

RSE Taught Elements for all year groups
All of the RSE elements are taught during the Autumn term

KS3					
Year 7		Year 8		Year 9	
HT1 Relationships and Sex	HT2 Relationships and Sex Living in the Wider World	HT1 Relationships and Sex	HT2 Relationships and Sex and Health and wellbeing	HT1 Relationships and Sex	HT2 Relationships and Sex
Now taught in HT2 due to RAAC	Now taught in HT1 due to RAAC	Now taught in HT2 due to RAAC	Now taught in HT1 due to RAAC	Now taught in HT2 due to RAAC	Now taught in HT1 due to RAAC
Students are introduced to puberty and consent at a time when many of our students will be experiencing physical changes. • Puberty and emotional changes • Menstrual wellbeing • Healthy and unhealthy relationships • Managing conflict • An introduction to consent • Female Genital Mutilation and Breast Ironing.	Students are introduced to different forms of relationships, both positive and negative and how/where to seek support if needed. • Family, marriage and civil partnership • Positive friendships • Personal identity and diversity • Bullying online and offline • Cyberbullying and trolling • An introduction to extremism and radicalisation	These topics develop the knowledge gained in Year 7 HT1. • Relationship values • Influences on relationship expectations (sharing sexual images) • Respecting the spectrum of sexual orientations and gender identities • Common assumptions related to consent and how to challenge them	Pupils are introduced to the various ways positive mental health can be challenged by the media following on from Year 7 at a time when they are more aware of and have access to more technology. The topic of cancer awareness develops on from Year 7; students are introduced to the signs of cancer and who to seek support from if they are concerned about themselves /someone they know. • Domestic conflict • Sexting and image sharing dangers	At an age when many young people are curious or even perhaps experimenting, they will be armed with the knowledge to enable them to make sensible, well informed decisions about their body. They learn about: • Respectful relationship behaviours: beginning positive relationships and assessing readiness for intimacy • Sex, the law and consent: the meaning of 'freedom' and 'capacity' to consent in different contexts.	A study of the various groups of people that make up our communities, the challenges they sometimes face and what can be done to challenge any negative behaviours. • British Community, religion and culture • Who are the LGBTQIA+ community? • Immigration and diverse communities • Child Exploitation • Domestic violence and abusive relationships • Discrimination- a case study • Challenging discrimination.

	Racism and stereotypes.	- An introduction to contraception: what are they and how and why are different contraceptives used (how to use condoms correctly)? - STIs: what are they? - Teen pregnancy and parenting	- Dangers of pornography - Relationships on and off screen - Body image - Vaping - Cancer awareness	BROOK delivering. - Sexual Health: the potential consequences of sex and ways to reduce risk - Contraception: recap of different types of contraception and which one might suit people more than others - How to manage the end of an intimate relationship - Body image - Body image, the media and eating disorders.	
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KS4			
Year 10		Year 11	
HT1 Relationships and Sex	HT2 Relationships and Sex	HT1 Relationships and Sex	HT2 Living in the Wider World
Content and rationale: At a time when some students may considered entering in to a sexual relationship, it is important that they are aware of the often incorrect portrayal of sex in the media and how to deal with abusive relationships. • The role of Intimacy and Pleasure • The impact of pornography • Consent: pressure, persuasion and coercion • Managing relationship conflict and breakups • Addressing relationship abuse • Sex and the media • Controlling relationships (case studies)	Content and rationale: students are introduced to different forms of more negative adult relationships and how/where to seek support if needed. This follows • Community cohesion - how can we all live together peacefully? • Gender, sex and transitioning • What is sexism and gender prejudice? • What are harassment and stalking? • What are revenge porn and upskirting? • What are forced and arranged marriages? • How can we manage conflict?	Content and rationale: Pupils are taught how to stay in relationships both mentally and physically and are given the information to make choices regarding pregnancy. • Family conflict • Long-term commitments in relationships and forced marriage • Sexual Health and fertility, routes to adulthood • Pregnancy outcomes • Pregnancy choices and abortions • Safe sex and chemsex: what are they? • Bullying - body shaming	Content and rationale: These topics are introduced in preparation for students taking their PPEs. The lessons aim to support their revision but also motivate them to work hard as they think about their future after Year 11. • GCSE revision and study skills • Applying to college and university • How do we prepare for job interviews? • How do trade unions protect us at work? • Pensions and retirement. Reduced to 5 lessons due to 2 weeks of PPEs.