

Washington Running Club
Running on the Edge of the Shutdown
October 6, 2013

15 Mile Loop

MapMyRun Route: <http://www.mapmyrun.com/routes/view/302439549>

Written Directions:

1. Head West on M Street NW/Canal Road NW and follow up hill on Foxhall Road.
2. Make left onto MacArthur Boulevard NW. Continue past Sibley Hospital and Dalecarlia Reservoir.
3. Make a right onto the Little Falls Stream Valley Trail (part of Montgomery County Parks).
Note: Sidewalk is only on left side of road but entry to paved path is on the right. It does not appear there is a sign for the path; however, it starts just before MacArthur Blvd splits to Sangamore Road, just after it passes over the Capital Crescent Trail.
4. Continue on Little Falls Stream Valley Trail until you reach the intersection of Massachusetts Avenue and Little Falls Parkway. Make a left onto Massachusetts Avenue.
5. Continue on Massachusetts Avenue through American University. Make a left onto Nebraska Avenue NW at Ward Circle.
6. Make right onto Van Ness St. NW. Continue on this road through UDC until reaching Connecticut Avenue NW.
7. Make a right onto Connecticut Avenue NW.
8. Make a left onto Porter Avenue NW.
Note: Porter turns into Klinge Road NW as it crosses over RCP into the Mount Pleasant neighborhood. Most likely you will not even notice the change.
9. Make a right onto Adams Mill Road NW and follow up hill (turns into Irving Street NW) until reaching 16th Street NW.
10. Make a right onto 16th Street NW and continue until reaching the White House grounds.
11. Make a right onto H Street NW.
12. Make a left onto 17th Street NW.

13. Make a right onto Constitution Avenue NW.
14. Make a slight right onto Virginia Avenue NW.
15. Make a left onto the Georgetown Waterfront (cross bridge by boat house).
16. Cross through Georgetown Waterfront (restaurants).
17. Turn right onto 31st Street NW.
18. Turn left onto M Street NW; finish at CB2 store.

Good job!