

**Jefferson High School
Co-Curricular Activities Programs**

Administration

Derek Dixon, Assoc. Principal/Activities Director

Mike Waters, Assoc. Principal

Sam Hostetler, Principal

Steve Anderson, Assoc. Principal

The CRCSD requires students participating in co-curricular athletics to meet all eligibility standards as determined by the Iowa Department of Education and their member IHSAA/IGHSAU athletic associations. Student-athletes and their parents should refer to the student participation/good conduct policy for all information regarding eligibility requirements.

Students must also have a valid physical, signed parent permission for participation in interscholastic athletic competition prior to any practice or competition, and submit a Heads Up concussion form.

All of these items must be completed online at: <https://www.gobound.com/ia/schools/crjefferson> under the "Registration" tab. For specific directions please contact the Jefferson Activities Office.

<u>Sport</u>	<u>Head Coach</u>	<u>Start Date</u>
<i>Fall Sports and Coaches</i>		
Women's Tennis	<u>Tim Preston</u>	August 3, 2026
Men's Cross Country	<u>Matt Hilby</u>	August 10, 2026
Women's Cross Country	<u>Sarah Hilby</u>	August 10, 2026
Football	<u>Ed Miles</u>	August 10, 2026
Men's Golf	<u>Alex Boomershine</u>	August 10, 2026
Women's Swimming and Diving	<u>Jessica Hinke</u>	August 10, 2026
Volleyball	<u>Nikki Herman</u>	August 10, 2026
<i>Winter Sports and Coaches</i>		
Women's Bowling	<u>Matt Fowler</u>	November 2, 2026
Women's Wrestling		November 2, 2026
Women's Basketball	<u>Martez Creighton</u>	November 9, 2026
Men's Swimming	<u>Charles Hugo</u>	November 9, 2026
Men's Basketball	<u>RoyShawn Webb</u>	November 16, 2026
Wrestling	<u>Rob Martin</u>	November 16, 2026
Men's/Women's Bowling	<u>Matt Fowler</u>	November 16, 2026
<i>Spring Sports and Coaches</i>		
Women's Track and Field		February 22, 2027
Men's Track and Field	<u>Ben Manternach</u>	February 22, 2027
Women's Golf	<u>Alex Boomershine</u>	March 15, 2027
Men's Soccer	<u>John O'Connor</u>	March 15, 2027
Men's Tennis	<u>Tim Preston</u>	March 15, 2027
Women's Soccer	<u>Shalyn Larson</u>	March 22, 2027
<i>Summer Sports and Coaches</i>		
Baseball	<u>Adam Thompson</u>	May 3, 2027
Softball	<u>Kelsey Kudej</u>	May 3, 2027
Dance Team	<u>Jennifer Amundson</u>	Fall 2026: 2026-27 Tryouts
Cheerleading	<u>Bridget McWhorter</u>	Spring 2026: 2026-27 Tryouts