



**GUNNISON
WATERSHED
SCHOOL DISTRICT**

Comprehensive Health Education Program Student Excusal Form

Under Colorado law, parents may excuse students from any portion of the Gunnison Watershed School District (GWSD) Comprehensive Health Education program.

At the start of each school year, teachers receive professional development to ensure grade-level topics, materials, and best practices are applied to the health education unit. If you have questions or concerns, please reach out to your student’s teacher and/or principal.

If you choose to opt your student out of specific topics, please indicate those in the table provided below. Please note that while it is possible to excuse students from planned instruction, some topics may be discussed in other content areas and in student dialogue.

To determine the portions of the health education program from which you may choose to excuse your student, please review the GWSD Comprehensive Health Standards for Health Education for the appropriate grade level.

[5th Grade: Comprehensive Health Standards](#)
[6th Grade: Comprehensive Health Standards](#)
[7th Grade: Comprehensive Health Standards](#)

[8th Grade: Comprehensive Health Standards](#)
[High School: Comprehensive Health Standards](#)

Optional: I would like to excuse _____ (student name) from the following topics:

<p>In general, a teacher begins the unit by establishing group norms/guidelines and identifying trusted adults. <u>Unit topics may include:</u> Healthy Relationships, Sexual and Reproductive Health, and Health Promotion, Disease Prevention, and Health Maintenance.</p>	
<ul style="list-style-type: none"> • Unit topic: _____ • Unit topic: _____ 	<ul style="list-style-type: none"> • Unit topic: _____ • Unit topic: _____

Signature of Parent/Guardian: _____ Date Signed: _____

Printed Name of Parent/Guardian: _____

The exclusion shall be valid for the current school year, and this form shall be returned to the student’s school and maintained in the student’s file for the academic year.