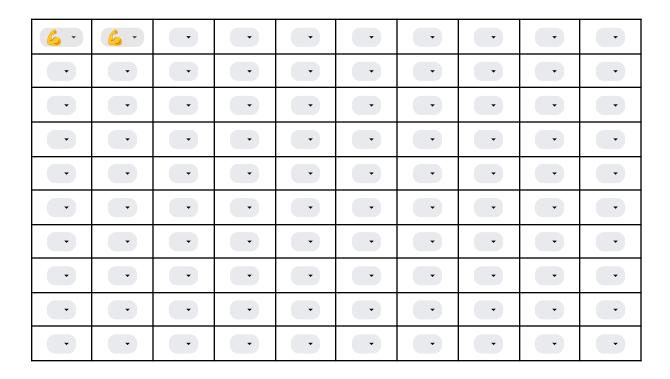
# **100 G WORK SESSIONS AWAY**



## **G Work Checklist**

Set a desired outcome and plan actions
Pick an attitude
Hydrate, Caffeinate, Get the blood flowing
Remove distractions
Set a timer for 60-90 mins
Get started
Evaluate afterwards

## **SESSION #1 - 6/5 65 Mins**

#### **Desired Outcome:**

- Send my warm outreach email to Dentist that I go to

#### **Planned Tasks:**

- Review email
- Send email to the Real World for review
- Finalize email and send to Dentist office

#### **Post-session Reflection**

- I did everything I planned now waiting for a response from this client

## **SESSION #2 - 6/6 60 mins**

#### **Desired Outcome:**

 One Top player analysis on the Car detailing market, for a client I already have. I want to achieve better results with the facebook ads that I am running

#### **Planned Tasks:**

- Facebook ads library and look through top performing ads over the past two months
- Use the most successful ads as a template for the ad I will create for my client
- Start to generate ad for client

#### **Post-session Reflection**

- I ran out of time, but next G work session I will finish the rough draft version of the ad I am creating for my client.

## SESSION #3 - Date + Time

### **Desired Outcome:**

- Objective

### **Planned Tasks:**

- Task 1
- Task 2
- Task 3

## **Post-session Reflection**

- Notes