



Counselors Corner: Your counselors are here to help and support you. Check out the counselor's corner in the CVHS webpage. ([LINK](#)) If you need academic support, college and career support, and/or social/emotional support, visit your counselor. They are available 8:00 am - 3:30 pm Monday - Friday. If you are unable to connect with them, please fill out the referral form ([LINK](#)) and they will meet with you as soon as they are available. We are here to support you!

NEW INFO

Financial Aid Support for Seniors

Financial Aid applications are a requirement for all senior students per California Assembly Bill 469. These applications are important because they help provide financial assistance to students to help cover the cost of tuition, books, living expenses, etc. If your student / child is planning to attend a two year community college, four year university, or trade / vocational school, it is important to apply for financial aid. Many types of scholarships/merit based aid can be offered to students but will require a financial aid application.

There is still time to submit your financial aid applications. If you need assistance completing your application, you can reach out to our Futureology College & Career Counselor for assistance.

- Not sure which financial aid application to complete? [Click here to see which application you need to complete.](#)

The bill does allow families to opt-out from filling out an application, so if you wish to opt-out, [click here](#) to fill out the opt-out form.

Senior Survey

Attention all graduating seniors!

As you near the end of your academic journey, we want to hear about your experiences and gather valuable feedback. The senior survey is an opportunity for you to reflect on your time at Capo Valley high school and provide insights that will help us improve the overall student experience.

Your honest responses will help us understand what aspects of your education were most valuable, identify areas for growth, and shape future programs and initiatives. We highly encourage you to participate and make your voice heard.

Please complete the survey by Tuesday, May 30th. Here is the [link](#).

Your individual responses will remain confidential and will be used for statistical purposes only. The survey covers a range of topics, including academics, extracurricular activities, support services, and more. Your feedback is crucial in shaping the future experiences of incoming students.

We appreciate your time and contribution to this survey. Your input will have a direct impact on enhancing the educational environment for future generations of students.

Thank you in advance for your participation!

Summer School

If you feel that you or your student might need Summer School to remediate a class, please visit your counselor and they will sign you up! For more information,

[Click HERE for English.](#) [Click HERE for Spanish.](#)

Building your College list - Juniors

Futureology is hosting a workshop that focuses on Building your College list on Wednesday, May 24, during Gold Time. This workshop is specifically for Juniors, so if you wish to attend, you must sign up through Enriching Students. If the window to schedule through Enriching Students closes, simply come by the guidance office and we can schedule you in.

Seniors Attending Saddleback College in Fall 2023

Here are a few very important reminders about Saddleback College Application and Financial Aid:

[The Promise Program at Saddleback College](#) priority **deadline is May 1st!** Saddleback College promises to pay the first two years of college for eligible students. Registration fees, support for book costs, health fee, and ASB stamp are included!

- To be eligible for the Promise Program, you must complete the following steps:
 1. [Complete a Fall 2023 Saddleback College Application.](#)
 2. [Apply for Financial Aid.](#) This program is **NOT** need based, so your household income does not matter. As long as you do the following by May 1st, you may still qualify for the Promise Program:
 3. [Complete Matriculation Steps on Mysite.](#)

[Click here](#) to view a step by step guide.

- All of these steps must be completed in order to be eligible for the Promise Program!
- If you need help with Saddleback Application:
 - Visit our [website](#) to schedule an appointment with one of our Saddleback Counselors.
 - Contact [Saddleback Matriculation](#) directly for support with the application process.
 - See Ms. Espejo in the College and Career Center.
- If you have completed your Saddleback Application but not your financial aid application, you still have time! Even if you do not think you will qualify for financial aid, the Promise Program is not income based! **Deadline is May 1st** to submit your financial aid application. Complete either the [FAFSA](#) or [Ca Dream Act](#).

NHS Flower Sales for Graduation

Support NHS and buy flower leis for your graduate! Our orchid leis are now available on the CVHS webstore for preorder to be picked up BEFORE the ceremony on Thursday, June 1st. Leis will be \$30 (pre-ordered online) or \$32 (bought day of). We have limited inventory (85 leis) so be sure to purchase them as soon as possible! Here is the link to the webstore: <https://cvhswebstore.myschoolcentral.com>

College and Career Advantage (CCA) Summer School Registration NOW OPEN

CCA will be hosting three high school summer school courses. Please click on this [link](#) to view the courses that will be offered. If you wish to register for one of the courses, please follow this [link](#) to fill out the registration form. Please see  Summer School FAQs.pdf

