

CLINTON • GRACEVILLE • BEARDSLEY
WOLVERINES

CGB Wolverines and Border West Bucs



&



Activities Handbook 2025-2026

Approved:

Clinton-Graceville-Beardsley School District #2888

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A. Welcome, Philosophy, Responsibilities and Sportsmanship Guidelines

Welcome to the CGB and Border West Program!

On behalf of the CGB, Wheaton and Herman-Norcross School Districts, we wish you the best of luck in your athletic/fine arts endeavors.

CGB and Border West wants every student to have a positive experience while he or she is involved as well as being a positive representative of your school. Being a member of a team, whether you play a little or a lot, are a manager, or are a statistician, participation has great benefits. Being part of a team at CGB or Border West builds physical, social, and emotional skills. Each student at CGB and Border West is given the opportunity, if eligible, to try out for any team, line, or squad. We hope your experience is rewarding and gratifying.

Participation is a privilege. Along with this privilege of participating on a team or in a group comes responsibility. Each participant and fan must remember they are representing CGB and Border West. All three Districts will put a tremendous emphasis on respect, sportsmanship, citizenship, and character. Working together we can create a positive feeling of school and program loyalty and pride which can be shared by all - athletes, students, parents, coaches, and the communities as a whole.

The purpose of this booklet is to give you information on the guidelines and procedures followed in all of our programs. Please read the entire booklet and direct any questions to your coach or advisor.

With appreciation-Brad Kelvington and Corey Spilde- Activities Directors at CGB, Wheaton and Herman-Norcross

Information Phone Numbers and Email Addresses

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Website: CGB <https://www.graceville.k12.mn.us/>

Website: Wheaton <https://wheaton.k12.mn.us/>

Website: Herman-Norcross <https://hnccs.k12.mn.us/en-US>

Activities Program Directives

Activities in CGB and Border West shall be governed by policies formulated by the districts and as a Joint Powers Committee. Joint Powers recommendations are subject to the approval of the three Board(s) of Education. Such policies may be modified by administration whenever deemed

necessary by the Joint Powers Committee and the Board(s).

Philosophy

CGB and Border West believe that a dynamic program of student activities is vital to the educational development of the student. As CGB and Border West we should provide a variety of experiences through interscholastic programs and fine arts to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society. Activities should function as an integral part of the total curriculum and should offer opportunities to serve the institution, to assist in the development of fellowship and good will, to promote self-realization and all around growth, and learning the qualities of good citizenship.

Activities Sponsored by CGB, Wheaton, and Herman Norcross

CGG-Volleyball and Trap Shooting

WHN-Volleyball and Trap Shooting

Border West:

Fall

Football

Cross Country

Fishing

Winter

Wrestling

Boys Basketball

Girls Basketball

Speech

Spring

Baseball

Softball

Track and Field

Fishing

Golf

Musical/Play

Athletic Participation Philosophy

JH teams

- Emphasis is on participation and skill development for all
- Coaches are encouraged to give each player similar playing opportunities

Freshman or C teams

- Emphasis is on blending competition with participation.
- Coaches are to continue to develop all participants equally.
- Playing time is at the discretion of the coaches and may or may not be equal.

JV team

- Emphasis is on preparation for the varsity level
- Continued development of participants
- Playing time is at the discretion of the coach and will be determined by ability level

Varsity Team

- Teams are made up of the best and most competitive student/athletes from grades 7-12.
- Players are selected on the basis of ability.
- Playing time is determined by the head coach on the basis of ability and team needs.
- Coaching time will vary by ability level.

Registration Process

Every student must have an updated physical on file at either of the three districts in order to participate in CGB and Border West Activities. Registration is to be completed before the first day of practice for your particular sport. Students must have: Physical, MSHSL Athletic Eligibility Form and other forms required turned in before they can participate. Students will not be issued a team uniform or any school equipment until they have paid their participation fee. Please contact the Activities Office with any questions.

All Forms for CGB can be found here: [📁 Sports Registration Packet](#)

Responsibilities and Sportsmanship Guidelines:

The Activities Director's and Principal's attitude toward good sportsmanship and the leadership projected by him or her will have direct effect upon the conduct of the coaches and athletes representing the school. It shall be the responsibility of the Activities Director to:

- Work together in the development, implementation and coordination of the overall sportsmanship program. This includes educating students, faculty and the spectators on proper conduct.
- Have well-organized and coordinated contests:
 - Start the contest on time
 - Provide legal, safe equipment and facilities
 - Provide competent officials
- Check the safety requirements for the activity
- Monitor the conduct of coaches and players (by the guidelines presented in the section for coaches and players). This will include a formal evaluation process of the coaching staff for each sport that will be completed by both the coach and the activities director. A copy of this evaluation will be provided for the coach, activities director, principal/dean of students and superintendent.
- Provide adequately for the safety and welfare of the officials
 - Provide dressing facilities away from coaches, players and fans
 - Provide police or adult protection for officials at the contest

- Coordinate efforts with the principal in the supervision of the spectators, band and cheerleaders.
- Deal with and hold accountable those individuals who do not display appropriate behavior and sportsmanship

Responsibilities and Sportsmanship Guidelines for Bands:

- Proper band etiquette for performance at athletic contests includes:
 - A supervisor shall be present when a music group officially represents the school.
 - Band members shall be in proper attire when representing their school and in uniform when rules specify that they appear in uniform.
 - Bands will perform at another school's home contest by invitation only.
 - Instruments are to be used only while playing music or for cheers under the direction of the band director.
 - All efforts of the band members should be positive and the use of instruments and selection of music should never project negative connotations.

