

The Practice of Eucharist

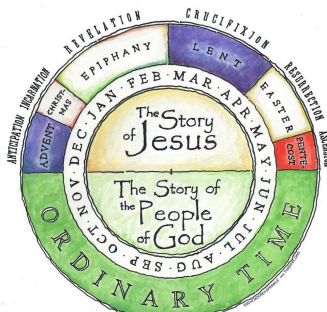
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, October 18
Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

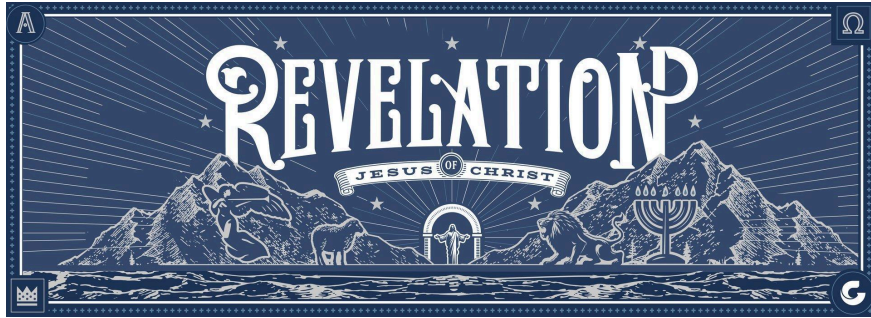
Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Revelation Series – First Love: Revelation 2:8-11

What does this letter to Smyrna explain to us?

What is the pattern for each letter to the churches?

What are some things we know about the city and the church in Smyrna?

How does Jesus present himself to the church in Smyrna?

What does 'tribulation' mean (9)?

What does He who knows our pressure say?

What did the church in Smyrna do to deserve this crushing pressure?

What are the two visible pressures Smyrna faces?

What is the invisible pressure Smyrna faces?

Who is the ultimate target of the evil one's pressure?

What commands does Jesus give?

How do we keep faith under pressure?

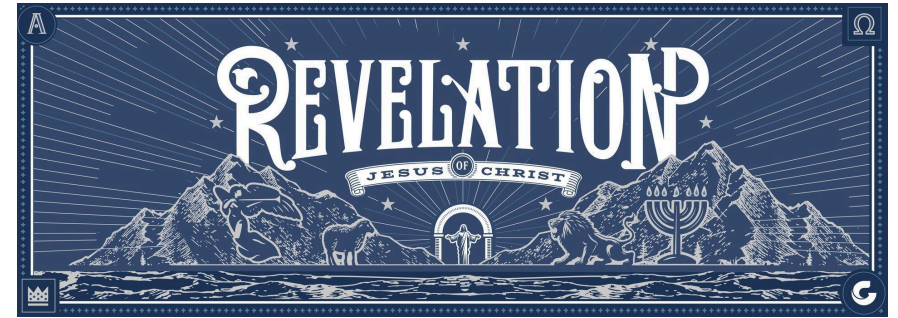
#1:

#2:

#3:

#4:

Will you stand when facing crushing pressure?



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#1:

#2:

#3:

#4:

Will you stand when facing crushing pressure?

Meal Train for the Bundt Family



Hello family and friends. We would love your help blessing the Bundt family with a tasty meal. As Lonny transitions home this will be a much appreciated way you can support their family.
Scan the QR code to sign up. Thanks so much!

Church Spot Cleaning Volunteers

Since we love to have snacks following the worship service, we need your help in spot cleaning so it doesn't get tracked around as we have many groups use the building throughout the week. We have a sign-up sheet in the foyer. There are still spots need to fill-in! Thank you for serving in this way!

