






Lesson Topic :- Literacy/PE Lesson	
Year Group :- Year 3	
Learning Outcome	Gain a better understanding around safety with bikes. Understand why it is so important to wear a helmet and to ride responsibly.
Links with the New Zealand Curriculum 	Curriculum Level 2 PE Level 2 Safety Management <ul style="list-style-type: none"> Identify risk and use safe practices in a range of contexts. English Level 2 <ul style="list-style-type: none"> Show some understanding of how to shape texts for different purposes and audiences.
Key Competencies 	<ul style="list-style-type: none"> Thinking - How do I collaborate in a group setting and have turns on the bikes. Managing self - Making sure I listen to all the instructions and safety precautions before I ride the bikes. Participating and contributing - Discussing with our friends what the different safety precautions are that we need to be mindful of. Relating to others - Working with our friends who have never ridden a bike before to teach them.
Prior knowledge 	A couple of the learners had ridden a bike before so knew the basics about bikes. A few of my learners were familiar with basic safety precautions but did get stuck with the ABC's (Air, Brakes, Chain).
Lesson Sequence	<div> Session Outline (Lesson Length - Allow 2 hours). This lesson is with a group of year 3 learners. This lesson was based on bike safety. The first thing we needed to do was get all the bikes and helmets out of the shed. This lesson did take a long time as we had to get the bikes out and put them away </div>



and the kids wanted to have a ride around before we went inside which was fair enough. Once we got inside and did the follow up activity it went for about 2 hours.

This lesson was based on becoming more aware of bike safety before my learners went bike riding.

Firstly will need to make sure that we have all the equipment then will start to find out how much prior knowledge my learners have. What is a helmet? Why do we wear footwear? Why shouldn't we wear jandals?

After we have discussed these things I'll check all the helmets on learners heads to see if all on secure and the buckle is done up tightly. Why is it important to wear your helmet properly? Demonstrate how to put helmet on and how to tighten buckle.

I'll then get a bike and talk about the ABC's and why they are important, will get learners to do the demonstrations and check the air pressure, brakes and the chain is working. Why are these three things important?

Finally will go inside and recap what we had done outside and talk through the activity that the learners will be completing.

Student Activity

- Learners discuss general bike safety.
- Learners work in small groups to complete activity.
- Learners discuss what ABC's are.
- Learners listen to instructions on how to video record themselves.
- Learners observe their friends and will ask questions.

- Learners collaboratively create their presentation.
- Learners work together to draw pictures about the important safety steps.
- Learners make mini movies of themselves discussing their favourite part.
- Learners discuss the most important parts of bike safety.

- Learners will share their presentations with our class and

Teacher Activity

- What is a brief?
- What is our brief?
- What safety precautions do we need to take?
- Why is it important to wear ear muffs?
- Discuss different measurements, why are they so important?
- How do we use these different tools?
- Constantly asking, why are you using that tool, what does it do?
- Why do we use millimetres over centimetres or metres?
- How high/wide/deep is our hut going to be?



	<div>small groups.</div> <ul style="list-style-type: none">Learners will share their presentations and their movies on their blogs.	
Resources	Bikes Helmets Cones Footwear for children	
Reflection and Analysis		
	<p>Lesson Content :- This was a lesson that I did just with our year 3 learners. This was a very engaging lesson that had a needed of management purely because the learners were so excited and wanted to get on the bikes and go for a ride. As you can see I had a teacher aide that was helping me during this lesson, with this many learners it would be advised to have a teacher aide or another adult helping, takes a long time to check all the helmets are done up properly. I knew what I wanted to talk about during the lesson about bike safety but hadn't planned for what I wanted the learners to do while they were riding, rather than just having the learners ride around I wanted to have something structured for them that could practise the skills they had learned. Learners did get a bit hot and restless when we got towards the end of the lesson but was easier to manage because they knew they could have gone on the bikes after the lesson. Learners were really engaged with the learning, I tried to make it as relevant as I could to their lives so they could understand the importance of the safety.</p> <p>Lesson Pacing :- This lesson was done over 2 hours so you can see that the learners getting restless towards the end. I think teaching this lesson altogether is powerful as you can recap exactly what you had just done outside and it is fresh in the learners heads.</p> <p>Lesson Delivery :- This lesson was delivered by myself and Shania (Teacher Aide). It was incredibly helpful having her help as it would have the made the lesson even longer if she wasn't helping.</p>	