

## Care and Feeding of Your New Epee Equipment

Congratulations on getting your starter set! Now...what is all this stuff and what do you do with it?

First of all, what's included in your set?

- Jacket
- Chest protector
- Plastron (underarm protector)
- Epee mask
- Glove
- Body cord
- Electric epee

The following additional items are not included but highly recommended:

- A set of jeweler's screwdrivers (for the screws on your body cord and epee tip)
- A 36 inch length of PVC pipe for your weapon (this protects both the blade and your jacket from rust as well as keeps the tip from poking through your bag)
- A Scotch or other brand of scouring pad (to clean the blade)
- A small towel or microfiber cloth (also for cleaning the blade)

### Equipment Care

- **Please make sure all of your equipment has your name on it!!**
- Jacket and Plastron: Allow to dry after every practice. Occasionally machine wash in warm water and either hang to dry or tumble dry on low heat.
- Chest Protector: Wipe down with a damp cloth or disinfectant wipe.
- Mask: Wipe down with a damp cloth or disinfectant wipe. Can be hand washed in a sink full of warm water with mild soap (such as Dawn) and scrubbed gently with a nail brush. Set outside to dry.
- Glove: Can be machine or hand washed and either hung to dry or tumble dry on low heat.
- Body Cord: After every practice, check that the screws in the plugs are tight.
- Epee: The tip has teeny, tiny screws in it. After every practice check to make sure they remain tight. The socket in the bell guard has two small screws. Tighten them occasionally. **Let your coach know if you notice any missing screws.** Keep the blade free of rust by avoiding contact with moisture (such as a sweaty jacket). If you see any rust buildup, scrub the blade with a scouring pad, followed by wiping down with a microfiber cloth or old towel.

If you need any repairs to your equipment, let your coach know as soon as you can. Coach Alan and Coach Jenn are the club armorers and will take care of major repairs. You can help by keeping your equipment clean and well maintained (checking screws regularly will help tremendously).

And once again, **Welcome to the Round Rock Fencing Club family!**

We're so happy you're here!