

THEME: CHANGING TIDES



RESOURCE RETREAT FOR WOMEN +



Sedgwick Field Station Santa Ynez Sept. 27-29th

Description: The Western Section of The Wildlife Society brings you the third annual Resource Retreat for Women of Wildlife. Join us in person at [Sedgwick Reserve Field Station](#) in Santa Ynez for a full weekend of team exercises, presentations, nature excursions, self-defense training, and much more! There are beds in the Ranch House and in vinyl tents, plus an outdoor camping area. Bring your tent if you prefer to lounge under the stars!! This retreat will allow women and female-identifying biologists focused on wildlife studies and conservation to be part of an affinity space. Here we will reflect on experiences, provide guidance, reassurance, and consider steps for moving forward. We will also have an opportunity to learn tactical self-defense. There will be group bonding activities outdoors such as bird observation and plant identification.

What to Expect: A plethora of species and natural communities including coastal sage scrub, native grassland, chaparral, coast live and blue oak woodland, valley oak savannah, riparian habitat, gray pine forest, serpentine vegetation, vernal habitat, and agricultural cultivation. The retreat is geared towards professional biologists, ecologists, scientists, and students. Internet connection is provided in the field station and patchy cell service. No campfires are allowed, but we can cook outdoors! Please bring your sleeping accommodations if you wish to sleep outdoors, bring bathroom toiletries/towels, and also please be aware that beds are first come first serve, and you'll need a sleeping bag or warm blanket. Participants are expected to provide their own transportation and carpool.

Take a look at the [resources page](#) to see what species live at the Reserve!

Registration

All participants must fill out an online registration form, here: <https://user.tws-west.org/>

Important: Please **triple-check** that you use your preferred email when registering. The registration page often auto-fills fields with old information.

No in-person registration.

Your registration is secure when payment is received.

Registration is payable by check or credit card and must be received or postmarked by September 22, 2023.

Registration Categories	
September 27-September 29, 2024	
Student	\$60 + TWS-WS Membership
Early Career Professional (max 15 registrations)	\$175 + TWS-WS Membership
Professional Rate	\$250 + TWS-WS Membership
Patron Rate	\$350 + TWS-WS Membership

The maximum enrollment for the full resource retreat is **30** individuals. After 30 registrations, we will have a waiting list. This workshop is for Western Section members, and if you aren't a member yet, you can join when you register.

Cancellation and Refund Policy: To receive a refund of retreat registration fees, we must receive your cancellation no later than 14 days before the first day of the workshop. All refunds are subject to a \$50 processing fee. Afterward, there will be no refunds due to inclement weather, Federal budget issues, furloughs, or other events beyond the control of the workshop organizers. However, registration may be transferred to another individual for a small transfer fee.

What Happens Next? After registration, you will receive detailed information about the resource retreat schedule at least two weeks before the event.

Waitlist Policy: If placed on the waitlist, you will not be charged. If spots open up, the first person on the waitlist will have 48 hours to accept the registration up until 4 weeks before the event, after which participants will have 24 hours.

No Pets or Outside Guests are allowed.



Campground

Three vinyl tent cabins can accommodate 12 people, with 4 beds each. There is no electricity so headlamps and warm sleeping bags are encouraged during the winter. In the summer, tent cabins can get very hot.

Amenities

Wi-fi, 2-stall shower house with 2 flush toilets, outdoor kitchen. Bring your own sleeping bag, pillow, towel, food, coffee, and toiletries (other than toilet paper and hand soap).

Location

Sedgwick Field Station is 35 miles north of Santa Barbara in Santa Ynez. It is approximately 1 hour northwest of the UC Santa Barbara campus.

Address: [3566 Brinkerhoff Road, Santa Ynez, CA 93460-0848](https://www.sedgwickreserve.org/3566-Brinkerhoff-Road-Santa-Ynez-CA-93460-0848)

Our site contact and Director of the Reserve is Heather Constable.

Her cell email is hconstable@ucsb.edu

A spreadsheet for rideshare coordination will be sent to those who register.



Field Station Layout credit: Sedgwick Reserve Website

Condensed Itinerary

(SUBJECT TO CHANGE PER COORDINATORS)

All times in Pacific Time (Los Angeles, Victoria, Seattle)

September 29, 2023



Day 1 - Friday - Check-in	Lead	Time
1st Check-In		12:00 - 17:30
Welcome reception at the pavilion - Safety and Rule Overview		14:00 - 15:00
Spoken word/Karaoke/Movie Night/Board Games/Stargazing/Sardines	All	15:30 - 19:00
Dinner - clean up	Volunteers	17:30 - 20:00
Day 2 - Saturday	Speaker/Lead	
Birding	-	8:00 - 9:00
Cold Breakfast	All	9:00 - 10:00
Opening Remarks/Introductions and Site Tour	Carla Angulo/All	10:00 - 10:30
Keynote Speaker - Women and Climate Change	Rebecca Kormos - Wildlife biologist and author of Intertwined	10:30 - 11:30
Discussion/Book signing		11:30 - 12:00
Lunch	Volunteers	12:00 - 13:00
Self Defense	805 Self Defense - Amber Paresa	13:00 - 15:00
Break	All	15:00 - 15:30
Nature Storytelling - Goals	All	17:00 - 18:00
Dinner - clean up	All	18:00 - 19:00
Day 3 - Sunday - Check out		
Nature Walk/Meditation		8:00 - 9:00
Cold Breakfast	All	9:00 - 10:30
Resource Roundup - IDEAs - A group brainstorm/breakout groups	Thea Wang	10:30 - 11:30
Camp Clean Up	All	11:30 - 12:00
Check Out	All	12:00

Preparation

List of Items to Bring

- Thermal coffee mug
- Snacks if desired
- Pen or pencil - Notebook/laptop if desired
- Water bottle
- Binoculars
- Headlamp/flashlight just in case
- Boots that cover the ankle
- Field camera if desired
- Layered clothing
- Water bottle(s) - refillable
- Extra socks
- Backpack or field pack if desired
- Sunglasses
- Sunscreen
- Eco-friendly bug spray
- First aid kit
- Hat
- Epipen, if needed, and anything you may want for bee stings!
- Toiletries
- Hiking poles (optional)
- Sleeping bag/pillow
- Tent
- Swimsuit - there is a natural pond that is somewhat accessible