

## **Long-Term Opportunities**

### **Columbus Free Clinic**

Social services: work with clients to assess and address basic needs

Pharmacy services: operate the pharmacy, counsel clients and work in interdisciplinary teams seeing patients with medical services

Laboratory services: draw blood, take vitals and counsel clients (must be a nursing student, nurse, patient care assistant, or medical assistant)

<http://www.columbusfreeclinic.com/volunteer.html>

### **Riverside Methodist Hospital**

Process: Submit application via email, attend a group interview, then attend volunteer training

Requirements: Volunteer for at least 2 hours per week for at least a year in your chosen volunteer position and chosen time. You get a free meal every time you go in, and it is easily accessed through the COTA busses.

<https://www.ohiohealth.com/siteassets/volunteer/riverside-methodist/volunteer-opportunities.pdf>

### **James**

Requirements: Volunteer for 2-3 hours per week for at least 6 months at a set time/day.

Applications open in late fall and April.

<https://cancer.osu.edu/giving-back/volunteering/volunteer-opportunities>

### **Wexner**

Requirements: Volunteer for 2-4 hours per week for 1 semester at a set time/day.

<https://wexnermedical.osu.edu/patient-and-visitor-guide/volunteers/college-volunteers>

### **Wellness Ambassador**

Organize events on campus to promote health and wellness

Application opens during the fall semester

<https://swc.osu.edu/services/wellness-ambassadors/>

### **HIV/STI Test Counselor**

Perform HIV/STI tests and educate patients

<https://swc.osu.edu/services/sexual-health/get-involved/>

### **The Body Project**

Lead groups in discussions about acceptance/body positivity

<https://swc.osu.edu/services/body-project/>

## **Short-Term Opportunities**

### **Worthington Christian Village Nursing Home**

Opportunities: Meet with residents, play games, serve dinner, teach computer skills, etc.

Requirements: Be available during the week before 7 PM

Process: Email or call Erin Thomas at [volunteer@wcv.org](mailto:volunteer@wcv.org) or (614) 846-6076

<https://wcv.org/get-involved/volunteer/>

### **Franklin County Dog Shelter**

Help clean the shelter and walk dogs

Requirements: Fill out an application, attend a volunteer orientation, and attend a training at the shelter

<https://dogs.franklincountyohio.gov/Volunteer>

### **Pets Without Parents**

Help clean the shelter, walk dogs, and cuddle with cats

Requirements: Fill out an application and attend orientation

<http://www.petswithoutparents.net/volunteer.html>

### **Ronald McDonald House**

Make/serve dinner, make blankets, snack packs, etc. to help make patients and their families more comfortable

<http://rmhc-centralohio.org/get-involved/volunteer/>

### **Equitas Health**

Promote health and wellness through various activities ie creating safe sex kits

Requirements: volunteer application, orientation, and possibly additional training (depending on the opportunity)

<http://equitashealth.com/get-involved/volunteer/>

### **Star House**

-Clean and sort the warehouse:

<https://www.signupgenius.com/go/30e0c4badad28abf58-donation1>

-Work directly with members of the shelter by cleaning, talking, serving dinner, and helping with the upkeep of the shelter (requires training):

<https://docs.google.com/forms/d/e/1FAIpQLSfhCvxuROfqZJQVLICMXTkxWXPMZtnbdaKIPHZWEJt0y96pg/viewform>

-Homepage: <https://www.starhouse.us/volunteer>

### **MY Family Pantry**

Help load cars/carts with groceries

Saturdays from 9 AM - 1 PM

<https://www.signupgenius.com/go/20f054babaf2aaaf85-myfamily>

### **Van Buren Shelter**

Serve and prepare food for the homeless

Any day from 4-6 PM or 6-8 PM

Requirements: Create a profile on the YMCA website, complete an online background check, and fill out a release form

<http://ymcacolumbus.org/vanburen>

**Please contact Mikayla Bogan at (513) 628-0987 with any questions**