



We are a TYR sponsored team. Please take a few minutes to register for your online team store with TYR. This will be your 24/7/365 stop for all TYR products. Items are available for purchase anytime and ship directly to your home at a 25% discount including TECH!

How to Register:

Step 1 Visit: teams.tyr.com

Step 2 click on “create account”

Step 3 Register with your info you will need your team access code which is 13143.

The Metro store will also still be there for all your customized needs as well as pickup store merchandise. Spiritwear, bags, caps, etc., will all come from the Metro store. Both stores will have a 25% discount.

So please, however you purchase your swim gear, please purchase from either store.

Advanced Stroke Team

- Goggles [Click Here](#)
- Sigma Cap [Click Here](#) (This can also be picked up at your location)
- Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)
- Kickboard [Click Here](#)
- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer’s Choice) [Click Here](#) for Example

Gear at meets Junior through Silver:

- After the initial joining period, only Sigma Metro team gear can be worn at meets (unless sizes are not available).
- If a swimmer is not in compliance, they will not be allowed to swim. This gear includes a team suit, backpack, and warm-up (Either Parka or Jacket and Pants).
- Swim caps can only have Sigma logos.
- Spirit Wear: Thursday: Friday: Saturday: Sunday: White

Junior

- Goggles [Click Here](#)
- Sigma Cap [Click Here](#) (This can also be picked up at your location)
- Practice Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)
- Fins [Click Here](#)
- Pull Buoy [Click Here](#)
- Kickboard [Click Here](#)

- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer's Choice) [Click Here](#) for Example
- Competition Suit (Order within one month of joining Sigma-Metro and then purchase once a year)
 - [Male Jammer](#) [Male Brief](#) [Female Choice 1](#) [Female Choice 2](#)
- Team Bag (Order within three months of joining Sigma-Metro and then purchase every 3 years)
 - [Click Here](#)
- Team Warm-Ups (Order ONE of these options within six months of joining Sigma-Metro and then purchase every 3 years.)
 - Option 1: Youth Parka [Click Here](#)
 - Option 2: Female Parka [Click Here](#)
 - Option 3: Male Parka [Click Here](#)
 - Option 4: Jacket AND Pants (If you choose this option you must order both the Jacket and Pants)
 - Youth Jacket [Click Here](#) and Youth Pants [Click Here](#)
 - Female Jacket [Click Here](#) and Female Pants [Click Here](#)
 - Male Jacket [Click Here](#) and Male Pants [Click Here](#)
- Team Spirit Shirts (Order within one month of joining Sigma-Metro and then purchase once a year near the beginning of the calendar year) [Click Here](#)
- Optional - Nose Clip [Click Here](#) Fin Socks [Click Here](#)

Bronze

- Goggles [Click Here](#)
- Sigma Cap [Click Here](#) (This can also be picked up at your location)
- Practice Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)
- Fins [Click Here](#)
- Pull Buoy [Click Here](#)
- Kickboard [Click Here](#)
- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer's Choice) [Click Here](#) for Example
- Competition Suit (Order within one month of joining Sigma-Metro and then purchase once a year)
 - [Male Jammer](#) [Male Brief](#) [Female Choice 1](#) [Female Choice 2](#)
- Team Bag (Order within three months of joining Sigma-Metro and then purchase every 3 years)
 - [Click Here](#)
- Team Warm-Ups (Order within six months of joining Sigma-Metro and then purchase every 3 years.)
 - Option 1: Youth Parka [Click Here](#)
 - Option 2: Female Parka [Click Here](#)
 - Option 3: Male Parka [Click Here](#)
 - Option 4: Jacket AND Pants (If you choose this option you must order both the Jacket and Pants)
 - Youth Jacket [Click Here](#) and Youth Pants [Click Here](#)
 - Female Jacket [Click Here](#) and Female Pants [Click Here](#)
 - Male Jacket [Click Here](#) and Male Pants [Click Here](#)
- Team Spirit Shirts (Order within one month of joining Sigma-Metro and then purchase once a year near the beginning of the calendar year) [Click Here](#)
- Optional - Nose Clip [Click Here](#) Fin Socks [Click Here](#)

Silver

- Goggles [Click Here](#)
- Sigma Cap [Click Here](#) (This can also be picked up at your location)
- Practice Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)
- Fins [Click Here](#)
- Pull Buoy [Click Here](#)
- Kickboard [Click Here](#)
- Paddles Waco & Cleburne [Click Here](#) Fort Worth [Click Here](#)
- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer's Choice) [Click Here](#) for Example
- Competition Suit (Order within one month of joining Sigma-Metro and then purchase once a year)
 - [Male Jammer](#) [Male Brief](#) [Female Choice 1](#) [Female Choice 2](#)
- Team Bag (Order within three months of joining Sigma-Metro and then purchase every 3 years)
 - [Click Here](#)
- Team Warm-Ups (Order within six months of joining Sigma-Metro and then purchase every 3 years.)
 - Option 1: Youth Parka [Click Here](#)
 - Option 2: Female Parka [Click Here](#)
 - Option 3: Male Parka [Click Here](#)
 - Option 4: Jacket AND Pants (If you choose this option you must order both the Jacket and Pants)
 - Youth Jacket [Click Here](#) and Youth Pants [Click Here](#)
 - Female Jacket [Click Here](#) and Female Pants [Click Here](#)
 - Male Jacket [Click Here](#) and Male Pants [Click Here](#)
- Team Spirit Shirts (Order within one month of joining Sigma-Metro and then purchase once a year near the beginning of the calendar year) [Click Here](#)
- Optional - Nose Clip [Click Here](#) Fin Socks [Click Here](#)