Responsibilities and Sportsmanship Guidelines for Cheerleaders:

- Cheerleaders have a unique opportunity to influence spectators in a positive manner and create an atmosphere that will promote outstanding sportsmanship. The following rules will assist them in creating a wholesome spirit of good sportsmanship:
- Be courteous to opposing teams and cheerleaders.
 - Allow the visiting school the first opportunity to cheer during a time out.
 - Cheer for your team and your opponents when they have an outstanding effort.
 - Use only positive words and actions while cheering.
 - Allow visiting school to cheer without interruption/distraction and give them sufficient time to complete the cheer.
- Be courteous to game officials.
 - All comments to officials should be courteous and positive.
 - Give players, officials and fans every consideration; stay away from the field of play as much as possible.

Keep the fans in a positive, supportive frame of mind.

- Select cheers that are positive and supportive of your team and use only positive reactions to opponents.
- Select appropriate times to encourage athletes from your school.
- Stay in control of cheerleading duties and equipment.
- Know the sportsmanship guidelines and encourage fans to support them.

Responsibilities and Sportsmanship Guidelines for Coaches and Players:

Coaches and players have a unique position in the school community and have an opportunity to provide leadership for all school personnel by their actions while participating in the athletic program. It is important that this unique position of leadership be utilized in a responsible manner.

- Treat your opponent with respect. Make a special effort to be courteous and respectful even when you feel your team has not been treated fairly.
 - Be a humble winner and a proud, respectful loser.
 - Conduct yourself in a manner of controlled intensity.
 - Use only positive verbal interchange with any person from opposing team or school

- A handshake or pat on the back is the only physical contact acceptable outside of the normal contact allowed in each sport.
- Respond to officials' decisions in a controlled manner and with a spirit of good sportsmanship.
 - a. Use only positive actions and words toward officials.
 - b. Use principles of sportsmanship and fair play regardless of the situation or outcome of the contest.
- Make certain buildings and properties are in good condition when you finish using them.
 - Respect the opponent's school and locker room area as well as any personal property in the area.
 - Pick up any litter from the area and leave the area used cleaner than you found it.
- Respect and obey the rules of the school and the laws of the community, state and country. Also respect those who are responsible for enforcing those rules.
- To provide the optimal experience for students, a coach and/or advisor should also:
 - Approach his/her assignment with enthusiasm and regard each pupil as a worthy individual.
 - Plan and conduct a program making each child eager to learn and enabling each student to achieve his or her full potential.
 - Teach the student what is expected of him or her in terms of conduct in and about the school.
 - Enforce the rules of the school system and of the school courteously, consistently, and justly.
 - Appropriately determine when the advisor should solely handle student misconduct and when the administration should be involved.

Responsibilities and Sportsmanship Guidelines for Parents

To help students progress in school and appropriately represent their school, parents should:

- Recognize that the teacher/coach takes the place of the parent while the student is in school.
- Teach and require the student respect for law, for authority, for the rights of others, and for private and public property.
- Share with the student an interest in school activities and in their general progress.
- Arrange for prompt and regular school attendance and comply with attendance rules and procedures.
- Arrange for a time and place for homework and assure that the student makes use of the time.
- Encourage and guide wholesome friendships, interests and activities.
- Understand and comply with the rules of the school and cooperate with the school in carrying out disciplinary action taken by the school.
- Instill in students that academics is the prime concern of the school.

Responsibilities and Sportsmanship Guidelines for Spectators

Spectators are expected to follow sportsmanship guidelines. If spectators do not conform to the expectations listed below, they may be required to leave the contest and may be subjected to additional disciplinary and/or legal proceedings. Examples of unacceptable behavior at sporting events or other student activities include the following:

- Use of noisemakers such as compressed air horns, whistles, cowbells, and firecrackers.
- Use of inappropriate banners or placards.
- Throwing objects such as coins, pop cans, and folded programs as airplanes.

- Use of obscene/abusive language that seeks to offend, intimidate, or show prejudice toward a player, official or spectator.
- Being on the premises of the scheduled contest while under the influence of alcohol or chemicals.
- Yelling or waving arms during an opponent's free-throw attempt.
- Disrespectful or derogatory yells, chants, songs or gestures.
- Booing or heckling an official's decision.
- Criticizing officials in any way; displays of temper with an official's call.
- Yelling that antagonizes opponents.
- Blaming loss of game on officials, coaches, or participants.
- Laughing or name-calling to distract an opponent.
- Using profanity or displays of anger that draw attention away from the game.
- Doing their own cheers while cheerleaders are leading cheers.
- Stomping bleachers.
- Continuously standing blocking others from seeing play while play is in session.
- Entering the building unauthorized or re-entering the building after leaving a contest.

