

## **HUMS Lakes Trip Kit List 2023**

### Essentials:

- Sleeping bag
- Suitable waterproof walking boots
- At least 1 litre of water
- Comfortable daysack (smallish backpack) with waterproof cover or dry bags a bin bag can be
- Waterproof trousers and rain jacket
- Hat, gloves and warm under trousers (not jeans!)
- A warm jumper and coat (layers are ideal but not necessary)
- Headtorch (torch is better than nothing!)
- Comfortable and warm clothes for the hut (your thickest comfiest jumpers and coats it's chilly in there)
- Many a snack
- Some money for chippy tea on Friday
- Towel and toiletries for the showers

### If you have it:

- First aid kit
- Blister plasters
- Water purification tablets
- Maps
- Compass
- Survival bag

### Up to you:

- Pillow
- Comfortable clothes for the van
- A camera
- A snood
- A thermos

