

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 	1 	Daily Powerup Call
2. 	1 	Deepwork Session 1: Spec Work
3. 	1 	Deepwork Session 2: Practice for portfolio
4. 	1 	Deepwork Session 3: Outreach
5. 	1 	Break down a piece of copy.
6. 	1 	Marketing IQ: Research the most successful person in X niche.
7. 	1 	Injury Recovery: Excercise Routine

Day Number: 4

Date: 3-14

Start Of The Day - Time: 7:00-22:30

	 3 Things That I Am Excited To Have In The Future? 
1.	Becoming a man of value. With high value skills: Sales and marketing.
2.	Copywriting agency under my name
3.	Learning to sell + to write well. Connecting with successful people. Building a business.

 **Hour-By-Hour**
Tracking: 

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

 7 am: Task 	Waking up. Reading a little.
 Intention 	Powering up my brain.
 Reflection 	

\$ 8 am: Task \$	Jump into writing.
🔔 Intention 🔔	Write fast. Write a lot. Good ideas come with time. Practice the pitch.
✍️ Reflection ✍️	Wrote pretty fast. But forgot to pitch.

\$ 9 am: Task \$	Quick outreach. 4? Follow ups. 2 + 2. Breakfast.
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 10 am: Task \$	Physio
🔔 Intention 🔔	
✍️ Reflection ✍️	Made good progress

\$ 11 am: Task \$	Marketing IQ
🔔 Intention 🔔	
✍️ Reflection ✍️	Saw the marketing360 loom.

\$ 12 am: Task \$	Lunch + Pause.
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 Intention 	
 Reflection 	Ended up doing outreaches

\$ 1 pm: Task \$	Watch a copy review call.
 Intention 	
 Reflection 	Eat + sleep

\$ 2 pm: Task \$	Write more.
 Intention 	Apply a method from the call.
 Reflection 	Fix bike

\$ 3 pm: Task \$	Finish own website.
 Intention 	
 Reflection 	Fix bike

\$ 4 pm: Task \$	Write more.
 Intention 	Focus on spiking emotions.
 Reflection 	

\$ 5 pm: Task \$	Did some outreaches
🔔 Intention 🔔	
✍️ Reflection ✍️	Got flagged as spam because of template. Changed wording, still spam.

\$ 6 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 7 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 pm: Task \$	
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 Intention 	
 Reflection 	

 10 pm: Task 	
 Intention 	
 Reflection 	

 11 pm: Task 	
 Intention 	
 Reflection 	

 12 pm: Task 	
 Intention 	
 Reflection 	

 End-Of-The-Day Report:

 What Did I Learn Today? 
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Titan mail doesn't allow you to send templates. Got flagged after two

NEW What Do I Plan To Do Differently Tomorrow? NEW

Write first thing in the morning. Only write. No breakfast.

NEW What Do I Plan To Do The Same Tomorrow? NEW

Outreach. Might have to write different ones tough.

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 

Writing. Marketing IQ.

Brain Dump:

First results of the new outreach are in. I don't like them. Sure gets replies, but they thought I was a prospect.

Wasted a lot of time fixing my bike.

I'm consuming too much information. Makes it hard to write.

I have to get the work done first thing in the day.

Like what the fuck happened today?

I have to make pauses. Just ended up in a rollercoaster again. Being pulled in all sorts of directions. Just chasing cars.

Read the daily list.

ENd of the day was extremely chaotic.