B. Academic / Attendance / Discipline Expectations

Academic Expectations

1. Students must maintain a passing grade in all subjects to be eligible for participation. A student will be ineligible as a result of (1) failing grade for a quarter. The student will be declared ineligible and the penalty period will begin on the Monday after grades are issued. They must continue to practice during this time. The student will then be ineligible for one event per failing or incomplete grade. There will be a carryover from the spring to fall on grades. If they are failing in any area, they will be ineligible for one event per failing or incomplete grade.
2. If a student is performing failing work in any class after 3 weeks from the start of the quarter, they will become ineligible for one event per failing or incomplete grade, UNLESS the student is passing before the event. They must continue to practice during this time. After this time the student is responsible for notifying the activities director's office of eligibility. The Activity Director will verify passing grade(s) by grade verification on JMC.
3. All subjects are included under these eligibility requirements.
4. Co-curricular activities include athletics, dance line, band and chorus performances, trips and allied activities, class plays, speech work, school publications, student council, class officers, activity officers, FFA, etc. Level II activities will follow MSHSL eligibility rules. Level II activities include Speech, SADD, Knowledge Bowl, Drama, etc.
5. Eligibility for activities that are academically oriented will be decided upon by Administration on an individual basis.

Attendance Expectations for School

Attendance is critical to a student's academic achievement. To participate in an extracurricular event, the participant must be in school by 9:00 am on the day of the scheduled evening event in order to participate. The high school principal may approve exceptions to this policy if the request is made prior to the day in question. Exceptions may include dental/doctor appointments and funerals.

Attendance Expectations for Activities

Each advisor shall establish attendance requirements for the activity he or she directs. Attendance rules do need to differentiate between "excused" and "unexcused" absences for practices or games. Students who do not meet activity attendance requirements may be prohibited from further participation.

As soon as a student realizes that he or she is involved in multiple activities that create attendance conflicts, the student must notify all advisors of the problem. The student must attend activities as agreed upon by the student's advisors.

Students who are ill the night of a required and graded performance shall be assigned an alternative assignment. This assignment should be relevant, not punitive.

General Code of Conduct

The Clinton-Graceville-Beardsley School District and Border West encourages participation in activities and recognizes that this participation is a privilege rather than a right. Students who elect to participate in activities are expected to exemplify high standards of behavior. Inappropriate behavior, as determined by an advisor, activity director, dean of students or administrators, is not tolerated. Such behavior, both on and off school property, may result in suspension or removal from any or all activities.

Suspension and Removal from Participation in an Activity

A student may, at any time, be suspended or removed from participation in an activity if the coach or advisor feels that the student's actions, behaviors, or comments are disruptive to the successful functioning of the activity.

Other Athletic Rules and Regulations

- If you must miss a practice or game, tell a coach. Two unexcused absences per season and you may be removed from the team.
- If you are injured you must attend practice & travel with the team to games unless told not to by the coach
- To letter and receive awards you must remain eligible to complete the full season, by MSHSL rules.
- To letter you must either appear in ½ of the total number of quarters or events that the team plays, or in the judgment of the coach meet the criteria that has been established to earn a letter in that particular activity.
- All players must ride to and from events on the bus unless a coach receives written permission from the parents.

Transportation and Behavior Expectations at Events/Practices for CGB

For HOME events/practices within the school community (Clinton, Graceville or Beardsley), participants are responsible to get to the event/practice site.

For HOME events in Wheaton or Herman-No transportation will be provided after the event at the Varsity level.

For BORDER WEST practices not in Clinton/Graceville/Beardsley all activity participants must ride to and from practices if school transportation is provided unless a written note from the parents/guardians has been filed with the athletic director requesting that the student drive themselves to practice and only themselves or another member of their immediate household. Students ARE NOT ever allowed to transport students from other households.

For AWAY events/practices for CGB/Border West advisors/coaches will establish and enforce rules for conduct on trips they supervise. All students on trips will be required to abide by the wishes of the supervisor. The following rules will apply:

1. All activity participants must ride to and from events/practices that are off CGB/Border West school site, if school transportation is provided with the following exceptions:
 - a. Following an off CGB/Border West school site event, parents/guardians may sign out their son/daughter from the coach to ride home with their parents. If they are not signed out, the participant will ride the bus back to the CGB school site.
 - b. All other special transportation requests are to be made by noon of an event/practice day to the 6-12 Principal and Activities Director, who will contact the coach for the approval or denial of the special request.
2. Students who violate transportation rules will receive detention. Other consequences may be applied including immediate removal for a day from participation in that activity. Continued violations will result in more severe consequences up to removal from the team.
3. All students who represent the Clinton-Graceville-Beardsley School District and Border West as members of teams or other activities should be neatly dressed on trips. The advisor will determine if a student's dress is in good taste and acceptable.
4. School buses and vans used for school transportation must be free of trash and litter at the end of the trip. The advisor will check the bus before students make a final exit.
5. All school rules apply to students who are involved with a team or activity that is on a trip visiting another school or at a school-related event (e.g. state tournaments, knowledge bowl, etc.).
6. When activities have less than 6 participants, transportation is provided at the discretion of the district.

