

Stop....Pattern Time

Purpose & SOL

- Students will practice identifying patterns.
- Math 2.16

Materials

- [Pattern Powerpoint](#)
 - **Slide Theme:** [Slide Carnival](#); **Font:** [Amy Groesbeck](#)
 - **Clipart:** : [Whimsy Clips](#)

Length

20 minutes

Introduction

Students will warm-up with four simple patterns. Each picture will have an exercise and as a group, exercise the patterns.

Implementation

Freeze Dance

Directions (from Fit 4 Kids)

1. The teacher will start the music and when the music stops, the students freeze. When students are frozen, change to the ppt to the pattern slide.
2. When students know the answer, instruct them to tap their temple.
3. When enough students are tapping their temple, ask one student to answer.
4. This pattern will continue until all the slides have been completed.

Cooldown

Students will complete 3 stretching patterns (included in powerpoint).

Modifications

If you don't have access to a computer, you could print out the powerpoint and use them as task cards. Students would retrieve the card, answer "what comes next?", do 10 reps of an exercise, and then put the card back. This would continue until all cards were complete or you ran out of time.