College and Career Advantage (CCA) Fall Classes

After school CCA classes are still available for Fall 2023. Upperclassmen a new class just added - Surgical Tech - get registered before it fills up. Thought about being a pilot, take Aviation Careers. The fastest growing industry is Cybersecurity so get your spot! Pharmacy clerk, Esports and more. Check out these amazing classes and career pathways! To see a list of all classes and register click [Fall 23 CCA After-bell Courses & Registration](#)

College @ Capo - Saddleback Classes on CUSD Campuses

Saddleback College is offering 3 exciting classes on our campus in Fall 2023! For College @ Capo course offerings and descriptions for Fall 2023 click [College at Capo Fall 2023](#) and sign up on the interest list Your Career Guidance Specialist, Lynne Bell, will send you an email with detailed instructions to complete the registration process. These courses are offered at each of the 6 high school campuses either before, during or after school, varying by campus. Earn high School and college credit at the same time. Courses are FREE!

ONGOING

Free Online Tutoring CUSD has purchased a tutoring service called Paper where students can chat with a real tutor 24 hours a day, 7 days a week. This service provides unlimited access and is 100% free to all Capo students! To access this service, students go to the Paper website app.paper.co/login/student and type in Capistrano Valley High School, and then log on through Clever. Students will choose the subject they need help with and will be connected with a tutor within 30 seconds. If your child needs help or just has a question please give it a try. We hope students find this extremely helpful in reaching their academic potential.

Paper - Online Tutoring Service: Paper is a secure, online tutoring service that provides students with unlimited, 24/7 academic support. Whether they're stuck on homework, studying for a test, or need someone to read and make suggestions to their essays, there will always be experts available online to assist students in over 200 subjects and more than 4 languages.

Paper tutors have been specially trained to conduct expert, academic support in a secure, chat-based platform. With a commitment to helping students learn, they'll never give students answers, but rather interact with them in an encouraging tone to lead them forward.

This is a free service that CUSD is providing, so students are encouraged to use it as much as they need, whenever they need it. If you'd like to learn more about Paper you can sign up for a Paper hosted [Parent Info Session](#), available in both English and Spanish. Or if you'd like to speak to a member of the Paper team directly, you can reach them at parents@paper.com

To see Paper and the help it offers firsthand, we encourage you to log in with your students. To get started, simply log into Clever and click on the Paper icon, or [OR CLICK HERE TO LOG IN](#). We're thrilled to offer our students the unlimited, 24/7 support that Paper provides and to see how our students will be able to use it to help with their education.

COLLEGE and CAREER

CCA & Futureology available in the College & Career Center:

The College & Career Center is now open in the CVHS Library. you can book an appointment NOW to discuss your career aspirations, college plans, applications, and essays. Use the link below to schedule an appointment.

Erica Espejo
Futureology Counselor

[Click here to schedule an appointment](#)

Lynne Bell
Career Guidance Specialist

[Click here to schedule an appointment](#)

Webinars

CUSD's College and Career Counseling Department, Futureology, will be hosting virtual events on a variety of college/career planning topics including 9th/10th College/Career Orientation, Standardized Testing 101, Choosing a College Major, and more! To see the complete schedule, click [here](#).

GUIDANCE CONTACTS

Guidance Office Phone Number: 949-364-6100

Guidance Office Contacts Extension

Assistant Principal, [Christina Migge](#) x12009

Registrar, [Debra Gonzales](#) x12013

Guidance Secretary, [Jeanette Ordish](#) x12010

Clerk,[Keisha Bawuah](#) x12012

Bilingual Liaison, Spanish, [Elizabeth Nunez](#) x12021

Bilingual Liaison, Farsi, [Farnaz Rahimi](#) x12011

Student Support Extension

Counselor: A-Fi, [Darwin Vega](#) x12023

Counselor: Fj-Ld, [Kelly Waugh](#) x12022

Counselor: Le-Rn, [Jenn Candelaria](#) x12017

Counselor: Ro-Z,[Erica Crowell](#) x12018

Counselor: SPED, [Julie Balhorn](#) x12015

Guidance Tech, [Kimberly Cox](#) x12016

Guidance Tech, [Fernando Sotelo](#) x12014

The Board of Trustees desires to provide a safe school environment that allows all students equal access and opportunities in the district's academic and other educational support programs, services, and activities. The Board prohibits, at any District school or school activity, unlawful discrimination, including discriminatory harassment, intimidation, and bullying of any student based on the student's actual or perceived race, color, ancestry, national origin, nationality, ethnicity, ethnic group identification, age, religion, marital or parental status, pregnancy, physical or mental disability, sex, sexual orientation, gender, gender identity, or gender expression or association with a person or group with one or more of these actual or perceived characteristics.