Activity Prohibition for Students Serving Suspension/Detention

Students may not attend any school-sponsored activities on days in which they were assigned to serve out-of-school suspension.

Category of Activities

For the purpose of determining discipline consequences for violations of school district policy, the following categories are established:

Category I Activities

Category I Activities include those League-sponsored activities in which a member school has a schedule of interscholastic contests, exclusive of League-sponsored tournaments:

1. Athletic activities as listed in MSHSL Bylaw 501.00
2. Fine arts activities, including Debate, Speech and One-Act Play when a school schedules a season of interscholastic contests.
3. Cheerleading teams

Category II Activities

Category II Activities include those League-sponsored activities in which a member school does not have a schedule of interscholastic contests, exclusive of League-sponsored tournaments:

1. Fine Arts activities, including Speech, One-Act Play, Musical when a school schedules no interscholastic contests and participates only in League-sponsored tournament series;
2. Music activities (At the discretion of the administration, music concerts that are part of the curricular program may or may not be included)
3. FCCLA, Dance line, knowledge bowl

While similar situations that may have occurred in the past will serve as a basis from which to work, all cases will be dealt with in an individual manner.

C. Policy for 6th Grade Participation in Junior High Athletics The CGB and Border West Districts are not allowing 6th grade students to participate in Junior High activities. The MSHSL prohibits participation of 6th graders in varsity level activities

D. Policy on Elementary Students as Team Managers

5th and 6th grade students may be team managers or stats personnel for a high school athletic team and ride with the team in the front seats of the bus. The head coach is responsible for the student's behavior on the way to and from away games as well as during the game. *Note they are not allowed to participate in section/state events per MSHSL guidelines*

E. CGB Activities Rules and Regulations Regarding Mood Altering Chemicals

Philosophy and Purpose

The Clinton-Graceville-Beardsley School District and the Minnesota State High School League recognize the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The misuse and abuse of mood-altering chemicals for some adolescents affect extracurricular participation and development of related skills. Others are affected by the misuse and abuse of family, team members or other significant persons in their lives.

Statement of Rule

During the calendar year, regardless of the quantity, a student shall not: (1) use or consume, have in possession, buy, sell or give away a beverage containing alcohol; (2) use or consume, have in possession, buy, sell, or give away tobacco; or, (3) use or consume, have in possession, buy, sell, or give away any other controlled substance or drug paraphernalia, (4) use or consume, have in possession, but, sell, or give away products containing or products used to deliver nicotine, tobacco products or other chemicals.

1. The bylaw applies to the 12-month calendar year.
2. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own use by his/her doctor.

Penalties for Category I, Category II Activities

Penalties for violations of the mood altering chemicals rules and regulations:

1. First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) consecutive interscholastic contests or events or two (2) weeks, 14 calendar days, whichever is greater of a season in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that “season”, the violation will be served in all activities.
2. Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next six (6) consecutive interscholastic contests or events or three (3) weeks, 21 calendar days, whichever is greater of a season in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that “season”, the violation will be served in all activities.
3. Third Violation or More: After confirmation of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests or events or four (4) weeks, 28 calendar days, whichever is greater of a season in which the student is a participant. If after the third or subsequent violations, the student has been assessed to be chemically dependent and on her/his own volition becomes a participant in a chemical dependency program or treatment program, then the student may be certified for reinstatement in MSHSL activities after a minimum period of six (6) weeks after entering the program. The director or a counselor of a chemical dependency treatment center must issue such certification. Successful completion of a chemical dependency treatment program will satisfy only the most recent violation. Any other violations for which the penalty has not been satisfied must be served in full. If the student participates in more than one activity during that “season”, the violation will be served in all activities.
4. Accumulative Penalties: Penalties shall accumulate beginning with the student’s participation in a League activity and continuing through the student’s high school career.
5. Denial Disqualification: A student shall be disqualified from all interscholastic athletics for nine (9) additional weeks beyond the student’s original period of ineligibility when the student denies violation of the rule; is allowed to participate and then is subsequently found guilty of the violation.
6. Sport Election: For a student to complete a violation penalty in a sport, they must complete the new sport season they have elected to participate in. They must also start the sport on the 1st day of the season.

Penalties for Other School Activities

1. First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) weeks, 14 calendar days, of an activity in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that “season”, the violation will be served in all activities.
2. Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next four (4) weeks, 28 calendar days, of an activity in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in

more than one activity during that “season”, the violation will be served in all activities.

3. Third Violation: After confirmation of the third violation, the student shall lose eligibility for the next eight (8) weeks of an activity in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that “season”, the violation will be served in all activities.

Ineligibility Procedure

All CGB and Border West athletes who are determined ineligible for participation will have the following consequences regarding team rules. They apply to students who become ineligible because they have broken academic, drug, alcohol, and tobacco requirements.