Gear at meets Gold, Senior, and National

- After the initial joining period, only Sigma Metro team gear can be worn at meets (unless sizes are not available).
- If a swimmer is not in compliance, they will not be allowed to swim. This gear includes a team suit, backpack, spirit wear and warm-up (Either Parka or Jacket and Pants).
 - Spirit Wear Order: Thursday: Friday: Saturday: Sunday: White
- Swim caps can only have Sigma or Metro logos depending on the level of meet.
- Tech suits: Since Metro is sponsored by TYR, please purchase only TYR tech suits.

Gold

- Goggles [Click Here](#)
- Cap Both a Sigma and Metro Cap are required
 - Sigma Cap [Click Here](#) (This can also be picked up at your location)
 - Metro Cap [Click Here](#)
- Practice Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)

- Fins [Click Here](#)
- Pull Buoy Pull Buoy *Ankle* [Click Here](#)
- Kickboard Alignment Board [Click Here](#)
- Paddles Waco & Cleburne [Click Here](#) Fort Worth [Click Here](#)
- Snorkel [Click Here](#)
- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer's Choice) [Click Here](#) for Example
- Competition Suit (Order within one month of joining Sigma-Metro and then purchase once a year)
 - [Male Jammer](#) [Male Brief](#) [Female Choice 1](#) [Female Choice 2](#)
- Team Bag (Order within three months of joining Sigma-Metro and then purchase every 3 years)
 - [Click Here](#)
- Team Warm-Ups (Order within six months of joining Sigma-Metro and then purchase every 3 years.)
 - Option 1: Youth Parka [Click Here](#)
 - Option 2: Female Parka [Click Here](#)
 - Option 3: Male Parka [Click Here](#)
 - Option 4: Jacket AND Pants (If you choose this option you must order both the Jacket and Pants)
 - Youth Jacket [Click Here](#) and Youth Pants [Click Here](#)
 - Female Jacket [Click Here](#) and Female Pants [Click Here](#)
 - Male Jacket [Click Here](#) and Male Pants [Click Here](#)
- Team Spirit Shirts (Order within one month of joining Sigma-Metro and then purchase once a year near the beginning of the calendar year) [Click Here](#)
- Optional
 - Nose Clip [Click Here](#)
 - Fin Socks [Click Here](#)
 - Tempo Trainer [Click Here](#)

Senior and National

- Goggles [Click Here](#)
- Cap Both a Sigma and Metro Cap are required
 - Sigma Cap [Click Here](#) (This can also be picked up at your location)
 - Metro Cap [Click Here](#)
- Practice Swimsuit [Youth Male](#) [Youth Female](#) [Adult Male](#) [Adult Female](#)
- Fins [Click Here](#)
- Pull Buoy *Ankle* [Click Here](#)
- Kickboard Alignment Board [Click Here](#)
- Paddles Waco & Cleburne [Click Here](#) Fort Worth [Click Here](#)
- Snorkel [Click Here](#)
- Mesh Bag [Click Here](#)
- Water Bottle (Swimmer's Choice) [Click Here](#) for Example
- Yoga Mat (Swimmer's Choice) [Click Here](#) for Example
- Parachute [Click Here](#)
- Drag Suit (Swimmer's Choice) [Click Here](#) for Example
- Dragsox [Click Here](#)

- Competition Suit (Order within one month of joining Sigma-Metro and then purchase once a year)
 - [Male Jammer](#) [Male Brief](#) [Female Choice 1](#) [Female Choice 2](#)
- Team Bag (Order within three months of joining Sigma-Metro and then purchase every 3 years)
 - [Click Here](#)
- Team Warm-Ups (Order within six months of joining Sigma-Metro and then purchase every 3 years.)
 - Option 1: Youth Parka [Click Here](#)
 - Option 2: Female Parka [Click Here](#)
 - Option 3: Male Parka [Click Here](#)
 - Option 4: Jacket AND Pants (If you choose this option you must order both the Jacket and Pants)
 - Youth Jacket [Click Here](#) and Youth Pants [Click Here](#)
 - Female Jacket [Click Here](#) and Female Pants [Click Here](#)
 - Male Jacket [Click Here](#) and Male Pants [Click Here](#)
- Team Spirit Shirts (Order within one month of joining Sigma-Metro and then purchase once a year near the beginning of the calendar year) [Click Here](#)
- Optional
 - Nose Clip [Click Here](#)
 - Fin Socks [Click Here](#)
 - Tempo Trainer [Click Here](#)
- Fort Worth Requirement
 - Anti-Paddles [Click Here](#)