

PStudent Name: _____ ID#: _____ **SLHS Student**
2023-24 Personal Data Sheet **You will need to copy and paste this document into Word before filling it out**

Necessary for your counselor recommendation.

Important Considerations

- **Must submit 4 SCHOOL weeks (excluding school holidays) before the deadline.**
- Please provide a method for submission by adding your counselor's email address into CommonApp, Coalition, Send.edu, or other electronic submission platform.
- Counselors do not release recommendation letters to students. If there is not an electronic submission platform, please give your counselor an email address or stamped, addressed envelope for direct submission. • Be courteous; always follow up with a thank you note to all your recommenders. These letters take time. • Let your recommenders know how things turned out for you. Your recommenders and counselors care about you!!
- **If you have a resume, please submit to your counselor as well.**

College Deadline Date	Deadline to submit recommendation request
October 15	Friday, September 15
November 1	Tuesday, October 3
November 15	Tuesday, October 17
December 1	Thursday, October 26
January 1	Friday, November 10
January 15	Friday, December 1
February 1	Wednesday, January 3

Today's Date: _____ 1st Application Deadline Date: _____

College Listing

Counselors will upload transcripts through CommonApp, Coalition, or Send.edu. For all other schools, you must request an official transcript through the Registrar's Office. You are responsible for submitting your SAT and ACT scores through collegeboard.org and actstudent.org

Schools for which I need a counselor letter of recommendation or school report form:

College Name	App. Due Date	Choice of Major	Is counselor letter required?

Other schools I am applying to that do not require a counselor's letter:

Personal Information

1. What is something you have done or participated in that makes you the proudest?

2. Have you had to overcome any obstacles such as loss of a significant person, financial difficulty, shyness, illness, a major disappointment, etc.? Describe how you overcame this obstacle.

3. Describe a volunteer experience that meant something to you. Elaborate on why it was meaningful to you.

Volunteer Personnel Contact Name: _____

4. Identify your greatest strength? Weakness?

5. List four adjectives your friends or family would use to describe you:

6. If you have a choice of major currently, please tell me about why you want to study this for your future.

Write a Letter of Recommendation you would like written about yourself.

Parent Brag/Information Sheet (Not Required)

The answers to the following questions are very useful in the completion of counselor letters of recommendation for college and for scholarships. The insights you have into your child's background, interests, special talents, and ambitions can be very helpful. You may attach additional pages, if needed.

Student's Name: _____

1. Why would someone want to be your child's roommate?

2. What do you consider to be your child's outstanding accomplishments during the past three years?
Why did you select these as the most important?

3. What motivates your child? How would someone notice this?

4. Describe the assets/characteristics that set your child apart from other college applicants.

5. What makes you the proudest of your child?

6. In what area(s) has your child shown the most development and growth during the past three

years? Please feel free to provide any other information you think might be helpful to your child's

recommender. **Parent Signature:** _____ **Date:**