1. All ineligible athletes will travel with the team. They will have certain responsibilities that will be assigned by the coaching staff. Any misbehavior, conduct considered inappropriate, etc. by a school official or coach will cause the athlete to sit out an additional week. If it is determined by the Activities Director, Coach or Dean of Students that the student-athlete should stay in school to work on their academics instead of traveling with the team, the athlete will not travel with the team to the event. If the event is on a Saturday, the coach will determine if the student-athlete should attend.
2. All ineligible athletes will be on the sidelines for all home contests and are not allowed to dress in the team uniform. They will have certain responsibilities that will be assigned by the coaching staff. Any misbehavior, conduct considered inappropriate, etc. by a school official or coach will cause the athlete to sit out an additional week.

F. CGB and Border West Activities Rules and Regulations Regarding Racial/Religious/Sexual Harassment/Violence and Hazing

Racial Harassment Defined

Racial harassment consists of physical or verbal conduct relating to an individual’s race when the conduct:

1. Has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment; or
2. Has the purpose or effect of substantially or unreasonably interfering with an individual’s work or academic performance; or
3. Otherwise adversely affects an individual’s employment or academic opportunities.

Racial Violence Defined

Racial violence is a physical act of aggression or assault upon another because of or in a manner reasonably related to race.

Religious Harassment Defined

Religious harassment consists of physical or verbal conduct relating to an individual’s religion when the conduct:

1. Has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment; or

2. Has the purpose or effect of substantially or unreasonably interfering with an individual's work or academic performance; or
3. Otherwise adversely affects an individual's employment or academic opportunities.

Religious Violence Defined

Religious violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to, religion.

Assault Defined

Assault is:

1. An act done with intent to cause fear in another of immediate bodily harm or death;
- or 2. The intentional infliction of or attempt to inflict bodily harm upon another; or
3. The threat to do bodily harm to another with present ability to carry out the threat.

Sexual Harassment Defined

Sexual harassment is a form of sex discrimination that violates Section 703 of Title VII of the Civil Rights Act of 1964, as amended, 42 U.S.C. 2000e, et seq., and Minnesota Statutes Sections 363.01-.14, the Minnesota Human Rights Act.

Sexual harassment consists of unwelcome sexual advances, requests for sexual favors, sexually motivated physical conduct or other verbal or physical conduct or communication of a sexual nature. Sexual harassment is illegal but may or may not be criminal activity.

Sexual harassment may include but is not limited to:

1. Verbal, written/graphic harassment or abuse;
2. Subtle pressure for sexual activity;
3. Inappropriate patting or pinching;
4. Intentional brushing against the individual's body;
5. Demanding sexual favors accompanied by implied or overt threats concerning an individual's employment or educational status;
6. Demanding sexual favors accompanied by implied or overt promises of preferential treatment with regard to an individual's employment or educational status;
7. Any unwelcome touching of a sexual nature.

Sexual Violence Defined

Sexual violence is a physical act of aggression that involves the touching of another's intimate parts, either above or underneath the other person's clothes, or forcing another to touch one's intimate parts, either above or underneath one's clothes. Intimate parts, as defined in Minnesota Statutes 1990, Section 609.341, include the primary genital

area, groin, inner thigh, buttocks, or breast of a human being. Sexual violence is a criminal activity.

Sexual violence may include, but is not limited to:

1. Touching, patting, grabbing, or pinching another person's intimate parts, either same sex or opposite sex. 2.

Coercing or forcing sexual touching on another;

3. Coercing or forcing sexual intercourse on another;

4. Threatening to force sexual touching or intercourse on another.

Hazing (Policy 526)

Hazing means committing an act against a student, or coercing a student into committing an act, that creates a substantial risk of harm to a person, in order for the student to be initiated into or affiliated with a student organization, or for any other purpose. Hazing may include, but is not limited to:

1. Any type of physical brutality such as whipping, beating, striking, branding, electronic shocking or placing a harmful substance on the body;
2. Any type of physical activity such as sleep deprivation, exposure to weather, confinement in a restricted area, calisthenics or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health of the student.
3. Any activity involving the consumption of any alcoholic beverage, drug, tobacco product or any other food, liquid, or substance that subjects the student to an unreasonable risk of harm or that adversely affect the mental or physical health of the student.
4. Any activity that intimidates or threatens the student with ostracism, that subjects a student to extreme mental stress, embarrassment, shame or humiliation that adversely affects the mental health or dignity of the student or discourages the student from remaining in school.
5. Any activity that causes or requires the student to perform a task that involves violation of state or federal law or of school district policies or regulations.

Student organization means a group, club or organization having students as its primary members or participants. It includes grade levels, classes, teams, activities or particular school events. A student organization does not have to be an official school organization to come within the terms of this definition.

Reporting Procedure

1. Any person who believes he or she has been the victim of hazing or any person with knowledge or belief of conduct, which may constitute hazing, shall report the alleged acts immediately to an appropriate school district official designated by this policy.
2. The building principal/dean of students is the person responsible for receiving reports of hazing at the building level. Any person may report hazing directly to a school district human rights officer or to the superintendent.
3. Teachers, administrators, officials, volunteers, and employees of the school district shall be particularly alert to possible situations, circumstances or events, which might include hazing. Any such person who

receives a report of, observes, or has other knowledge or belief of conduct, which may constitute hazing, shall inform the building principal immediately.

