St. Lawrence County Youth Committee Meeting Minutes October 15, 2023 In-Person w/ QPR Training

Attendees:

Anant Bansal, Zoe McLean, Elif Centinkaya, Prudence Cutwa, Emalyn Kulp, Dominic Fiacco, Kerisa Burns, Anya Bansal, Theo Hughes, Avaleigh Besaw, Macy White, Mia LaBella, Angiolina Hukovic, Kayden Sharpe, Alexa Chase, Rebekah Zuhlsdorf, and Adam Simmons.

Called to order:

- 3:03PM

Minutes Approval:

- N/A first meeting of the school year

Chalk the Walk

- Involved many community members, schools and ambassadors
- Very successful

Gizmo's Guide to Mental Health

- Well received by students in multiple grades
- Moving to talking to younger students not just older students
- Helping those students identify the signs of when they need to utilize their guide
- Did an interest count on who would like to do it again

Youth as Solutions

- Awarded \$500 grant to be used in the community
- Team leaders did training; helps us as a group to identify community needs within our county
- Submit application by Dec. 1st
- Can be used April-May and we must create a 3 min. video to demonstrate how we use the money

Grant Ideas

- ➤ Mental health
- > Drunk driving
- > Gun violence

Revisit at the next meeting; send out survey to community on what they view as issues

Other Topics Mentioned

- Girl Scout troops duffle bags occurring in late November
- Ambassadors interested in receiving Gizmo training, to be able to present to their schools 3rd grade classrooms
 - Kerisa, Dominic, Zoe M., Taha, Mia, Emalyn, Nina, Elif, and Kayden

- Possible platforms for group messaging
 - Band
 - Google classroom
 - Remind

Dates to Remember:

- Youth Committee Meeting Sunday, November 5th 4:00PM VIRTUAL
- Youth Committee Meeting Sunday, December 17th 3:00PM IN PERSON TRAINING
- Submit content for the newsletter by the last day of each month, provide any
 information within your school/community that is worth sharing; upcoming events,
 student/teacher spotlights, sports highlights, academic achievements, club
 membership, pictures! This is a newsletter for teens and families, we want to
 share relatable content and articles.

Meeting Adjourned:

- 3:51PM