

SUNDAY OODA LOOP

18/8/24

What is your Goal:

- Specific Target
 - Get the first testing phase (10 desire/pain statements) to work
 - Why is it important
 - My bigger goal is to come up with a winning facebook ad
 - However, that won't be possible if my testing phases don't work
 - Deadline
 - 1/9/24 (1 day from the day this ooda loop was made)
 - Find out what's wrong with the ad and solve that problem
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What did you get done last week to progress towards your goal:

- I didn't get much done this week again
 - At the start of the week until about Saturday, I was lazing around and I barely did any work
 - On Saturday, I listened to the power up call and I heard Professor Andrew say to "Stop treating out client projects like they're homework from school and to treat them more seriously" → This clicked inside me and I decided to start working more
 - Looking back today, I didn't do anything this week that helped me progress toward my goal (Coming up with a winning facebook ad strategy)
 - This is what I did this week
 - I got to 3.2K power level → It's nice but I'm not closer to my goals in any way
 - I completed roughly one question out of over 20 that ChatGPT gave me in order to give me the best answers possible
 - I can do this in 30 minutes if I put my mind to it
 - I started doing this about 2 weeks ago
 - Basically I did nothing this week
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What are the biggest roadblocks you need to overcome to achieve your goal?

- I need to set higher standards for myself
 - I need to stop doing the things that I know I shouldn't be doing
 - Make sure that every single second of my day is used working

- I need to always be clear as to WHAT I should be doing because a huge part of me not working is because I don't know exactly what to do
 - I need to do the ChatGPT questions
 - I need to help students in TRW
 - I need to find out how to access the facebook ads manager using my phone
 - I need to bring back work sessions
 - I stopped doing the 1 hour GWS because the only way I was able to do that was if I was on my phone while walking to the train station
 - I ended up not doing any form of a work session completely
 - I'm going to try and do 30 minute work sessions instead
 - This way I can do proper sessions without getting interrupted and the quality of my work will be higher
 - I will also be more *mission oriented* which will make the work I do be of higher quality
 - I need to bring back the section in my selfanalysis document called "goals achieved" → I will set daily goals and be held accountable to it (eg. complete 5 ChatGPT questions)
 - I need to set daily goals for myself
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What is your specific plan of action this week to move closer towards your goals:

- Monday:
 - Planning content for the week
 - In a document
 - Type out what I'm going to post for each day of the week
 - Create all of the posts that I need for each day
 - Including the caption
- Tuesday:
 - Complete question 3 ChatGPT
- Wednesday:
 - Help out 10 students + Get to 3.8K power level
- Thursday:
 - Complete question 4 + 5 ChatGPT
- Friday:
 - Complete question 6 + 7 ChatGPT
- Saturday:
 - Complete the rest
- GOALS FOR THE WEEK:
 - No Jerking off
 - Get to 4K power level

- Complete the ChatGPT AI questions document