least 5 should be white for ensemble)	14	Ziploc bags	5						
Misc. workout shorts	7	Band-aids	1 box						
		Mini First Aid Kit	1						
Rehearsal shoes (quality!)	2	Ace Bandage	1						
Waterproof light jacket	1	Scissors/ nail clippers/ tweezers	1						
Free day/Sunday clothes	1	Kleenex travel pack	1						
Sandals	1	Comb	1						
Wallet/debit/credit card/cash	1	Hair ties (girls)	∞						
Insurance card & ID	1	Feminine products (girls)	as needed						
Extra duffle that stays in suitcase for flying home	1	Baseball cap	2						

Some things to keep in mind:

- Please bring a minimum of 5 white shirts to be worn during ensemble rehearsals. Color of shorts for these rehearsals doesn't matter. Some students will just keep their white shirt in their rehearsal bag in a ziplock and put it on for ensemble rehearsals.
- We recommend sleeping in your rehearsal clothes for the next day to eliminate packing pajamas, it will also make getting ready for rehearsal easier.
- Due to space limitations on tour, members are not allowed to bring larger than a twin size air mattress. Inflatable camp mats take up very little room, are quicker to set up and are still very comfortable.
- No cots are allowed as they scratch the gym floors.
- Label anything you are worried about being misplaced or being confused with someone else's property.
- Ziplock bags can help keep electronics dry in the rain, and a garbage bag around your backpack can help as well.
- 2 in 1 shampoo/conditioner can be a good time saver and good for when hot water is in short supply.
- Partner up with a couple friends to bring one power strip to share amongst yourselves.
- Bungee cords are helpful to hang drying towels on the bus, and suction cup baskets or seat organizers can be helpful to keep snacks and chapstick handy.
- Putting a twin sheet over your bus seat will help keep it clean and you can wash it on laundry day.
- PACK LIGHT! You'll be lugging it around yourself.
- There will be approximately, (4) four laundry days so bring enough tide pods/ detergent sheets and quarters for those days.
- Energy bars like Clif bars, trail mix, granola, or fruit are great rehearsal snacks if you get hungry during blocks
- Try to apply sunscreen 30 min before rehearsal begins - cream before blocks and spray during water breaks is best
- Plan ahead on prescription meds to avoid having to make any pharmacy trips during Spring Training/Tour.

- You will be flying home from Indy so everything you pack must be able to fly home with you. You CANNOT ditch things in the airport like a sleeping bag or airport security will be called. Please keep in mind that the weight limit for bags is 50 lbs and you will also be responsible for carrying your own stuff in and out of each housing site on tour. Consider packing an extra duffle that stays in your luggage to use on the flight home.

Battalion Dress Code

- At all times, all members must wear the 3 S's – Shirt with straps (or a t-shirt), shorts, and shoes.
- Shirts should cover your back and midsection completely and arm holes should not extend below the elbow. Clothing should not be too revealing.
- Be mindful of the rigorous movement required and be sure your clothing is appropriate.
- To prevent injury, please wear appropriate shoes at all times when not sleeping. Your feet are important!