4. Submission of a good faith complaint or report of hazing will not affect the complainant or reporter's future employment, grades or work assignments.

Reprisal

The school district will discipline or take appropriate action against any student, teacher, administrator, volunteer, coach, official contractor or employee of the school district who retaliates against any person who makes a good faith report of alleged hazing or against any person who testifies, assists, or participates in an investigation, or against any person who testifies, assists or participates in a proceeding or hearing relating to such hazing. Retaliation includes, but is not limited to, any form of intimidation, reprisal or harassment.

Statement of Rule

During the school year, a student shall not violate the racial/religious/sexual harassment, racial/religious/sexual violence, and hazing bylaws of the Minnesota State High School League. Interpretation: The bylaw applies to the entire school year and any portion of an activity season that occurs prior to the start of the school year or after the close of the school year.

Penalties for Category I, Category II Activities and Club Activities

Penalties for violations of racial/religious/sexual harassment and hazing rules and regulations:

1. First Violation: After determination of the violation, a student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks, 14 calendar days of a season in which the student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that "season", the violation will be served in all activities.
2. Second Violation: After determination of the second violation, the student shall lose eligibility for the next six (6) consecutive interscholastic contests or three (3) weeks, 21 calendar days, of a season in which the student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that "season", the violation will be served in all activities.
3. Third Violation: After determination of the third or subsequent violations, the student shall lose eligibility for the next twelve (12) consecutive interscholastic contests or four (4) weeks, 28 calendar days, of a season in which the student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program. If the student participates in more than one activity during that "season", the violation will be served in all activities.
4. Accumulative Penalties: Penalties shall be accumulative beginning with the student's first participation in a League activity and
Continued through the student's high school career.
5. MSHSL provides the minimum penalty to violations of rule. The school district reserves the right to go beyond that minimum penalty when deems appropriate for the situation.

G. Other Important Information

LETTER STANDARDS AND END OF SEASON AWARDS FOR CGB AND BORDER ATHLETES AND STUDENTS

- Each coach, at the conclusion of their activity, shall submit the names of those who met their lettering requirements and year end season awards to the Activities Director.
- Coaches shall conduct any post season awards/banquets.

Standard Lettering Requirements:

- In the event of broken MSHSL rules during the season, NO letter or post season awards will be awarded or applied for in the conference, section or state.
- Must abide by all rules of CGB, Wheaton or Herman Norcross Schools.
- Be a senior in good standing.

YEAR ROUND ACTIVITIES

Manager

Athlete/student must abide by all CGB Athletic Rules and individual activity rules.

In the event of broken MSHSL rules, CGB rules or individual activity rules, NO letter will be awarded.

Be a senior in good standing.

To letter you must participate for 1 full season in any given sport.

Band & Choir

- Band or Choir member must abide by all CGB Athletic Rules and individual activity rules.
- In the event of broken MSHSL rules, CGB rules or individual activity rules, NO letter will be awarded.
- Be a senior in good standing.
- Students in grades 9-12 are eligible with solo/ensemble entries in spring or in Jazz Band or Show Choir.
- Students in grade 7-8 are eligible if they are in Jazz Band or Show Choir.

If a team receives a section or conference medal, the entire team will letter.

Injured athletes that abide by all team rules and continue to attend team activities but do not meet the minimum requirements may be lettered at the coaching staff's discretion.

Minimum eligibility requirements for receiving school letters, being designated an all-conference player, or being a captain for other school activities include the following:

- Maintain eligibility according to MSHSL standards and the CGB mood altering chemicals policy;
- Complete the entire season; and
- Meet the "Letter Standards in CGB Athletes and Students" in their respective sport found in the policy manual. Students who miss athletic contests due to **failing grades** and/or incompletes are not automatically disqualified from receiving letters, being designated an all-conference player or being a captain. However, misses affect the number of appearances the student makes in quarters or events and, as a result, may lead to

ineligibility for letters and/or designations.

- Students may still win team statistical awards even if they do not maintain eligibility requirements for letters and other designations.

Awarding of Letters and Awards for Other School Activities/Clubs

Awarding of Letters and Awards for FCCLA

Minimum eligibility requirements for school letters and awards for FCCLA:

1. Attend $\frac{3}{4}$ of all monthly meetings;
2. Attend both of the region meetings;
3. Go to state in STAR events or run for a Region or State position;
4. Participate in Chapter Service Project; Investing a total of 10 hours of work in the project;
5. Participate in all fundraisers;
6. Participate in FCCLA for one year and receive a certificate of participation (provided criteria in 1-5 and those set by advisor are met);
7. Participate in FCCLA for two years and receive a letter and an FCCLA pin (provided criteria in 1-5 and those set by advisor are met);
8. Participate in FCCLA for any subsequent years and receive a bar (provided criteria in 1-5 and those set by advisor are met);
9. Exception: Seniors that are in FCCLA for only one year and meet the criteria may letter.

