

Virtual Sober Start Commitments

October to December 2026-Q4

To fill a commitment please Text: Mary Agnes, 847-309-3871

Meeting	1 Chair (1 year sobriety)	1 Secretary (90 days sobriety)	2 GATE KEEPERS (30 days sobriety)	1 Timer Peeps (1 day sober)
Monday – Step Meeting *Last Mon – Trad (SPEAKER)	Marta	Lori		
Tuesday - Beginners – Living Sober	Heather			
Wednesday – Big Book	Kelly D	Mary-Agnes	Lori	Barb
Thursday – Daily Reflections			Greg Linda	
Friday - Promises				
Sleepless in Sea Cliff (Speaker Meeting)		Amanda G	Stephanie P Audra	
Sunday - Meditation -As Bill Sees It		Bennet	Audra Kathy M	
Group Chair Co-chair (1 year commitment)	MARY AGNES CLARE (CO)			
Group Secretary (1 year commitment)	MARY D			
Treasurer (2 year commitment)	GREG JEANINE (ALT)			
GSR & Alt (2 year commitment)	STEPHANIE P KRISTIN K (ALT)	Area 49		
OIAA & Alt (2 year commitment)	MARYANN SALLY E (ALT)			
WebMaster (1 year commitment)	MARYANN HEATHER (ALT)	Responsible for making group approved edits to the website.		
Anniversary Chair Coin Person (1 year commitment)	BERNIE KRISTIN B	*added responsibility of purchasing & mailing coins & cards to members celebrating each month		