




# THE MASTER WAR MODE DAY PLAN + REPORT




## ► The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/	6 ▾	10 ▾	16 ▾	Practice short form copy ( 20 subject lines).	40 minutes
✓/	6 ▾	10 ▾	16 ▾	Review one piece of copy (with questions)	20 minutes
✓/	10 ▾	10 ▾	20 ▾	Financial Wizardry 1 video	20 minutes
✓/	7 ▾	10 ▾	17 ▾	Watch Videos from the beginner campboot (update) until mission	70 minutes
/✗	5 ▾	10 ▾	15 ▾	Come up with 40 fascinations (only good ones)	40 minutes
✓/	10 ▾	10 ▾	20 ▾	Watch 3 Video Arno About	25 minutes
✓/	10 ▾	10 ▾	20 ▾	Watch the Daily Morning Power-Up Call (take notes)	25 minutes
✓/	10 ▾	3 ▾	13 ▾	100 push-ups	15 minutes
✓/	7 ▾	8 ▾	15 ▾	Watch new videos	20 minutes
✓/	9 ▾	8 ▾	17 ▾	SSSS video	20 minutes
✓/	10 ▾	8 ▾	18 ▾	Tate confidential 1 video (helps me visualize the future)	20 minutes
✓/✗	7 ▾	6 ▾	13 ▾	Read 10 pages	15 minutes
✓/	7 ▾	10 ▾	17 ▾	Chess	20 minutes
✓/	10 ▾	4 ▾	14 ▾	Shower	5 minutes
/✗	6 ▾	10 ▾	16 ▾	Copy review video	90 minutes

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
/✗	6 ▾	10 ▾	16 ▾	Break down a piece of copy from your swipe file ( or watch a video)	90 minutes
✓/	10 ▾	4 ▾	14 ▾	Brush my teeth	4 minutes
✓/	10 ▾	2 ▾	12 ▾	Prison	360 minutes
✓/	8 ▾	9 ▾	17 ▾	Read swipe file breakout	10 minutes
✓/	6 ▾	10 ▾	16 ▾	Gym back day	120 mintes

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 <b>DAY NUMBER + DATE + TIME</b> 
<b>Day Number:</b>	22
<b>Date:</b>	05.04.2023
<b>Start Time:</b>	5:00

	 <b>3 Things That I Am Grateful To Have In My Life</b> 
1.	Family
2.	This opportunity
3.	Discipline

	 <b>My Top 3 Priority Tasks That MUST Be Completed</b> 
1.	Watch 3 Video Arno About

2.	Watch Videos from the beginner campboot (update) until mission
3.	Watch the Daily Morning Power-Up Call (take notes)

# **Hour-By-Hour Tracking:** **[Plan+Measure=Improve]**

<b>\$ Task:</b>	<b>\$ Task = Set The Task That I Intend To Complete This Hour?</b>
<b>🔔 Sub-Task:</b>	<b>🔔 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?</b>
<b>✍️ Reflection:</b>	<b>✍️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

## **MY MORNING WAR PLAN**

<b>🧠 What Do I Plan To Accomplish This Morning? 🧠</b>
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<b>Watch the Daily Morning Power-Up Call (take notes)</b>  <hr/>
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<b>🎯 What Is The Main Goal For This Morning? 🎯</b>
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<b>Watch the Daily Morning Power-Up Call (take notes)</b>  <hr/>
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<b>🔑 How Will I Start My Morning With Power? 🔑</b>
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<b>Watch the Daily Morning Power-Up Call (take notes)</b>  <hr/>
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<b>5 am: Task \$</b>	<b>Wake up and prepare food</b>
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<b>Sub-Task's</b> 🛎	<b>Put the eggs to boil then wash your face and brush your teeth</b>
<b>Reflection</b> ✍	

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<b>6 am: Task</b> 💰	<b>Eat and watch Daily Morning Power Up Call (take notes)</b>
<b>Sub-Task's</b> 🛎	<b>Watch while eating</b>
<b>Reflection</b> ✍	

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<b>7 am: Task</b> 💰	<b>Go to prison watch new video</b>
<b>Sub-Task's</b> 🛎	<b>Concentrated effort</b>
<b>Reflection</b> ✍	

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<b>8 am: Task</b> 💰	<b>Prison watch tate confidential</b>
<b>Sub-Task's</b> 🛎	
<b>Reflection</b> ✍	

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<b>9 am: Task</b> 💰	<b>Prison play chess</b>
<b>Sub-Task's</b> 🛎	

<b>Reflection</b> ✍️	
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<b>10 am: Task</b> 💰	<b>Prison</b>
<b>Sub-Task's</b> 🔔	
<b>Reflection</b> ✍️	

<b>11 am: Task</b> 💰	<b>Prison</b>
<b>Sub-Task's</b> 🔔	
<b>Reflection</b> ✍️	

<b>12 am: Task</b> 💰	<b>Prison</b>
<b>Sub-Task's</b> 🔔	
<b>Reflection</b> ✍️	

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END-OF-THE-MORNING REPORT

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🧠 <b>What Did I Learn This Morning?</b> 🧠
<b>Copy writing is a skill so it takes time</b>

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**✗What Problems Did I Face This Morning?✗**

**Family**

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**🔑How Will I Solve These Problems For This Afternoon?🔑**

**Just don't talk**

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## **MY AFTERNOON WAR PLAN**

**🧠What Do I Plan To Accomplish This Afternoon?🧠**

**Watch 3 Video Arno About**

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**🎯What Is The Main Goal For This Afternoon?🎯**

**Watch 3 Video Arno About**

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**🔑How Will I Start My Afternoon With Power?🔑**

**English tutoring**

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<b>1 pm: Task</b> 💰	<b>Prison</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>2 pm: Task</b> \$	<b>Escape Prison come home and eat</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>3 pm: Task</b> \$	<b>English tutoring</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>4 pm: Task</b> \$	<b>English tutoring and Gym Back</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>5 pm: Task</b> \$	<b>Gym Back</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>6 pm: Task</b> 💰	<b>Come home and eat and Watch 3 Video Arno About</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>7 pm: Task</b> 💰	<b>Financial Wizardry 1 video and SSSS videos and Read swipe file breakout</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>8 pm: Task</b> 💰	<b>Watch Videos from the beginner campboot (update) until mission and write copy</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>9 pm: Task</b> 💰	<b>Eat and write copy</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>10 pm: Task</b> 💰	<b>Write the next day</b>
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>11 pm: Task</b> 💰	
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	

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<b>12 pm: Task</b> 💰	
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	



## End-Of-The-Day Report:



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🧠 **What Did I Learn Today?** 🧠

**Copy writing is a skill. Takes time to get better**

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❌ **What Problems Did I Face In The Day?** ❌

**Family**

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 **How Will I Solve These Problems Tomorrow?** 

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 **What Do I Plan To Do Differently Tomorrow?** 

**Copy, breakthrough video**

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 **What Do I Plan To Do The Same Tomorrow?** 

**Eat, write train, shower**

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 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

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 **What Tasks Were Left Undone?** 

**Copy, breakthrough video**

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**Brain Dump:**