Awarding of Letters and Awards for Senior High Knowledge Bowl

You must earn 8 points or more to merit a letter* through a combination of:

Practice Attendance

100% = 4 points

90% = 3 points

85% = 2 points

80% = 1 point

*You must attend at least 80% of the practices to be eligible to attend meets and/or to earn a letter.

Meet Participation

1 point per meet (max 4)

Regular Season Meet Placement (Per meet)

Placing 1st = 3 points

Placing 2nd = 2 points

Placing 3rd = 1 point

Placing 4th = .5 point

Placing 5th-8th = .25 point

Advancement to Regional Competition

4 points

State Meet Participation

Automatic lettering- if attendance requirement is met.

Flag Etiquette

When the flag is displayed during a rendition of the National Anthem, all present, except those in uniform, should stand with their right hand over the heart. Men not in uniform should remove headress with their right hand and hold it at the left shoulder, the hand being over the heart, and retaining that position until the last note is played.

When the flag is not displayed, spectators should face toward the music and act in the same manner as if the flag were displayed.

Equipment, Uniforms, and Costumes

Students are responsible for all costumes, equipment, and uniforms in their possession. The advisor/coach will assign items to participants. All items must be checked out through the advisor/coach. Students will be responsible for care, cleaning, and simple repairs. Uniforms are not to be worn other than for games to preserve them for the years they need to be used.

Uniform collection is the responsibility of the Head Coach/Advisor. Every uniform must be returned within two weeks after the season ends, collection at the last contest is preferred. If a uniform is not handed in, students will be billed for the entire replacement cost and/or legal action will be taken. A player may be declared ineligible for further activities if this procedure is not followed. Coaches will not be paid until uniforms are collected and evaluations are in.

Students may be required to pay costs associated with the repair and/or replacement of equipment, uniforms, and costumes that are not returned to the advisor in satisfactory condition. All uniform choices should be brought to the administration for approval.

Inclement Weather

No buses will leave the district for any activities on days when a late start to school has been declared until departure has been approved by the Superintendent of Schools.

State Tournaments

Should a team be participating in a state tournament, cheerleaders and the respective team will be on a parallel overnight stay and transportation basis.

Meals for state “qualifying” participants/coaches/advisors will be taken care of by the CGB/Border West Districts and or by Booster Club donations. CGB will not issue cash to students. Signing up for state competition does not meet the state “qualifying” criteria.

All meal expenses for local, regional, or section competition will be the responsibility of the participants.

It is the School Board’s express right to determine whether or not school will be canceled for state competitions. However, any student wishing to attend a state event, should school be in session, shall be excused for that day.

National Competition

The School District will commit \$150.00 for each student who qualifies for and competes in a national FCCLA

competition. The district will also pay up to 75% of the chaperone's expenses. Numbers of chaperones required for any given competition will be based on an 8:1 student/chaperone ratio.

Lockers / Inspections / Locks / Valuables

At the beginning of the school year, each student will be assigned a locker. Students may not use any other locker than the one assigned. Lockers are the property of the School District and are subject to inspection by school officials.

Students may obtain a combination lock for use within the school building from the office for a \$5.00 deposit. If the lock is not returned at the end of the school year, the deposit will be kept. An additional combination lock for the student's physical education locker is available at the office with a deposit of \$5.00. When the undamaged lock is returned at the end of the school year, the fee(s) will be returned.

Do not bring your own locks to school or place a lock on another student's locker. If the school finds a lock that is inappropriately placed on a locker, the school may cut off the lock and will not reimburse individuals for the loss. If a student does choose to bring his or her own lock, a key to the lock or its combination must be submitted to the office secretary.

The school is not responsible for the loss, theft, or damage of student's property, which may occur on school property or during school sponsored activities. **Please do not leave money or other valuables in your locker or unattended in the locker room.**

Search of Student Lockers, Desks, Personal Possessions and Student's Person Policy The purpose of the Search of Student Lockers, Desks, Personal Possessions and Student's Person Policy (Policy 502) is to provide for a safe and healthful educational environment by enforcing the school district's policies against contraband. Please refer to the addenda of the student handbook for a copy of the policy (the addenda are located at each site office).

Locker Rooms

Team members are responsible for keeping the locker rooms clean and orderly after practice and games.

Fees and Costs

Each year the school board establishes a participation fee for athletic and club activities.

Forms Needed for Eligibility

Before a student is issued equipment or participates in any practice or game, that student must submit the following forms to the Activities Director.

- MSHSL Parent Permit and Health Questionnaire.
- Medical release
- Insurance forms
- Report of physical examination within the previous three years.
- Concussion waiver

Tryouts for Varsity Teams

When necessary, tryouts will be held during the first week of practice. The coaching staff will make cuts and post a list of team members at the end of the first week of practice.