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Shelby Dutton 406.459.7517.
Next Children's Church Sunday, October 18th.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:30am-8:30am
Women's prayer Monday's 12:30pm-1:30pm
@ Headwaters Prayer Room

Online Tithes

Thank you so much for your outrageous generosity! We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



<u>Financial Snapshot 2026</u>						
	<u>Jan-Feb</u>	<u>Mar-Apr</u>	<u>May-June</u>	<u>July</u>	<u>Aug</u>	<u>Sept.</u>
Income –	\$36,990	\$24,547	\$30,626	\$12,550	\$11,060	\$10,548
Budget –	\$29,810	\$29,810	\$29,810	\$14,905	\$14,905	\$14,905
Over/(Under)	\$7,007	\$5,263	\$816	(\$2,355)	(\$3,845)	(\$4,357)

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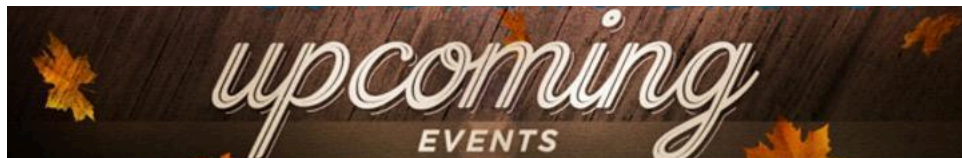
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Life Together - Wednesday Nights Bible Study and Fellowship for all ages

- 6:00-6:30pm **Dinner and Fellowship**
6:30-6:45pm **Games in the Gym for Everyone**
6:45-7:45pm **Discipleship Groups**
- Nursery for ages 0-3 *(If needed)
 - Pre-K-2nd Grade Bible Study
 - 3rd-5th Grade Bible Study
 - 6th-12th Grade Bible Study
 - Adult Bible Study (meet one week and serve on the off week)
- 7:45-8:00pm **Worship in the Sanctuary with Everyone**

Wednesday Fall Schedule 2026

Sept 16-Nov 18: Regular Life Together

November 25: Family Game Night

December 2: Advent Party

Adult Bible Study

Adults will be going through a study on Revelation titled: *Thinning The Veil*. This series will provide a fresh perspective on Revelation, aiming to transform our understanding of this profound text. Our hope is to see Revelation not as a daunting puzzle but as a revelation of Jesus, meant to inspire divine intimacy and spiritual renewal.

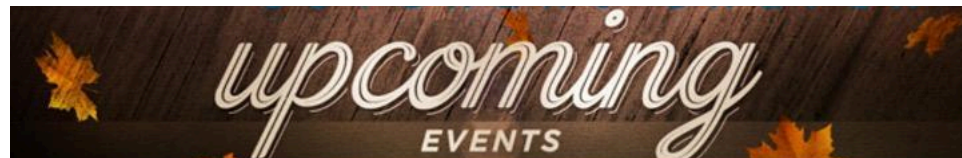
Life Together Game Night

Let's kick off the Thanksgiving long weekend with playing games together! Bring a hearty snack to share & a favorite board or card game for a night of family fun! Headwaters will provide pizza.

Wednesday, November ,25 – 6:00pm -8:00 pm

Advent Party

Join us as we intentionally begin the Advent season with games, festive activities, crafts and music as prepare to enter into the most wonderful of seasons. **Wednesday, December 2, 6:00-8:00 pm Headwaters Gym**
(This will be our final Life Together till January)



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Pastor Iain and Shelly want to invite our middle and high school students to join us at our house at 158 Saddle Mountain Drive on Sunday evening **October 11th, and 18th from 5:30-7:30** for a time of **dinner, fellowship, and Bible study!** It's a great opportunity to enjoy a meal together, grow in God's Word, ask questions, and encourage one another in our faith.

All youth are welcome! Come hungry, bring your Bible, and invite a friend.
We look forward to spending Sunday evenings together!

Annual Meeting

The Leadership Team and Finance Team have decided that it will be easier to keep our budget as is than moving it to a fiscal year. We will still be having our Annual Meeting in the fall instead of early January. So we will meet following the worship service on **Sunday, November 22**. We will approve our 2027 budget and vote on any Leader Team Additions. After our meeting we will share a potluck meal together with some games and bounce houses in the gym.

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