
Peptide FAQ Library

Free information. No courses |

Every product links to its own dedicated information page — Overview, Key Benefits, Dosage, How to Use, Stacking Protocols, Side Effects, How to constitute.

Hair / Skin / Nails (looks)

- [AHK-CU](#)
- [FollicRX](#)
- [GHK-Cu](#)
- [Glow \(BPC-157 + TB-500 + GHK-Cu\)](#)
- [Klow](#)
- [Minoxidil](#)
- [MT-2 \(Melanotan II\)](#)
- [RU58841](#)

Recovery Purposes

- [BPC-157](#)
- [DSIP](#)
- [Glutathione](#)
- [KPV](#)
- [NAD+](#)
- [SS-31 \(Elamipretide\)](#)
- [TB-500](#)
- [Thymosin Alpha-1](#)

Strength + Muscle Building

- [CJC-1295 \(No DAC\)](#)
- [CJC-1295 DAC](#)
- [Enclomiphene](#)
- [Epithalon](#)
- [IGF-1 LR3](#)
- [Ipamorelin](#)
- [MK-677 \(Ibutamoren\)](#)

- [Sermorelin](#)
- [Tesamorelin](#)

Weight Loss / Metabolic

- [5-Amino-1MQ](#)
- [AOD-9604](#)
- [Cagrilintide](#)
- [Cardarine \(GW-501516\)](#)
- [L-Carnitine](#)
- [Mazdutide](#)
- [MOTS-c](#)
- [Retatrutide](#)
- [Semaglutide](#)
- [SLU-PP-332](#)
- [Tadalafil](#)
- [Telmisartan](#)
- [Tirzepatide](#)

Digestion / Gut Health

- [BPC-157](#)
- [Glutathione](#)
- [KPV](#)

Inflammation / Healing

- [BPC-157](#)
- [Glutathione](#)
- [KPV](#)
- [NAD+](#)
- [SS-31](#)
- [TB-500](#)
- [Thymosin Alpha-1](#)

Focus / Cognitive Health

- [Adamax](#)
- [Cerebrolysin](#)
- [Dihexa](#)
- [Methylene Blue](#)

- [NAD+](#)
- [Nebivolol](#)
- [Pinealon](#)
- [Selank](#)
- [Semax](#)

Fertility

- [Enclomiphene](#)
- [Gonadorelin](#)
- [HCG](#)
- [Kisspeptin-10](#)

Sexual Health

- [Kisspeptin-10](#)
- [MT-2 \(Melanotan II\)](#)
- [PT-141 \(Bremelanotide\)](#)

Gyno

- [Raloxifene](#)

Longevity / Anti-Aging

- [Epithalon \(Epitalon\)](#)
- [GHK-Cu](#)
- [MOTS-c](#)
- [NAD+](#)
- [Pinealon](#)
- [SS-31](#)

How to constitute peptides

Reconstituting peptides involves

aseptically mixing lyophilized powder with a diluent (bacteriostatic water or saline) using a syringe. Slowly add the liquid to the powder, allowing it to run down the vial side, and gently swirl to dissolve, avoiding vigorous shaking. Label the vial immediately after with the date.

Instructions for Constituting Nasal Spray Peptides

- **Prepare Materials:** Ensure you have the lyophilized peptide vial, bacteriostatic water or saline, and a syringe with a needle (usually a 1ml syringe).
 - **Aseptic Technique:** Disinfect the rubber stoppers of both the peptide vial and the diluent vial with alcohol swabs.
 - **Add Diluent:** Draw the required volume of bacteriostatic water into the syringe, as directed by the peptide manufacturer (e.g., usually 1ml of liquid for 10mg of powder).
 - **Reconstitution:** Inject the water into the peptide vial slowly, letting it run down the side of the vial to avoid breaking the delicate peptide powder. Do not inject it directly onto the powder.
 - **Dissolve Peptide:** Gently swirl the vial to dissolve the powder. Do not shake the vial, as this can cause the peptide to degrade.
 - **Wait Time:** Allow the solution to sit for 15-30 minutes for complete dissolution.
 - **Storage and Labeling:** Once mixed, store the peptide in a cool, dark place (usually refrigerated) and label the vial with the date of reconstitution.
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