Process for Handling Injuries

1. All injuries must be reported to the advisor supervising the activity.

2. Advisors are expected to administer first aid only to the level for which they are competent.
3. Parents are expected to provide the school with both home and emergency phone numbers. When a student is injured, the advisor will call a parent or guardian.
4. When a participant consults a chiropractor or physician, he or she must present a readmit certificate to the coach upon return.
5. After major surgery or serious illness or injury, the attending physician MUST certify in writing the student's readiness for participation.
6. The student's family must provide knee and ankle braces, if necessary.

Harassment and Violence Associated With Extracurricular Coaching and Participation *It is the policy of the school district to maintain an extracurricular learning, coaching and participation environment that is free from harassment and violence.

*All harassing communications or violence directed towards coaches or participants by adults, students or school staff is a violation of this policy.

*Coaching and extracurricular concerns will not be subject to school board review unless there is a violation of civil or human rights. Extracurricular concerns will be resolved at the lowest level.

***There will be no concerns raised by spectators to coaches about an athletic contest until 24 hours after the event has concluded.**

Consequences for violation of this policy are:

***First**, a verbal reminder of the 24-hour rule and what procedures are to be followed.

***Second**, a verbal warning that the person is in violation of board policy followed by a letter from the board stating that the violator will miss one home game in that sport and that another violation will result in the person being banned from that sport for the rest of the season.

***Third**, another violation in the same season will result in the person being banned from all sporting events for the remainder of the school year. Law enforcement will be informed of the ban.

The School Board supports the following procedure.

1. The parent contacts the coach, once the 24-hour rule has expired, to request a meeting.
2. Recommend that the athlete discuss the concern with the coach.
3. Recommend that the parents discuss the issue with their son/daughter before the meeting.
4. Parent(s) meet with the coach. Coaches can have assistant coaches join the meeting. Either coach or parents can request that the AD join the meeting.
5. If the issue is not resolved, parents then meet with the AD, Administrator, and two school board members.

Blackout Night

In cooperation with the churches and other community organizations, Wednesday evening has been designated "blackout" night at school. There will be no K-6 activities after school on Wednesdays. All 7-12 regular school

functions shall not be scheduled after 6:00 p.m. on this evening, except for the Wednesday before MEA break. Any other Wednesday night exceptions will be held to a minimum. If students in 7th and 8th grade have church or community obligations on Wednesdays afterschool, they will not be penalized for missing practice.

Dual Sports Participation

All dual sports participation requires a discussion and acceptance by a committee of a parent, the coaches, AD and administration. The athlete must adhere to the following expectations:

- It is strongly recommended that athletes have completed 8th grade.
- Prove academic readiness in the previous year with no academic probation/ineligibility issues the previous year.
- Must maintain the primary sport declared at the beginning of the season.
- Personally contact coaches to maintain practice schedule and expectations for both sports.
- The AD, coaches, admin, parents or the athlete can terminate the dual sport participation if it is not in the best academic or personal interests of the student. The athlete would be expected to maintain the declared primary sport season, unless mutually agreed upon among the athlete, coaches and AD to terminate all sports that season.

Activity Participation Fee Assistance Program

If you are experiencing financial hardship and are unable to pay for your child/ren's activity participation fees, the district has an assistance program available. To be eligible for the program, your family must qualify for free or reduced priced meals. Please contact the Activities Director if you need assistance.

CGB Athletic Admission Prices and Activity Participation Fees

Approved 07-21-2025 by CGB School Board

Athletic Admission Prices 2025-26

We encourage everyone to purchase passes at the Elementary or High School Building Offices or at the athletic parent meetings instead of at the gate. This keeps lines at the games to a minimum.

Athletic passes are honored at all Border West schools (CGB, Wheaton, and Herman) athletic events excluding: Girls Volleyball.

Athletic Passes

| | |
|----------------------------------|----------|
| Adults | \$65.00 |
| Students | \$50.00 |
| Family | \$120.00 |
| Sr. Citizen (Age 62 and Over) | \$45.00 |

At the Gate

| | |
|-----------------|--------|
| Adults | \$6.00 |
| Students (K-12) | \$6.00 |
| Pre-School | Free |
| Senior Citizen | \$3.00 |

Activity Participation Fees 2025-26

Athletics

| | |
|--------------------|-----------|
| Sports, grades 7-8 | \$60 each |
| Sports grades 9-12 | \$90 each |

Danceline, Jazz Band, Show Choir

| | |
|--------------|-----------|
| All grades - | \$45 each |
|--------------|-----------|

Other Activities

| | |
|--|-----------|
| All grades - | \$45 each |
| (FCCLA, Knowledge Bowl, Musical, One-Act Play, Speech, Industrial Arts Club, Play/Musical) | |

Individual Student Maximum, Per Year,

| | |
|------------------------------------|-------|
| Sports/All Activities, grades 7-8 | \$120 |
| Sports/All Activities, grades 9-12 | \$200 |
| Sports Only, grades 9-12 | \$170 |

Family Maximum, Per Year

| | |
|------------------------------------|-------|
| Sports/All Activities, grades 7-12 | \$330 |
|------------------------------------|-------|

Drivers Education Behind-the-Wheel Training Fee \$280.00

A fee assistance program is available for all activities except Behind-the-Wheel Training. Contact the Activities Director for more information.