

Suffolk Zone – Chapter
NEW YORK STATE ASSOCIATION for
Health, Physical Education, Recreation and Dance

SUFFOLK ZONE HIGH SCHOOL LEADERSHIP AWARDS

Dear Director of Physical Education & Health,

The Suffolk Zone Chapter of the New York State Association for Health, Physical Education, Recreation and Dance wishes to honor two individuals from your school district in this year's graduating class who can meet the following criteria for outstanding Physical Education & Health Education Achievement.

Please let us know if you have any transgender or gender-neutral students so we can be pronoun sympathetic. Each year this Suffolk Zone event is a huge success, due in great part to your contributions and participation. We hope to continue this level of excellence for many years to come. It is our goal to fulfill the expectations and the enjoyment of this event. We have updated the application forms to assist us in organizing the program.

Please note the criteria:

This is a “SENIOR AWARD”

1. **Physical Education & Health Achievement:**

This student earns an “A” average or has earned above a “90” in high school Physical Education & Health Education classes.

2. **Scholastically Sound:**

This student earns an overall grade point average of 3.0 (“B”) on a 4.0 (“A”) scale at the completion of their 11th grade year. The student continues at their potential during their senior year.

3. **Outstanding Character:**

This student contributes to the overall positive outcomes of their physical education & health classes as well as their school. This student makes an outstanding effort to be cooperative, honest, poised, self-confident, attentive, industrious and enthusiastic toward all class activities. In addition, this student is always working to support the instructional efforts of the class.

4. **Physical Education & Health Student Leader:**

This student is a leader in class activities and demonstrates the ability to accept responsibility for regular class tasks.

5. **School-wide Activities as a “Leader”:**

This student should be active in a leadership capacity within and / or outside the school environment as:

- I. Officer in an Health organization
- II. President of a Health or Physical Education related club
- III. Active as a member of a school or community group

- IV. Volunteer for a support group such as Special Olympics, Athletes helping Athletes'
- V. Captain of a team

6. **Student Role Model:**

This student achieves a high level of personal fitness by continuously setting and achieving personal goals and aspirations. In their Physical and Health Education class, this student demonstrates a positive attitude toward the instructional activity and provides support for the success of others. This is the student that teachers and students look to as “living” a healthy lifestyle inside school as well as in the community.