

Wonderful Colorado Movement Lab Dancers, Enthusiasts, and Community!

As we head into September (WOW! How did that happen?), we wanted to let you know how proud, thankful, and excited we are to be part of this amazing community. So much love & power! Thank you for being a part of it!

Here's the Newsletter for this week:

Mushroom/Acorn Workshop



One Day Nutcracker Camp - Dancers ages 3-8!

Saturday, September 20th, 2025 from 2:00-4:00pm at Colorado Movement Lab

Calling all kiddos! Learn dances from New Paradigm Dance Theater's (NPDT) professional production of *Nutcracker Reimagined* at Colorado Movement Lab!

Join us for a fun, creative day of moving to learn about Colorado flora and fauna with the dance of the Acorns and Mushrooms in NPDT's production, *Nutcracker Reimagined*!

This day camp is for dancers ages 3-8, and includes:

- Introduction to Ballet
- Move & Learn about Colorado flora and fauna
- Learn real choreography from *Nutcracker Reimagined*
- Tutu and costume petting zoo with real, handmade costumes from the production
- Snack time and watch scenes from *Nutcracker Reimagined*
- Information about NPDT's 2025 Production
- **New students** can be entered to win a month of free classes at Colorado Movement Lab
- Sign up on September 20, 2025 to participate in *Nutcracker Reimagined* and receive a \$20 credit to your [CML Studio Pro Account](#)!

Cost: \$15 per student, \$25 for 2 family members signing up together!

Kids are eligible to participate in performances of *Nutcracker Reimagined* this December! Try it out with this One Day Nutcracker Camp, and then sign up to participate in the production.

Email info@comovelab.com or text 720-336-1508 to get started!

CML FAMILIES: Remember that CML will credit your family's Studio Pro account with \$40 for each student who enrolls in our programming - this could be a great way to entice young future dancers you know. Ask the kids in your life to create a [CML Studio Pro account](#) and sign up online - ask them to use your name in the notes (How did you hear about us?). If they enroll in our year-round program, we will credit your account.

Free Week for NEW Students!

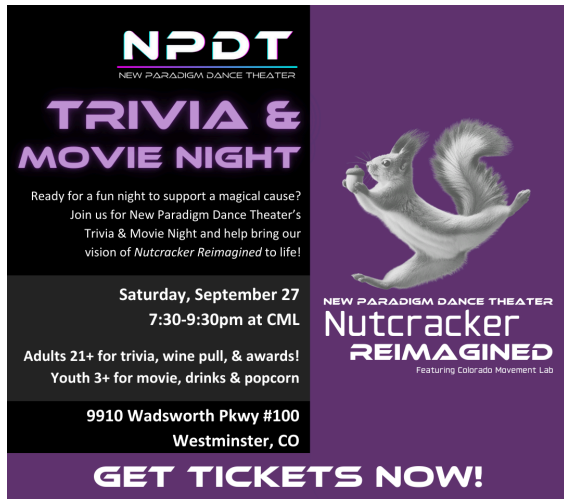


September 15-20, 2025

Please invite your dancing friends, family, neighbors, co-workers, and everyone you know to enjoy our **Free Week for New Students!** CML invites new dancers (those who have never taken a class at CML before) to take as many classes in their appropriate level as they would like between Monday, September 15 and Saturday, September 20.

- New dancers should email info@comovelab.com or give us a call at 720.336.1508 to schedule their free classes.
- All new students need to create a free [CML Studio Pro account](#) in order to receive free classes.
- Classes are available Monday-Saturday for ages 1-2 and their caregivers, ages 3-4, 5-8, 8-12, 12-18, and adult dancers! Classes include Ballet, Jazz, Modern, Contemporary, Tap, Pointe, Improvisation, Pilates, Somatics, and more!
- Free Week classes are for new students only. Existing CML dancers will continue with classes as usual!

Remember, for every new student you refer and who pays the registration fee, YOU will receive a \$40 credit to your CML SP account in the Spring 2026!



New Paradigm Dance Theater is a 501(c)(3) nonprofit
EIN 93-3450489

You're Invited: NPDT Nutcracker Trivia & Movie Night Fundraiser! - Save the Date

Join us **Saturday, September 27, 2025, from 7:30-9:30pm** for a raucous evening of adult trivia in Lab 1 brought to you by our NPDT Adult Company. Meanwhile, the kiddos enjoy a movie & popcorn, chaperoned by our amazing NPDT Youth Company! Get your tickets and bring all your favorite people for a night of laughter, competition, and community fun. Let's kick off the season fundraising for *Nutcracker Reimagined*!

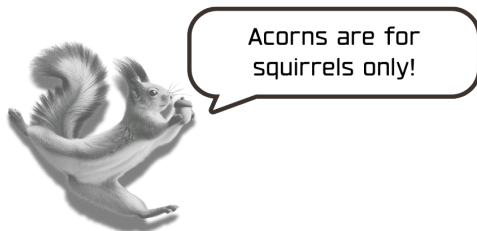
[Tickets for Trivia Night!](#)

\$25 - Adults 21+ for trivia, wine pull, & awards in Lab 1

\$10 - Youth 3+ for movie, drinks, & popcorn in Lab 3

If you can't attend, please consider donating a nice bottle of red or white wine for the wine pull!

A Note About Our No-Nut Policy



Some of our dancers have severe nut allergies, and even small traces can cause serious, potentially life-threatening reactions. Because we often share spaces, touch shared surfaces, and move in close proximity to one another, we need to be extra cautious.

To help keep everyone in our community safe, we kindly ask that no nuts or nut-containing products be brought into Colorado Movement Lab.

Class Review and Adjustments – October 4

We'll be reviewing under-enrolled classes now through October 4. If you've been meaning to add any extra classes or enroll, now's the time!

Please also spread the word—especially to families with younger dancers. We're actively looking for more students in:

- Level A (ages 3–4)

- Level B (ages 5-8)

Dancers in both Level A and B are eligible to perform in *Nutcracker Reimagined*, but they must be enrolled in class soon to participate!

Dancer & CML Community Resources Site - Updated for Fall!

Reminder to bookmark the [Dancer & CML Community Resources site](#)—everything you need for the season is there!

- Weekly Schedule
- Studio Pro App Info
- Visual Calendar & Key Dates
- Archived Newsletters
- Dress Code & Boulder Body Wear
- Level Schedules

With deep gratitude and affection,

~ Team CML